

Individual Top Times

Times since: 01-May-13 Times until: 30-Apr-14
 Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
Women 16 - 16 50 Free							
1	26.78	L	S	Jamie Reynolds	16	KZNA KZ	07/04/2014 Sa National Aquatic Championship 2014
2	26.85	L	F	Chelsea Meiring	16	KZNA KZ	07/04/2014 Sa National Aquatic Championship 2014
3	27.22	L S	F	Marlies Ross	16	TUKS! NT	09/07/2013 SPEEDO PRESTIGE 2013
4	27.42	L	F	Rita Naude	16	TUKS! NT	09/07/2013 SPEEDO PRESTIGE 2013
5	27.53	L	P	Zoe Holder	16	KZNA KZ	07/04/2014 Sa National Aquatic Championship 2014
6	27.76	L	F	Caitlin Crow	16	HASC CG	05/12/2013 CGA Open Champs
7	27.94	L	P	Madri Bester	16	STELL NW	13/03/2014 SA Level 3 National Age Group Champs
8	28.17	L	F	Rachel Stevenson	16	ALSC CG	05/12/2013 CGA Open Champs
9	28.20	L	F	Lisa Fourie	16	TYGE WP	06/12/2013 WP Championships 2013
10	28.30	L	P	Gabriella Nutter	16	MDOL CG	13/03/2014 SA Level 3 National Age Group Champs
11	28.40	L	F	Camryn Wheals	16	TUKS NT	06/12/2013 NTS Championships 2013
12	28.46	L	F	Emily Visagie	16	SEAL KZ	10/12/2013 KZN PREMIER CHAMPS 2013
13	28.65	L	P	Mikal Botha	16	NTS NT	07/04/2014 Sa National Aquatic Championship 2014
14*	28.66	L	F	Tatjana Schoenmaker	16	TUKS NT	06/12/2013 NTS Championships 2013
14*	28.66	L	F	Eliz-Maric Cronje	16	POTC NW	09/11/2013 NWS Age Group 2
16	28.69	L	F	Tia Dixon	16	MATI WP	06/12/2013 WP Championships 2013
17	28.75	L	P	Demi Lopes	16	TUKS NT	06/12/2013 NTS Championships 2013
18	28.76	L	F	Alison Basel	16	WATR CG	13/03/2014 SA Level 3 National Age Group Champs
19	28.78	L	F	Cassidy Stockigt	16	FLOD CG	05/12/2013 CGA Open Champs
20	28.88	L	F	Amé Kleynhans	16	TUKS NT	06/12/2013 NTS Championships 2013
21*	29.07	L	F	Jacoba Fourie	16	NWUC NW	20/03/2014 SA Level 2 Regional Age Group Champs
21*	29.07	L	F	Rebecca Barrow	16	DORE CG	05/12/2013 CGA Open Champs
23	29.08	L	F	Caylin du Plessis	16	KDOR NW	20/03/2014 SA Level 2 Regional Age Group Champs
24	29.11	L	P	Kristy Kupfer	16	MDOL CG	13/03/2014 SA Level 3 National Age Group Champs
25	29.16	L	F	Chelsea Mills	16	CADO WP	21/07/2013 19th Maccabiah Games
26	29.20	L	F	Megan Van Wyk	16	SGUL KZ	15/11/2013 KZN TYR Westville Sprints Champs
27*	29.22	L	P	Carla Nel	16	TUKS NT	06/12/2013 NTS Championships 2013
27*	29.22	L	P	Ashley Reimers	16	VRY NN	20/03/2014 SA Level 2 Regional Age Group Champs
29	29.25	L	P	Ella Mencil	16	MDOL CG	05/12/2013 CGA Open Champs
30	29.41	L S	F	Catherine Sainsbury	16	WSTV KZ	10/12/2013 KZN PREMIER CHAMPS 2013
31	29.47	L	F	Caitlyn Boake	16	UNIQ CG	20/03/2014 SA Level 2 Regional Age Group Champs
32	29.48	L S	F	Tina Bahlmann	16	VIKI BO	10/12/2013 KZN PREMIER CHAMPS 2013
33*	29.49	L	F	Kira Baptiste	16	PSC NT	06/12/2013 NTS Championships 2013
33*	29.49	L	P	Tove Van Zyl	16	TUKS NT	06/12/2013 NTS Championships 2013
35	29.51	L	F	Antache Reyneke	16	NWUC NW	06/12/2013 NWS Championships 2013/2014
36*	29.52	L	F	Danielle Smit	16	USC BO	28/11/2013 Border Championships
36*	29.52	L S	F	Natasha Ribeiro	16	SEAL KZ	10/12/2013 KZN PREMIER CHAMPS 2013
38	29.53	L	P	Kirah Jackson	16	SASE CG	20/03/2014 SA Level 2 Regional Age Group Champs
39	29.55	L	P	Tyla Goosen	16	WSTV KZ	09/07/2013 SPEEDO PRESTIGE 2013
40	29.56	L	P	Eune Odendaal	16	PSC NT	13/03/2014 SA Level 3 National Age Group Champs
41	29.59	L	F	Celesté Vermeulen	16	PHS LP	19/10/2013 Limpopo HS Topskole 2013
42	29.63	L	F	Peta-Jayne Nel	16	HARL BO	20/03/2014 SA Level 2 Regional Age Group Champs
43	29.69	L L	F	Carmen Le Roux	16	ACSA KZ	09/07/2013 SPEEDO PRESTIGE 2013
44	29.72	L	F	Kristen Jordan	16	HARL BO	28/11/2013 Border Championships
45	29.75	L	P	Jo-Mari Kleinhans	16	MATI WP	13/03/2014 SA Level 3 National Age Group Champs
46	29.77	L	F	Nadia Blaauw	16	NWUC NW	20/03/2014 SA Level 2 Regional Age Group Champs
47	29.78	L	F	Tyla Bassani	16	BARS CG	09/11/2013 EGA Summer 3
48	29.83	L	F	Gabriella Bertone	16	STAD CG	20/03/2014 SA Level 2 Regional Age Group Champs
49	29.84	L	F	Helen Taylor	16	AZON KZ	23/08/2013 KZN Beavers Winter LongCourse
50	29.89	L	P	Sumari Coetzee	16	TUKS NT	06/12/2013 NTS Championships 2013
51	29.92	L	P	Ashleigh Fitzgerald	16	WATR CG	13/03/2014 SA Level 3 National Age Group Champs
52	30.03	L	F	Lemay van Rensburg	16	HREF NW	20/03/2014 SA Level 2 Regional Age Group Champs
53	30.13	L	P	Bathandwa Dyantyi	16	AQUA BO	13/03/2014 SA Level 3 National Age Group Champs
54	30.14	L	F	Chelsea Van Rensburg	16	TYGE WP	20/03/2014 SA Level 2 Regional Age Group Champs
55	30.17	L	F	Anél De Vos	16	HPP LP	19/10/2013 Limpopo HS Topskole 2013
56	30.19	L S	F	Emma Beavon	16	WATR CG	10/12/2013 KZN PREMIER CHAMPS 2013
57	30.24	L	F	Jodi Turner	16	ESP ES	19/10/2013 EGA Summer 2_19Oct 2013
58*	30.29	L	F	Micaela Gowar	16	AQUB EP	21/06/2013 PEA Winter Gala 2013

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	Time	P/F/S	Name	Age/Yr			
58*	30.29	L	P	Leatitia Human	16	FAAC NC	09/07/2013 SPEEDO PRESTIGE 2013
60	30.37	L	T	Marichen Viviers	16	FLOD CG	22/02/2014 CGA Level 2 Champs 2014
61	30.38	L	P	Suzanne Engelbrecht	16	HARB NW	20/03/2014 SA Level 2 Regional Age Group Champs
62	30.39	L	F	Kimberley Swan	16	FSE NN	20/03/2014 SA Level 2 Regional Age Group Champs
63	30.40	L	F	Danielle Dirksen	16	VINE WP	17/08/2013 WP Senior League 3
64*	30.41	L	P	Eleni Thomadakis	16	UNIQ CG	20/03/2014 SA Level 2 Regional Age Group Champs
64*	30.41	L	F	Ashlea Rutherford	16	MATI WP	12/10/2013 WP Second Skins Senior League 5
66	30.48	L	F	Mignon Swanepoel	16	TUKS NT	11/10/2013 NTS Oct 2013 Age Group Level 3+
67*	30.49	L	P	Tessa Gough	16	ELEC CG	13/03/2014 SA Level 3 National Age Group Champs
67*	30.49	L	P	Caitlin Sleet	16	MATI WP	06/12/2013 WP Championships 2013
69*	30.51	L	F	Meghan Bartie	16	SOUL ES	05/12/2013 EGA Championships Dec 2013
69*	30.51	L	P	Julia Trummer	16	DORE CG	05/12/2013 CGA Open Champs
71	30.53	L	P	Sarah Jennings	16	HASC CG	05/12/2013 CGA Open Champs
72	30.59	L	F	Jessica Grose	16	STAD CG	22/02/2014 CGA Level 2 Champs 2014
73*	30.69	L	F	Cayla Saaiman	16	MATI WP	12/10/2013 WP Second Skins Senior League 5
73*	30.69	L	F	Ilne Cilliers	16	BLOT FS	18/10/2013 Otters Prestige Gala
73*	30.69	L	F	Kathryn Brandt	16	BARS CG	02/11/2013 CGA Level 2-3 gala No 3
76	30.70	L	P	Kayla Campbell	16	BARS CG	20/03/2014 SA Level 2 Regional Age Group Champs
77	30.73	L	P	Paola Schildhauer	16	DDA NT	28/03/2014 SA Level 1 Regional Age Group Champs
78	30.74	L	F	Mareli Joubert	16	TUKS NT	24/08/2013 NTS Aug 2013 Age Group Level 2
79*	30.83	L	F	Lauren Ogg	16	UNI MP	29/11/2013 Mpumalanga Championships 2013
79*	30.83	L	F	Kirah-Lee van Heerden	16	USC BO	01/11/2013 Border November Age Group Gala 2013
81	30.84	L	F	Suezette Steenkamp	16	NWS NW	25/01/2014 4 + 1 Inter Provincial Gala Kimberley
82	30.85	L	P	Kerry Hunter	16	SEAL KZ	09/07/2013 SPEEDO PRESTIGE 2013
83	30.92	L L	F	Sally Tarr	16	WATR CG	05/12/2013 CGA Open Champs
84	30.93	L	F	Natalie Billson	16	EP EP	18/01/2014 EP Inter-Provincial Gala 2014
85	30.94	L	P	Joselyn Brazer	16	WATR CG	05/12/2013 CGA Open Champs
86	30.96	L	P	Laura Berzen	16	WATR CG	05/12/2013 CGA Open Champs
87*	30.99	L	P	Michlene Pedro	16	BOKS ES	20/03/2014 SA Level 2 Regional Age Group Champs
87*	30.99	L L	F	Marleni Kisten	16	BEAV KZ	20/03/2014 SA Level 2 Regional Age Group Champs
89	31.01	L	P	Emma Parsons	16	STPS KZ	18/10/2013 KZN ACTION SWIM CHAMPIONSHIPS
90	31.04	L	F	Jessica Wright	16	AQUB EP	08/02/2014 Uitenhage Swimming Club Gala 2014
91	31.06	L	F	Chane Mienie	16	WELA NF	11/02/2014 NFS High School Championships 2014
92	31.09	L	P	Khanya Jack	16	AQUA BO	20/03/2014 SA Level 2 Regional Age Group Champs
93*	31.17	L	F	Larah Binedell	16	SEAL KZ	23/08/2013 KZN Beavers Winter LongCourse
93*	31.17	L	F	Jana Minnie	16	VINE WP	12/10/2013 WP Second Skins Senior League 5
95	31.29	L	P	Kirsty Maritz	16	BOKS ES	20/03/2014 SA Level 2 Regional Age Group Champs
96	31.31	L	F	Melanie Van Biljon	16	FISH SW	22/02/2014 SWD 6TH A LEAGUE GALA
97*	31.32	L	F	Dante Engelbrecht	16	UNI MP	21/09/2013 Mpumalanga Sprint Gala
97*	31.32	L	F	Danielle Jordaan	16	HILL NT	17/01/2014 NTS Jan 2014 Combined Age Group
99	31.33	L	P	Lee-Ann Becker	16	MATI WP	20/03/2014 SA Level 2 Regional Age Group Champs
100*	31.34	L	F	Georgie Trodd	16	STPS KZ	15/11/2013 KZN TYR Westville Sprints Champs
100*	31.34	L	F	Michelle Swanepoel	16	TUKS NT	24/08/2013 NTS Aug 2013 Age Group Level 2
102	31.36	L	P	Faatima Adam	16	ATLA CG	05/12/2013 EGA Championships Dec 2013
103	31.41	L	F	Nepo Ntsono	16	PEAS EP	01/11/2013 32nd Freda Barnard Invitational Gala
104	31.42	L	F	Toshka Muller	16	WEST WP	31/01/2014 WP Jack Currie Championships
105	31.50	L	F	Gretchen Durr	16	VINE WP	31/01/2014 WP Jack Currie Championships
106	31.53	L	F	Sarah Stone	16	SRAY BO	28/03/2014 SA Level 1 Regional Age Group Champs
107	31.54	L	P	Tyla Fleischer	16	OLDE CG	20/03/2014 SA Level 2 Regional Age Group Champs
108	31.55	L	F	Heidemarie Edeling	16	BLSS FS	20/01/2014 Free State Championships 2014
109	31.58	L	F	Jessica Beal-Preston	16	VIKI BO	01/11/2013 Border November Age Group Gala 2013
110	31.60	L	P	Nicole Robertson	16	TUKS! NT	09/07/2013 SPEEDO PRESTIGE 2013
111	31.63	L	F	Jacqueline Piso	16	HBV LP	25/10/2013 Mpumalanga Top Schools 2013 High
112*	31.67	L	P	Nienke Pretorius	16	BLOT FS	13/03/2014 SA Level 3 National Age Group Champs
112*	31.67	L	F	Marjone Human	16	BLNE FS	28/03/2014 SA Level 1 Regional Age Group Champs
114	31.70	L	P	Frances Vd Walt	16	MDOL CG	20/03/2014 SA Level 2 Regional Age Group Champs
115	31.76	L	F	Lara Fourie	16	USH NN	28/03/2014 SA Level 1 Regional Age Group Champs
116	31.82	L	F	Annelize Mentz	16	EAGA LP	22/11/2013 Limpopo Champs 22-24 November 2013
117	31.83	L L	F	Taslyn Daniels	16	SUPE CG	05/12/2013 EGA Championships Dec 2013

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	Time	P/F/S	Name	Age/Yr			
118	31.86	L	F	Michaela Peinke	16	USC BO	24/01/2014 BO-January Age Group Gala 2014
119	31.93	L	F	Shani Smit	16	UITE EP	16/11/2013 EPA 4th A League Gala
120	31.99	L	P	Nicole Simpson	16	ELEC CG	28/03/2014 SA Level 1 Regional Age Group Champs
121	32.05	L	F	Anelda Lourens	16	DDA NT	24/08/2013 NTS Aug 2013 Age Group Level 2
122	32.06	L	P	Rylee Bronkhorst	16	PRA MP	28/03/2014 SA Level 1 Regional Age Group Champs
123*	32.07	L	F	Hanti Brits	16	BLSS FS	20/01/2014 Free State Championships 2014
123*	32.07	L	F	Inge Lombard	16	TUKS NT	13/09/2013 NTS Sept 2013 Combined Age Group
125*	32.16	L	P	Ingrid Benn	16	DDA NT	28/03/2014 SA Level 1 Regional Age Group Champs
125*	32.16	L L	F	Chante` Robinson	16	FAAC NC	20/03/2014 SA Level 2 Regional Age Group Champs
127	32.18	L	F	Jessica Wessels	16	SOUL ES	25/01/2014 EGA Summer 4
128	32.21	L	F	Jamie-Lee Engelke	16	PEAS EP	21/06/2013 PEA Winter Gala 2013
129	32.28	L	F	Robyn Du Toit	16	TUKS NT	29/11/2013 2013 The Tshwane Mayoral Gala
130	32.29	L	P	Vaishnavi Naidoo	16	BEAV KZ	18/10/2013 KZN ACTION SWIM CHAMPIONSHIPS
131	32.30	L	F	Ellen Van Niekerk	16	WELL WP	12/10/2013 WP Second Skins Senior League 5
132	32.31	L	F	Jesse Olivier	16	TUKS NT	24/08/2013 NTS Aug 2013 Level 1+ 0
133	32.35	L	F	Geena Hendricks	16	UWCA WP	08/02/2014 WP Second Skins Senior League 7
134	32.36	L	F	Esre van Zyl	16	RBOT NW	14/02/2014 NW Schools Swimming Championships
135	32.38	L	P	Jessica Burgess	16	ESP ES	05/12/2013 EGA Championships Dec 2013
136	32.41	L	F	Jayme-Sue Vermaas	16	KOVFS FS	07/09/2013 KOVSIES AQUATICS LIGA 2 2013
137	32.42	L	F	Caitlin Liebenberg	16	LAD NN	26/10/2013 N-KZN AGE GROUP GALA 5P
138	32.43	L	F	Gita Pera	16	VINE WP	12/10/2013 WP Second Skins Senior League 5
139	32.46	L	F	Melanie Badenhorst	16	KALA NC	08/11/2013 NOCASA Age Group 2 Kathu
140	32.48	L	F	Cassidy Forsythe	16	SODO CG	19/10/2013 CGA Level 1 gala No 2
141	32.56	L	F	Kirstene Grant	16	USH NN	05/10/2013 N-KZN ZULULAND AGE GROUP
142	32.62	L	P	Rebecca Manners-Wood	16	STPS KZ	18/10/2013 KZN ACTION SWIM CHAMPIONSHIPS
143	32.64	L	P	Elzanie Pietersen	16	WDG MP	28/03/2014 SA Level 1 Regional Age Group Champs
144	32.65	L	F	Renette Coetzee	16	BARR WP	08/02/2014 WP Second Skins Senior League 7
145	32.66	L	P	Ashleigh James	16	UNIQ CG	28/03/2014 SA Level 1 Regional Age Group Champs
146	32.68	L	P	Joelle Thevenau	16	SEAL KZ	18/10/2013 KZN ACTION SWIM CHAMPIONSHIPS
147	32.69	L	F	Carmen du Plessis	16	HARB NW	06/12/2013 NWS Championships 2013/2014
148	32.80	L	F	Irene Marangellis	16	BLOT FS	18/10/2013 Otters Prestige Gala
149	32.88	L	F	Lischa Roux	16	MATI WP	09/11/2013 WP Second Skins Senior League 6
150	32.99	L	F	Kayla-Marie Kruger	16	CSC NT	14/02/2014 NTS February Age Group Level 2+3
151	33.01	L	F	Zenobia Van Heerden	16	VINE WP	14/09/2013 WP Second Skins Senior League 4
152	33.02	L	F	Erin Anthony	16	SAA WP	31/01/2014 WP Jack Currie Championships
153	33.03	L	F	Monique-Marzaney Hilbig	16	QUEST NT	09/11/2013 EGA Summer 3
154	33.05	L	F	Caitlin Thoresson	16	TWSA EP	11/01/2014 EP 5th A League Gala
155	33.07	L	F	Kirsten Vd Lingon	16	TUKS NT	17/01/2014 NTS Jan 2014 Combined Age Group
156	33.09	L	F	Lauren Barnes	16	BENS ES	09/11/2013 EGA Summer 3
157	33.14	L	F	Gabrielle Nel	16	TUKS LP	22/11/2013 Limpopo Champs 22-24 November 2013
158	33.18	L	F	Marichen Herholdt	16	FISH SW	11/01/2014 SWD 4th A League Gala
159	33.19	L	F	Cassidy Muller	16	LAD NN	06/12/2013 N-KZN LONG COURSE
160*	33.25	L	F	Suzani van der Merwe	16	BLSS FS	20/01/2014 Free State Championships 2014
160*	33.25	L	F	Chrisna Opperman	16	UPTS NC	14/02/2014 NOCASA Age Group 6 Upington 2014
162	33.27	L	P	Robyn-Leigh Jones	16	SWIFT ES	05/12/2013 EGA Championships Dec 2013
163	33.31	L	F	Jessica Macaulay	16	FINS MP	04/10/2013 MP Age Group 1 - 2013
164	33.35	L	F	Marlene Reyneke	16	UPTS NC	08/01/2014 Nocasa Champs 2014
165	33.37	L	F	Leoné Koekemoer	16	KDOR NW	14/02/2014 NW Schools Swimming Championships
166	33.43	L	F	Cassidy Forsythe	16	SDOL CG	28/09/2013 EGA Summer 1
167	33.53	L	P	Jessica Gouveia	16	PER CG	28/03/2014 SA Level 1 Regional Age Group Champs
168	33.62	L	F	Tamsin Creecy	16	UNI MP	01/02/2014 Valencia Summer Gala - Feb 2014
169	33.63	L	F	Mariné Jv Rensburg	16	HPP LP	19/10/2013 Limpopo HS Topskole 2013
170*	33.67	L	F	Daniella da Costa	16	AQSP NW	23/11/2013 NWS Age Group 3 2013/2014
170*	33.67	L	F	Keri-Lee Carstens	16	ELEC CG	18/01/2014 CGA Level 1 Gala No 4 2014
172	33.68	L	F	Liandi Pienaar	16	PENG LP	18/01/2014 Limpopo Age Group 18 January 2014
173*	33.69	L	F	Zandalee Bezuidenhout	16	LINR CG	18/01/2014 CGA Level 1 Gala No 4 2014
173*	33.69	L	F	Anzell Fourie	16	KALA NC	08/11/2013 NOCASA Age Group 2 Kathu
175	33.71	L	F	Tiffany vd Merwe	16	TUKS NT	29/11/2013 2013 The Tshwane Mayoral Gala
176	33.85	L	F	Tanisha Botha	16	KEIK NW	06/12/2013 NWS Championships 2013/2014

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177	33.86	L	F	Sabrina De Gois	16	TYGE	WP	12/10/2013 WP Second Skins Senior League 5
178	34.19	L	P	Denika Petzer	16	KFSC	BO	28/03/2014 SA Level 1 Regional Age Group Champs
179	34.21	L	F	Marnè Walters	16	SWAR	WP	09/11/2013 WP Second Skins Senior League 6
180*	34.23	L	P	Hannah Livingstone	16	USH	NN	28/03/2014 SA Level 1 Regional Age Group Champs
180*	34.23	L	P	Simone Stoltz	16	FAAC	NC	28/03/2014 SA Level 1 Regional Age Group Champs
182	34.35	L L	F	Zaakirah Hassan	16	ATLA	CG	01/03/2014 CGA Level 1 LC Championships 2014
183	34.47	L	P	Jacqueline Hall	16	PSC	NT	09/07/2013 SPEEDO PRESTIGE 2013
184	34.49	L	F	Jeanne-Ami Steenkamp	16	GHSK	NC	17/01/2014 Nocasa Age Group 4 2014 Kimberley
185*	34.60	L	F	Laura Wafer	16	FSE	NN	30/11/2013 N-KZN ZULULAND DECEMBER AGE
185*	34.60	L	F	Johanre Lamprecht	16	UPTS	NC	23/11/2013 NOCASA Age Group 3 Upington 2013
187	34.62	L	F	Monique Lewis	16	FINS	MP	29/11/2013 Mpumalanga Championships 2013
188	34.65	L	F	Karin van der Westhuizen	16	CSC	NT	07/09/2013 2013 Arena Hillcrest Sprint Gala
189*	34.74	L	F	Jessica Samuel	16	BOKS	ES	04/10/2013 EGA League B 2013
189*	34.74	L	F	Telana Hugo	16	USC	BO	24/01/2014 BO-January Age Group Gala 2014
191	34.85	L	F	Leah Jacobs	16	SASE	CG	01/03/2014 CGA Level 1 LC Championships 2014
192	35.38	L	F	Ami Lawrence	16	UWCA	WP	14/09/2013 WP Second Skins Senior League 4
193	35.51	L	F	Veronique Kock	16	PAQU	WP	12/10/2013 WP Second Skins Senior League 5
194	35.53	L	F	Monique Kotze	16	BLNE	FS	20/01/2014 Free State Championships 2014
195	35.55	L	F	Danielle Martemucci	16	PER	CG	19/10/2013 CGA Level 1 gala No 2
196	35.83	L	F	Le-lu Adriaanse	16	SUPE	CG	19/10/2013 CGA Level 1 gala No 2
197	35.93	L	F	Dalizhia Horn	16	NWUC	NW	09/11/2013 NWS Age Group 2
198	36.05	L	F	Elsabe Steenkamp	16	JASK	NC	11/10/2013 NOCASA Age Group 1
199	36.10	L	F	Wandile Nyathi	16	SOWE	CG	19/10/2013 CGA Level 1 gala No 2
200	36.32	L	F	Sonja Bezuidenhout	16	PENG	LP	09/11/2013 LP Age Group 2 9 November 2013
201	36.76	L	F	Helena Henken	16	NIMO	NT	07/09/2013 2013 Arena Hillcrest Sprint Gala
202	36.87	L	F	Keletso Malebe	16	TUKS	NT	07/09/2013 2013 Arena Hillcrest Sprint Gala
203	37.12	L	F	Danelle Van Wyk	16	VALS	NF	09/11/2013 Welkom League Gala 2 2013
204	37.70	L	F	Lusca Koch	16	VINE	WP	01/11/2013 32nd Freda Barnard Invitational Gala
205	37.75	L	F	Stefni Meintjies	16	KPS	NF	11/02/2014 NFS High School Championships 2014
206	38.23	L	F	Nazreen Cornish	16	HURA	WP	12/10/2013 WP Second Skins Senior League 5
207	38.63	L	F	Sumayyah Bhayat	16	UNI	MP	29/11/2013 Mpumalanga Championships 2013
208	39.06	L	P	Rumaanah Ayob	16	ATLA	CG	05/12/2013 EGA Championships Dec 2013
209	39.16	L	F	Chané Denton	16	POTC	NW	18/01/2014 NWS Age Group 4 1314
210	39.35	L	F	Marissa Swart	16	TINC	NT	07/09/2013 2013 Arena Hillcrest Sprint Gala
211	40.56	L	F	Eurika Dreyer	16	KALA	NC	26/10/2013 Flamingo Gala 2013
212	42.22	L	F	Magdalena Stols	16	KALA	NC	08/11/2013 NOCASA Age Group 2 Kathu
213	42.52	L	F	Aviwe Jemane	16	WHFC	WP	20/03/2014 SA Level 2 Regional Age Group Champs
214	1:00.88	L L	F	Kristin Bellingan	16	CYBE	WP	06/12/2013 WP Championships 2013
215	1:15.68	L	F	Huda Abrahams	16	VINE	WP	12/10/2013 WP Second Skins Senior League 5
216	2:00.64	L	F	Nadine Engelbrecht	16	HBV	LP	19/10/2013 Limpopo HS Topskole 2013
Women 16 - 16 100 Free								
1	57.10	L	S	Marlies Ross	16	NTS	NT	07/04/2014 Sa National Aquatic Championship 2014
2	58.74	L	F	Jamie Reynolds	16	KZNA	KZ	07/04/2014 Sa National Aquatic Championship 2014
3	59.24	L S	F	Rita Naude	16	TUKS!	NT	09/07/2013 SPEEDO PRESTIGE 2013
4	1:00.60	L	F	Caitlin Crow	16	HASC	CG	13/03/2014 SA Level 3 National Age Group Champs
5	1:00.67	L	F	Alison Basel	16	WATR	CG	13/03/2014 SA Level 3 National Age Group Champs
6	1:00.86	L	P	Zoe Holder	16	KZNA	KZ	07/04/2014 Sa National Aquatic Championship 2014
7	1:01.03	L	P	Kristin Bellingan	16	WPA	WP	07/04/2014 Sa National Aquatic Championship 2014
8	1:01.09	L L	F	Emily Visagie	16	SEAL	KZ	13/03/2014 SA Level 3 National Age Group Champs
9	1:01.15	L	P	Camryn Wheals	16	NTS	NT	07/04/2014 Sa National Aquatic Championship 2014
10	1:01.24	L	F	Rachel Stevenson	16	ALSC	CG	05/12/2013 CGA Open Champs
11	1:01.40	L	F	Mikal Botha	16	TUKS	NT	13/03/2014 SA Level 3 National Age Group Champs
12	1:01.45	L	F	Chelsea Meiring	16	SEAL	KZ	13/03/2014 SA Level 3 National Age Group Champs
13	1:01.46	L	F	Eune Odendaal	16	PSC	NT	13/03/2014 SA Level 3 National Age Group Champs
14	1:01.62	L	P	Tia Dixon	16	MATI	WP	06/12/2013 WP Championships 2013
15	1:01.65	L	F	Demi Lopes	16	TUKS	NT	06/12/2013 NTS Championships 2013
16	1:01.69	L	P	Amé Kleynhans	16	NTS	NT	07/04/2014 Sa National Aquatic Championship 2014
17	1:01.96	L	F	Tatjana Schoenmaker	16	TUKS	NT	06/12/2013 NTS Championships 2013
18	1:02.12	L	F	Megan Van Wyk	16	SGUL	KZ	15/11/2013 KZN TYR Westville Sprints Champs

Individual Top Times

Times since: 01-May-13 **Times until: 30-Apr-14**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
19	1:02.15	L	F	Rebecca Barrow	16	DORE	CG 05/12/2013 CGA Open Champs
20	1:02.17	L	P	Lisa Fourie	16	WPA	WP 07/04/2014 Sa National Aquatic Championship 2014
21	1:02.28	L	F	Madri Bester	16	STELL	NW 23/11/2013 NWS Age Group 3 2013/2014
22	1:02.29	L	F	Carmen Le Roux	16	ACSA	KZ 29/06/2013 KZN Age Group 1
23	1:02.38	L	P	Kristy Kupfer	16	MDOL	CG 13/03/2014 SA Level 3 National Age Group Champs
24	1:02.44	L	P	Eliz-Maric Cronje	16	NWS	NW 07/04/2014 Sa National Aquatic Championship 2014
25	1:02.53	L	P	Kira Baptiste	16	PSC	NT 13/03/2014 SA Level 3 National Age Group Champs
26	1:02.68	L	P	Gabriella Nutter	16	MDOL	CG 13/03/2014 SA Level 3 National Age Group Champs
27	1:02.92	L	F	Caylin du Plessis	16	KDOR	NW 20/03/2014 SA Level 2 Regional Age Group Champs
28	1:02.95	L	F	Cassidy Stockigt	16	FLOD	CG 05/12/2013 CGA Open Champs
29	1:03.00	L	F	Tyla Goosen	16	WSTV	KZ 14/09/2013 KZN Age Group 4
30	1:03.38	L	F	Chelsea Van Rensburg	16	TYGE	WP 06/12/2013 WP Championships 2013
31*	1:03.39	L	F	Nadia Blaauw	16	NWUC	NW 20/03/2014 SA Level 2 Regional Age Group Champs
31*	1:03.39	L	P	Jo-Mari Kleinhans	16	MATI	WP 13/03/2014 SA Level 3 National Age Group Champs
33	1:03.46	L	F	Emma Beavon	16	WATR	CG 20/03/2014 SA Level 2 Regional Age Group Champs
34	1:03.56	L	F	Ella Mencil	16	MDOL	CG 05/12/2013 CGA Open Champs
35	1:03.62	L	P	Caila Davids	16	BARS	CG 05/12/2013 CGA Open Champs
36	1:03.63	L	F	Celesté Vermeulen	16	PSA	LP 19/10/2013 LP Age Group 1 - 19 October 2013
37	1:03.71	L	P	Catherine Sainsbury	16	KZNA	KZ 07/04/2014 Sa National Aquatic Championship 2014
38	1:03.83	L	F	Chelsea Mills	16	CADO	WP 21/07/2013 19th Maccabiah Games
39*	1:04.03	L	F	Tove Van Zyl	16	TUKS	NT 11/10/2013 NTS Oct 2013 Age Group Level 3+
39*	1:04.03	L	F	Antache Reyneke	16	NWUC	NW 06/12/2013 NWS Championships 2013/2014
39*	1:04.03	L	F	Joselyn Brazer	16	WATR	CG 20/03/2014 SA Level 2 Regional Age Group Champs
42	1:04.42	L	P	Jacoba Fourie	16	NWUC	NW 20/03/2014 SA Level 2 Regional Age Group Champs
43	1:04.55	L	F	Shukrallah Honiball	16	TUKS!	LP 20/03/2014 SA Level 2 Regional Age Group Champs
44	1:04.81	L	P	Tina Bahlmann	16	VIKI	BO 13/03/2014 SA Level 3 National Age Group Champs
45*	1:04.89	L S	P	Kerry Hunter	16	SEAL	KZ 09/07/2013 SPEEDO PRESTIGE 2013
45*	1:04.89	L	F	Natasha Ribeiro	16	SEAL	KZ 10/12/2013 KZN PREMIER CHAMPS 2013
47	1:05.00	L	F	Jodi Turner	16	ESP	ES 05/12/2013 EGA Championships Dec 2013
48	1:05.06	L	F	Caitlin Sleet	16	MATI	WP 06/12/2013 WP Championships 2013
49	1:05.09	L	F	Lemay van Rensburg	16	HREF	NW 20/03/2014 SA Level 2 Regional Age Group Champs
50	1:05.12	L	F	Tyla Bassani	16	BARS	CG 19/10/2013 EGA Summer 2_19Oct 2013
51*	1:05.15	L	F	Kristen Jordan	16	HARL	BO 28/11/2013 Border Championships
51*	1:05.15	L	P	Carla Nel	16	TUKS	NT 06/12/2013 NTS Championships 2013
53	1:05.19	L	P	Tessa Gough	16	ELEC	CG 05/12/2013 CGA Open Champs
54	1:05.20	L	F	Bathandwa Dyantyi	16	AQUA	BO 24/01/2014 BO-January Age Group Gala 2014
55	1:05.29	L	F	Danielle Smit	16	BORD	BO 18/01/2014 EP Inter-Provincial Gala 2014
56	1:05.35	L	F	Helen Taylor	16	AZON	KZ 23/08/2013 KZN Beavers Winter LongCourse
57	1:05.51	L	P	Marichen Viviers	16	FLOD	CG 20/03/2014 SA Level 2 Regional Age Group Champs
58	1:05.56	L	F	Lee-Ann Becker	16	MATI	WP 06/12/2013 WP Championships 2013
59	1:05.65	L	F	Ashleigh Fitzgerald	16	WATR	CG 22/02/2014 CGA Level 2 Champs 2014
60	1:05.68	L	F	Janika Pelsler	16	KOVS	FS 20/01/2014 Free State Championships 2014
61	1:05.72	L	P	Kirsty Maritz	16	BOKS	ES 20/03/2014 SA Level 2 Regional Age Group Champs
62	1:05.73	L	P	Sasha-Lee Nordengen	16	ACSA	KZ 18/10/2013 KZN ACTION SWIM CHAMPIONSHIPS
63	1:05.82	L	F	Nepo Ntsono	16	PEAS	EP 21/06/2013 PEA Winter Gala 2013
64	1:05.96	L	P	Gabriella Bertone	16	STAD	CG 20/03/2014 SA Level 2 Regional Age Group Champs
65	1:05.97	L S	P	Sumari Coetzee	16	TUKS!	NT 09/07/2013 SPEEDO PRESTIGE 2013
66	1:06.04	L	F	Monica Boje	16	TYGE	WP 08/02/2014 WP Second Skins Senior League 7
67*	1:06.19	L	F	Larah Binedell	16	SEAL	KZ 10/12/2013 KZN PREMIER CHAMPS 2013
67*	1:06.19	L	F	Sarah Jennings	16	HASC	CG 22/02/2014 CGA Level 2 Champs 2014
69	1:06.26	L	F	Leatitia Human	16	FAAC	NC 26/10/2013 Flamingo Gala 2013
70	1:06.32	L	P	Kirah Jackson	16	SASE	CG 20/03/2014 SA Level 2 Regional Age Group Champs
71	1:06.36	L	F	Suezette Steenkamp	16	UPTS	NC 08/01/2014 Nocasa Champs 2014
72	1:06.49	L	F	Anél De Vos	16	LP	LP 14/09/2013 CGA Level 1 gala No 1
73	1:06.67	L	F	Kimberley Swan	16	FSE	NN 18/01/2014 N-KZN ZULULAND AGE GROUP GALA
74	1:06.93	L	P	Mignon Swanepoel	16	TUKS	NT 06/12/2013 NTS Championships 2013
75	1:07.06	L	F	Natalie Billson	16	PEAS	EP 21/06/2013 PEA Winter Gala 2013
76	1:07.10	L	F	Sally Tarr	16	WATR	CG 22/02/2014 CGA Level 2 Champs 2014
77	1:07.17	L	F	Chante` Robinson	16	FAAC	NC 26/10/2013 Flamingo Gala 2013

Individual Top Times

Times since: 01-May-13 **Times until: 30-Apr-14**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr				
78	1:07.28	L	P	Jessica Wright	16	AQUB EP	20/03/2014	SA Level 2 Regional Age Group Champs
79	1:07.32	L	F	Paola Schildhauer	16	DDA NT	28/03/2014	SA Level 1 Regional Age Group Champs
80	1:07.39	L	P	Jana Minnie	16	VINE WP	06/12/2013	WP Championships 2013
81	1:07.43	L	F	Danielle Dirksen	16	GREY WP	12/10/2013	WP Second Skins Senior League 5
82	1:07.44	L	P	Nicole Robertson	16	TUKS NT	06/12/2013	NTS Championships 2013
83	1:07.46	L	F	Meghan Bartie	16	SOUL ES	05/12/2013	EGA Championships Dec 2013
84	1:07.47	L	F	Mareli Joubert	16	TUKS NT	13/09/2013	NTS Sept 2013 Combined Age Group
85	1:07.57	L	P	Danielle Jordaan	16	HILL NT	06/12/2013	NTS Championships 2013
86	1:07.60	L	F	Dante Engelbrecht	16	UNI MP	29/11/2013	Mpumalanga Championships 2013
87	1:07.81	L	F	Jessica Grose	16	STAD CG	05/12/2013	EGA Championships Dec 2013
88	1:07.92	L	F	Joelle Thevenau	16	SEAL KZ	18/01/2014	KZN Age Group 7
89	1:07.98	L	P	Khanya Jack	16	AQUA BO	20/03/2014	SA Level 2 Regional Age Group Champs
90	1:08.05	L	P	Peta-Jayne Nel	16	HARL BO	20/03/2014	SA Level 2 Regional Age Group Champs
91*	1:08.08	L	F	Kayla Campbell	16	BARS CG	19/10/2013	EGA Summer 2_19Oct 2013
91*	1:08.08	L	P	Nienke Pretorius	16	BLOT FS	13/03/2014	SA Level 3 National Age Group Champs
93	1:08.18	L	P	Tyla Fleischer	16	OLDE CG	20/03/2014	SA Level 2 Regional Age Group Champs
94	1:08.22	L	F	Irene Marangellis	16	BLOT FS	18/10/2013	Otters Prestige Gala
95	1:08.36	L	F	Marleni Kisten	16	BEAV KZ	23/08/2013	KZN Beavers Winter LongCourse
96	1:08.44	L	F	Hanti Brits	16	BLSS FS	20/01/2014	Free State Championships 2014
97	1:08.46	L	F	Georgie Trodd	16	STPS KZ	15/11/2013	KZN TYR Westville Sprints Champs
98	1:08.50	L	F	Toshka Muller	16	WEST WP	09/11/2013	WP Second Skins Senior League 6
99*	1:08.54	L	F	Faatima Adam	16	ATLA CG	28/03/2014	SA Level 1 Regional Age Group Champs
99*	1:08.54	L	F	Kirah-Lee van Heerden	16	USC BO	01/11/2013	Border November Age Group Gala 2013
101	1:08.63	L	F	Anelda Lourens	16	DDA NT	28/03/2014	SA Level 1 Regional Age Group Champs
102	1:08.72	L	F	Caitlyn Boake	16	UNIQ CG	02/11/2013	CGA Level 2-3 gala No 3
103	1:08.75	L	F	IIne Cilliers	16	BLOT FS	20/01/2014	Free State Championships 2014
104*	1:08.96	L	F	Emma Parsons	16	STPS KZ	10/12/2013	KZN PREMIER CHAMPS 2013
104*	1:08.96	L	F	Annelize Mentz	16	PSA LP	24/06/2013	Sasol National Winter Championships
106	1:08.99	L	P	Eleni Thomadakis	16	UNIQ CG	20/03/2014	SA Level 2 Regional Age Group Champs
107	1:09.02	L	F	Jamie-Lee Engelke	16	PEAS EP	21/06/2013	PEA Winter Gala 2013
108	1:09.07	L	F	Gita Pera	16	VINE WP	12/10/2013	WP Second Skins Senior League 5
109	1:09.08	L	F	Julia Trummer	16	DORE CG	21/09/2013	CGA Level 2-3 Gala No 1 2013
110	1:09.20	L	F	Vaishnavi Naidoo	16	BEAV KZ	15/11/2013	KZN TYR Westville Sprints Champs
111	1:09.26	L	F	Michlene Pedro	16	BOKS ES	22/02/2014	CGA Level 2 Champs 2014
112	1:09.45	L	F	Gretchen Durr	16	VINE WP	01/11/2013	32nd Freda Barnard Invitational Gala
113	1:09.61	L	F	Micaela Gowar	16	AQUB EP	08/02/2014	Uitenhage Swimming Club Gala 2014
114	1:09.71	L	F	Suzanne Engelbrecht	16	HARB NW	05/10/2013	NWS Age Group 1
115	1:09.74	L	F	Michelle Swanepoel	16	TUKS NT	24/08/2013	NTS Aug 2013 Age Group Level 2
116	1:09.75	L	F	Kirstene Grant	16	USH NN	05/10/2013	N-KZN ZULULAND AGE GROUP
117	1:09.86	L	F	Frances Vd Walt	16	MDOL CG	22/02/2014	CGA Level 2 Champs 2014
118	1:09.91	L	F	Michaela Peinke	16	USC BO	28/11/2013	Border Championships
119	1:10.24	L	F	Lauren Barnes	16	BENS ES	16/02/2014	EGA Summer 5 Gala
120	1:10.29	L	F	Chane Mienie	16	WELA NF	09/11/2013	Welkom League Gala 2 2013
121	1:10.36	L	F	Marichen Herholdt	16	FISH SW	22/02/2014	SWD 6TH A LEAGUE GALA
122	1:10.44	L	F	Caitlin Thoesson	16	TWSA EP	28/03/2014	SA Level 1 Regional Age Group Champs
123	1:10.46	L	F	Jayne-Sue Vermaas	16	KOVS FS	26/10/2013	Supersport Seals Gala
124*	1:10.61	L	P	Rylee Bronkhorst	16	PRA MP	28/03/2014	SA Level 1 Regional Age Group Champs
124*	1:10.61	L	F	Robyn Du Toit	16	TUKS NT	13/09/2013	NTS Sept 2013 Combined Age Group
126	1:10.68	L	F	Jessica Wessels	16	SOUL ES	19/10/2013	EGA Summer 2_19Oct 2013
127	1:10.72	L	F	Kayla-Marie Kruger	16	CSC NT	28/03/2014	SA Level 1 Regional Age Group Champs
128	1:10.84	L	F	Telana Hugo	16	USC BO	06/12/2013	EP Championships 2013
129	1:10.98	L	F	Jacquelene Piso	16	FINS MP	04/10/2013	MP Age Group 1 - 2013
130	1:11.04	L	F	Esre van Zyl	16	RBOT NW	14/02/2014	NW Schools Swimming Championships
131	1:11.15	L	F	Lauren Ogg	16	UNI MP	01/02/2014	Valencia Summer Gala - Feb 2014
132	1:11.19	L	F	Melanie Van Biljon	16	FISH SW	08/02/2014	Knysna Dragons Night Fury Gala
133	1:11.20	L	F	Melanie Badenhorst	16	KALA NC	08/01/2014	Nocasa Champs 2014
134	1:11.31	L	F	Geena Hendricks	16	UWCA WP	31/01/2014	WP Jack Currie Championships
135*	1:11.38	L	F	Jessica Burgess	16	ESP ES	16/02/2014	EGA Summer 5 Gala
135*	1:11.38	L	F	Ingrid Benn	16	DDA NT	28/03/2014	SA Level 1 Regional Age Group Champs

Individual Top Times

Times since: 01-May-13 **Times until: 30-Apr-14**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
137	1:11.40	L	F	Ashley Reimers	16	VRY NN	09/11/2013 N-KZN ND NOVEMBER AGE GROUP
138	1:11.56	L	F	Kirsten Vd Lingen	16	TUKS NT	14/02/2014 NTS February Age Group Level 2+3
139	1:11.68	L	F	Caitlin Liebenberg	16	LAD NN	26/10/2013 N-KZN AGE GROUP GALA 5P
140	1:11.70	L	F	Mia Bam	16	AA CG	14/09/2013 CGA Level 1 gala No 1
141*	1:12.00	L	F	Cassidy Muller	16	LAD NN	26/10/2013 N-KZN AGE GROUP GALA 5P
141*	1:12.00	L	F	Heidemarie Edeling	16	BLSS FS	20/01/2014 Free State Championships 2014
141*	1:12.00	L	F	Renette Coetzee	16	BARR WP	08/02/2014 WP Second Skins Senior League 7
144	1:12.03	L	F	Kay-Lynn McLean	16	BARR WP	14/09/2013 WP Second Skins Senior League 4
145	1:12.07	L	P	Mariza Odendal	16	BLNE FS	28/03/2014 SA Level 1 Regional Age Group Champs
146	1:12.24	L	F	Esmare' Olivier	16	BLNE FS	20/01/2014 Free State Championships 2014
147	1:12.42	L	F	Ellen Van Niekerk	16	WELL WP	14/09/2013 WP Second Skins Senior League 4
148	1:12.46	L	F	Carmen du Plessis	16	HARB NW	14/02/2014 NW Schools Swimming Championships
149	1:12.49	L L	F	Marjone Human	16	BLNE FS	28/03/2014 SA Level 1 Regional Age Group Champs
150*	1:12.52	L	F	Lischa Roux	16	MATI WP	09/11/2013 WP Second Skins Senior League 6
150*	1:12.52	L	F	Erin Anthony	16	SAA WP	31/01/2014 WP Jack Currie Championships
152	1:12.53	L	F	Danielle Martemucci	16	PER CG	14/09/2013 CGA Level 1 gala No 1
153	1:12.59	L	F	Kate Theunissen	16	ASA KZ	18/01/2014 KZN Age Group 7
154	1:12.79	L	F	Chrisna Opperman	16	UPTS NC	08/02/2014 NOCASA Age Group 5 Upington 2014
155	1:12.83	L	F	Leoné Koekemoer	16	KDOR NW	05/10/2013 NWS Age Group 1
156*	1:12.95	L	F	Sarah Stone	16	SRAY BO	28/11/2013 Border Championships
156*	1:12.95	L	F	Robyn-Leigh Jones	16	SWIFT ES	19/10/2013 EGA Summer 2_19Oct 2013
158	1:13.24	L	F	Sabrina De Gois	16	TYGE WP	14/09/2013 WP Second Skins Senior League 4
159	1:13.28	L	P	Jessica Beal-Preston	16	VIKI BO	20/03/2014 SA Level 2 Regional Age Group Champs
160	1:13.34	L	F	Nicole Simpson	16	ELEC CG	01/03/2014 CGA Level 1 LC Championships 2014
161	1:13.48	L	P	Elzanie Pietersen	16	WDG MP	28/03/2014 SA Level 1 Regional Age Group Champs
162	1:13.52	L	F	Marnè Walters	16	SWAR WP	09/11/2013 WP Second Skins Senior League 6
163*	1:13.70	L	F	Suzani van der Merwe	16	BLSS FS	20/01/2014 Free State Championships 2014
163*	1:13.70	L L	F	Taslyn Daniels	16	SUPE CG	05/12/2013 EGA Championships Dec 2013
165	1:13.88	L	P	Jessica Macaulay	16	FINS MP	28/03/2014 SA Level 1 Regional Age Group Champs
166	1:13.98	L	F	Jessica Gouveia	16	PER CG	01/03/2014 CGA Level 1 LC Championships 2014
167	1:14.27	L	F	Tiffany vd Merwe	16	TUKS NT	12/10/2013 NTS Oct 2013 Age Group Level 1+0
168	1:14.46	L	F	Cassidy Forsythe	16	SODO CG	14/09/2013 CGA Level 1 gala No 1
169	1:14.48	L	F	Shani Smit	16	UITE EP	16/11/2013 EPA 4th A League Gala
170	1:14.52	L	F	Marlene Reyneke	16	UPTS NC	23/11/2013 NOCASA Age Group 3 Upington 2013
171	1:14.59	L	F	Zenobia Van Heerden	16	VINE WP	12/10/2013 WP Second Skins Senior League 5
172	1:14.73	L	F	Monique Lewis	16	FINS MP	29/11/2013 Mpumalanga Championships 2013
173	1:14.75	L	F	Liandi Pienaar	16	PENG LP	22/11/2013 Limpopo Champs 22-24 November 2013
174	1:14.94	L	P	Monique-Marzaney Hilbig	16	QUEST NT	05/12/2013 EGA Championships Dec 2013
175	1:15.09	L	F	Rebecca Manners-Wood	16	STPS KZ	09/11/2013 KZN Age Group 6
176	1:15.18	L	F	Jessica Samuel	16	BOKS ES	16/02/2014 EGA Summer 5 Gala
177	1:15.51	L	F	Simone Stoltz	16	FAAC NC	26/10/2013 Flamingo Gala 2013
178	1:15.88	L	T	Karin van der Westhuizen	16	CSC NT	13/09/2013 NTS Sept 2013 Combined Age Group
179	1:16.03	L	P	Lara Fourie	16	USH NN	28/03/2014 SA Level 1 Regional Age Group Champs
180	1:16.08	L	F	Anzell Fourie	16	KALA NC	08/01/2014 Nocasa Champs 2014
181	1:16.19	L	P	Denika Petzer	16	KFSC BO	28/03/2014 SA Level 1 Regional Age Group Champs
182	1:16.26	L	F	Zandalee Bezuidenhout	16	LINR CG	01/03/2014 CGA Level 1 LC Championships 2014
183	1:16.32	L	F	Daniella da Costa	16	AQSP NW	23/11/2013 NWS Age Group 3 2013/2014
184	1:16.69	L	F	Ami Lawrence	16	UWCA WP	08/02/2014 WP Second Skins Senior League 7
185	1:16.99	L	F	Leah Jacobs	16	SASE CG	28/03/2014 SA Level 1 Regional Age Group Champs
186	1:17.11	L	F	Keri-Lee Carstens	16	ELEC CG	16/11/2013 CGA Level 1 Gala No 3
187	1:18.15	L	F	Jacqueline Hall	16	PSC NT	29/11/2013 2013 The Tshwane Mayoral Gala
188	1:18.71	L	F	Jeanne-Ami Steenkamp	16	GHSK NC	17/01/2014 Nocasa Age Group 4 2014 Kimberley
189	1:19.00	L	F	Dalizhia Horn	16	NWUC NW	06/12/2013 NWS Championships 2013/2014
190	1:19.04	L	F	Veronique Kock	16	PAQU WP	09/11/2013 WP Second Skins Senior League 6
191	1:20.10	L	F	Zaakirah Hassan	16	ATLA CG	28/03/2014 SA Level 1 Regional Age Group Champs
192	1:20.26	L	F	Danelle Van Wyk	16	VALS NF	09/11/2013 Welkom League Gala 2 2013
193	1:20.51	L	F	Lusca Koch	16	VINE WP	09/11/2013 WP Second Skins Senior League 6
194	1:20.52	L	F	Tamsin Creecy	16	UNI MP	01/02/2014 Valencia Summer Gala - Feb 2014
195	1:21.35	L	P	Laura Wafer	16	FSE NN	28/03/2014 SA Level 1 Regional Age Group Champs

Individual Top Times

Times since: 01-May-13 **Times until: 30-Apr-14**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
196	1:23.38	L	F	Simone Naidoo	16	WVAQ KZ	09/11/2013 KZN Age Group 6
197	1:24.68	L	F	Elsabe Steenkamp	16	JASK NC	11/10/2013 NOCASA Age Group 1
198	1:25.89	L	F	Sonja Bezuidenhout	16	PENG LP	09/11/2013 LP Age Group 2 9 November 2013
199	1:26.78	L	F	Keletso Malebe	16	TUKS NT	24/08/2013 NTS Aug 2013 Level 1+ 0
200	1:27.23	L	F	Wandile Nyathi	16	SOWE CG	16/11/2013 CGA Level 1 Gala No 3
201	1:28.92	L	F	Nazreen Cornish	16	HURA WP	14/09/2013 WP Second Skins Senior League 4
202	1:29.87	L	F	Done Foti	16	VRY NN	09/11/2013 N-KZN ND NOVEMBER AGE GROUP
203	1:30.87	L	P	Rumaanah Ayob	16	ATLA CG	05/12/2013 EGA Championships Dec 2013
204	1:35.97	L	F	Sumayyah Bhayat	16	UNI MP	24/01/2014 MP Age Group 3 - 24 January 2014
205	1:42.50	L	F	Chané Denton	16	POTC NW	05/10/2013 NWS Age Group 1
206	1:43.06	L	F	Magdalena Stols	16	KALA NC	23/11/2013 NOCASA Age Group 3 Kathu 2013
207	1:52.47	L	P	Aviwe Jemane	16	WHFC WP	20/03/2014 SA Level 2 Regional Age Group Champs
208	2:51.15	L	F	Huda Abrahams	16	VINE WP	14/09/2013 WP Second Skins Senior League 4
Women 16 - 16 200 Free							
1	2:02.06	L	F	Marlies Ross	16	NTS NT	07/04/2014 Sa National Aquatic Championship 2014
2	2:08.40	L	F	Megan Van Wyk	16	SGUL KZ	13/03/2014 SA Level 3 National Age Group Champs
3	2:09.32	L S	F	Carmen Le Roux	16	ACSA KZ	10/12/2013 KZN PREMIER CHAMPS 2013
4	2:10.16	L	F	Rita Naude	16	TUKS! NT	09/07/2013 SPEEDO PRESTIGE 2013
5	2:10.39	L	F	Alison Basel	16	WATR CG	13/03/2014 SA Level 3 National Age Group Champs
6	2:10.40	L	F	Jamie Reynolds	16	SEAL KZ	18/10/2013 KZN ACTION SWIM CHAMPIONSHIPS
7	2:10.43	L	P	Eune Odendaal	16	PSC NT	13/03/2014 SA Level 3 National Age Group Champs
8	2:11.34	L	F	Demi Lopes	16	TUKS NT	13/03/2014 SA Level 3 National Age Group Champs
9	2:11.87	L	F	Kristin Bellingan	16	CYBE WP	12/10/2013 WP Second Skins Senior League 5
10	2:12.74	L S	F	Emily Visagie	16	SEAL KZ	10/12/2013 KZN PREMIER CHAMPS 2013
11	2:12.78	L	P	Amé Kleynhans	16	NTS NT	07/04/2014 Sa National Aquatic Championship 2014
12	2:12.95	L	P	Mikal Botha	16	TUKS NT	13/03/2014 SA Level 3 National Age Group Champs
13	2:13.15	L	P	Lisa Fourie	16	WPA WP	07/04/2014 Sa National Aquatic Championship 2014
14	2:13.23	L	F	Tatjana Schoenmaker	16	TUKS NT	06/12/2013 NTS Championships 2013
15	2:13.71	L	P	Tia Dixon	16	MATI WP	06/12/2013 WP Championships 2013
16	2:14.09	L	P	Kerry Hunter	16	SEAL KZ	09/07/2013 SPEEDO PRESTIGE 2013
17	2:14.17	L	P	Kira Baptiste	16	PSC NT	13/03/2014 SA Level 3 National Age Group Champs
18	2:14.33	L	F	Sasha-Lee Nordengen	16	ACSA KZ	18/10/2013 KZN ACTION SWIM CHAMPIONSHIPS
19	2:14.80	L	P	Caitlin Crow	16	HASC CG	13/03/2014 SA Level 3 National Age Group Champs
20	2:15.40	L	F	Justine Jagga	16	CADO WP	06/12/2013 WP Championships 2013
21	2:15.51	L	P	Camryn Wheals	16	TUKS NT	06/12/2013 NTS Championships 2013
22	2:15.62	L	P	Kristy Kupfer	16	MDOL CG	13/03/2014 SA Level 3 National Age Group Champs
23	2:16.73	L	P	Tessa Gough	16	ELEC CG	05/12/2013 CGA Open Champs
24	2:17.08	L	P	Rachel Stevenson	16	ALSC CG	13/03/2014 SA Level 3 National Age Group Champs
25	2:17.16	L	P	Nadia Blaauw	16	NWUC NW	20/03/2014 SA Level 2 Regional Age Group Champs
26	2:17.22	L	F	Eliz-Maric Cronje	16	POTC NW	09/11/2013 NWS Age Group 2
27	2:17.45	L	P	Ella Mencil	16	MDOL CG	13/03/2014 SA Level 3 National Age Group Champs
28	2:17.76	L	F	Chelsea Van Rensburg	16	TYGE WP	06/12/2013 WP Championships 2013
29	2:18.88	L	F	Emma Beavon	16	WATR CG	10/12/2013 KZN PREMIER CHAMPS 2013
30	2:18.93	L	P	Rebecca Barrow	16	DORE CG	05/12/2013 CGA Open Champs
31	2:18.99	L	P	Tyla Goosen	16	WSTV KZ	09/07/2013 SPEEDO PRESTIGE 2013
32	2:19.16	L	F	Tove Van Zyl	16	TUKS NT	13/09/2013 NTS Sept 2013 Combined Age Group
33	2:19.41	L	P	Jo-Mari Kleinhans	16	MATI WP	06/12/2013 WP Championships 2013
34	2:19.71	L	F	Caylin du Plessis	16	KDOR NW	20/03/2014 SA Level 2 Regional Age Group Champs
35	2:19.78	L	F	Celesté Vermeulen	16	PSA LP	24/06/2013 Sasol National Winter Championships
36	2:19.91	L	F	Antache Reyneke	16	NWUC NW	06/12/2013 NWS Championships 2013/2014
37	2:19.97	L	P	Ashleigh Fitzgerald	16	WATR CG	13/03/2014 SA Level 3 National Age Group Champs
38	2:20.71	L	F	Caitlin Sleet	16	MATI WP	20/03/2014 SA Level 2 Regional Age Group Champs
39	2:20.84	L	F	Chelsea Mills	16	CADO WP	20/03/2014 SA Level 2 Regional Age Group Champs
40	2:21.10	L	F	Gabriella Bertone	16	STAD CG	20/03/2014 SA Level 2 Regional Age Group Champs
41	2:21.25	L	F	Jacoba Fourie	16	NWS NW	25/01/2014 4 + 1 Inter Provincial Gala Kimberley
42	2:21.36	L	P	Caila Davids	16	BARS CG	05/12/2013 CGA Open Champs
43	2:22.66	L	F	Suzette Steenkamp	16	UPTS NC	06/12/2013 NOCASA Sprints 2013
44	2:23.04	L	P	Lemay van Rensburg	16	HREF NW	20/03/2014 SA Level 2 Regional Age Group Champs
45	2:23.05	L	P	Bathandwa Dyantyi	16	AQUA BO	13/03/2014 SA Level 3 National Age Group Champs

Individual Top Times

Times since: 01-May-13

Times until: 30-Apr-14

Number of Top Times: All

Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
46	2:23.41 L	F	Jodi Turner	16	ESP ES	05/12/2013	EGA Championships Dec 2013
47	2:23.47 L	P	Nicole Robertson	16	TUKS! NT	09/07/2013	SPEEDO PRESTIGE 2013
48	2:23.48 L	P	Sally Tarr	16	WATR CG	05/12/2013	CGA Open Champs
49	2:24.28 L	F	Catherine Sainsbury	16	WSTV KZ	18/10/2013	KZN ACTION SWIM CHAMPIONSHIPS
50	2:24.29 L	F	Chante` Robinson	16	FAAC NC	18/10/2013	Otters Prestige Gala
51	2:24.51 L	P	Anél De Vos	16	TUKS LP	06/12/2013	NTS Championships 2013
52	2:24.59 L	F	Helen Taylor	16	AZON KZ	23/08/2013	KZN Beavers Winter LongCourse
53	2:24.64 L	P	Carla Nel	16	TUKS NT	06/12/2013	NTS Championships 2013
54	2:24.69 L	P	Joselyn Brazer	16	WATR CG	20/03/2014	SA Level 2 Regional Age Group Champs
55	2:24.71 L	F	Siph'esihle Hadebe	16	TUKS NT	11/10/2013	NTS Oct 2013 Age Group Level 3+
56	2:24.97 L	F	Tyla Bassani	16	BARS CG	02/11/2013	CGA Level 2-3 gala No 3
57	2:25.11 L	F	Jana Minnie	16	VINE WP	12/10/2013	WP Second Skins Senior League 5
58	2:25.25 L	P	Kristen Jordan	16	HARL BO	20/03/2014	SA Level 2 Regional Age Group Champs
59	2:25.29 L	F	Jayne-Sue Vermaas	16	KOVS FS	20/01/2014	Free State Championships 2014
60	2:25.60 L	P	Kirsty Maritz	16	BOKS ES	20/03/2014	SA Level 2 Regional Age Group Champs
61*	2:26.00 L	F	Sarah Jennings	16	HASC CG	22/02/2014	CGA Level 2 Champs 2014
61*	2:26.00 L	P	Cassidy Stockigt	16	FLOD CG	09/07/2013	SPEEDO PRESTIGE 2013
63	2:26.78 L	F	Madri Bester	16	STELL NW	14/02/2014	NW Schools Swimming Championships
64	2:27.50 L	F	Sumari Coetzee	16	TUKS NT	13/09/2013	NTS Sept 2013 Combined Age Group
65	2:27.51 L	P	Lee-Ann Becker	16	MATI WP	06/12/2013	WP Championships 2013
66	2:27.63 L	F	Paola Schildhauer	16	DDA NT	28/03/2014	SA Level 1 Regional Age Group Champs
67	2:27.69 L	F	Danielle Jordaan	16	HILL NT	07/02/2014	NTS February 2014 Age Group Level
68	2:28.22 L	P	Laura Berzen	16	WATR CG	05/12/2013	CGA Open Champs
69	2:28.24 L	P	Mignon Swanepoel	16	TUKS NT	06/12/2013	NTS Championships 2013
70	2:28.51 L	F	Ilne Cilliers	16	BLOT FS	20/01/2014	Free State Championships 2014
71	2:28.79 L	F	Tyla Fleischer	16	OLDE CG	02/11/2013	CGA Level 2-3 gala No 3
72	2:28.88 L	F	Mareli Joubert	16	TUKS NT	14/02/2014	NTS February Age Group Level 2+3
73	2:28.98 L	F	Annelize Mentz	16	EAGA LP	22/11/2013	Limpopo Champs 22-24 November 2013
74	2:29.20 L	F	Gita Pera	16	VINE WP	12/10/2013	WP Second Skins Senior League 5
75	2:29.21 L	P	Kayla Campbell	16	BARS CG	20/03/2014	SA Level 2 Regional Age Group Champs
76	2:29.28 L	F	Dante Engelbrecht	16	UNI MP	29/11/2013	Mpumalanga Championships 2013
77	2:29.42 L	F	Marichen Viviers	16	FLOD CG	22/02/2014	CGA Level 2 Champs 2014
78	2:29.71 L	F	Natalie Billson	16	PEAS EP	21/06/2013	PEA Winter Gala 2013
79	2:29.75 L	P	Jessica Grose	16	STAD CG	05/12/2013	EGA Championships Dec 2013
80	2:29.92 L	F	Inge Lombard	16	TUKS NT	13/09/2013	NTS Sept 2013 Combined Age Group
81	2:30.23 L	F	Gabriella Nutter	16	MDOL CG	05/10/2013	CGA Level 2-3 Gala N0 2 2013
82	2:31.60 L	F	Kirstene Grant	16	USH NN	05/10/2013	N-KZN ZULULAND AGE GROUP
83	2:32.43 L	P	Lauren Barnes	16	BENS ES	05/12/2013	EGA Championships Dec 2013
84	2:32.58 L	F	Julia Trummer	16	DORE CG	25/01/2014	EGA Summer 4
85	2:32.60 L	F	Marleni Kisten	16	BEAV KZ	23/08/2013	KZN Beavers Winter LongCourse
86	2:32.93 L	F	Emma Parsons	16	STPS KZ	18/10/2013	KZN ACTION SWIM CHAMPIONSHIPS
87	2:33.08 L	F	Danielle Dirksen	16	VINE WP	14/09/2013	WP Second Skins Senior League 4
88	2:33.32 L	F	Toshka Muller	16	WEST WP	08/02/2014	WP Second Skins Senior League 7
89	2:33.66 L	F	Caitlin Thoresson	16	TWSA EP	28/03/2014	SA Level 1 Regional Age Group Champs
90	2:33.83 L	P	Kirah Jackson	16	SASE CG	05/12/2013	CGA Open Champs
91*	2:33.87 L	F	Caitlyn Boake	16	UNIQ CG	02/11/2013	CGA Level 2-3 gala No 3
91*	2:33.87 L	F	Hanti Brits	16	BLSS FS	20/01/2014	Free State Championships 2014
93	2:34.00 L	P	Jessica Burgess	16	ESP ES	05/12/2013	EGA Championships Dec 2013
94	2:34.11 L	F	Melanie Badenhorst	16	KALA NC	08/01/2014	Nocasa Champs 2014
95	2:34.55 L	F	Leatitia Human	16	FAAC NC	08/01/2014	Nocasa Champs 2014
96	2:34.76 L	F	Gretchen Durr	16	VINE WP	01/11/2013	32nd Freda Barnard Invitational Gala
97	2:34.78 L	F	Sandy De Gouveia	16	SGUL KZ	10/08/2013	KZN Age Group 3
98	2:34.98 L	F	Robyn Du Toit	16	TUKS NT	13/09/2013	NTS Sept 2013 Combined Age Group
99	2:35.07 L	P	Nienke Pretorius	16	BLOT FS	13/03/2014	SA Level 3 National Age Group Champs
100	2:35.17 L	F	Vaishnavi Naidoo	16	BEAV KZ	15/02/2014	KZN Level 1 Provincial Championships
101	2:35.20 L	P	Meghan Bartie	16	SOUL ES	05/12/2013	EGA Championships Dec 2013
102	2:35.32 L	F	Sabrina De Gois	16	TYGE WP	31/01/2014	WP Jack Currie Championships
103	2:35.54 L	F	Jana De Bruin	16	SGUL KZ	10/08/2013	KZN Age Group 3
104	2:35.56 L	F	Faatima Adam	16	ATLA CG	18/01/2014	CGA Level 1 Gala No 4 2014

Individual Top Times

Times since: 01-May-13 **Times until: 30-Apr-14**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
105	2:35.68	L	F	Marichen Herholdt	16	FISH SW	01/11/2013 32nd Freda Barnard Invitational Gala
106	2:35.74	L	F	Cassidy Muller	16	LAD NN	06/12/2013 N-KZN LONG COURSE
107	2:35.94	L	F	Ellen Van Niekerk	16	WELL WP	12/10/2013 WP Second Skins Senior League 5
108	2:36.35	L	F	Michaela Peinke	16	USC BO	24/01/2014 BO-January Age Group Gala 2014
109	2:36.65	L	F	Micaela Gowar	16	AQUB EP	28/02/2014 BO-2nd February Age Group Gala 2014
110	2:37.02	L	F	Michlene Pedro	16	BOKS ES	22/02/2014 CGA Level 2 Champs 2014
111	2:37.78	L	P	Jessica Wessels	16	SOUL ES	28/03/2014 SA Level 1 Regional Age Group Champs
112	2:38.02	L	F	Renette Coetzee	16	BARR WP	08/02/2014 WP Second Skins Senior League 7
113	2:38.24	L	F	Melanie Van Biljon	16	FISH SW	30/11/2013 SWD LC CHAMPS
114	2:38.46	L	F	Kayla-Marie Kruger	16	CSC NT	12/10/2013 NTS Oct 2013 Agr Group Level 2
115	2:38.68	L	F	Carmen du Plessis	16	HARB NW	14/02/2014 NW Schools Swimming Championships
116	2:38.71	L	F	Erin Anthony	16	SAA WP	12/10/2013 WP Second Skins Senior League 5
117	2:38.93	L	F	Robyn-Leigh Jones	16	SWIFT ES	22/11/2013 EGA League C 2013
118	2:39.13	L	F	Leoné Koekemoer	16	KDOR NW	18/01/2014 NWS Age Group 4 1314
119	2:40.35	L	F	Ingrid Benn	16	DDA NT	07/02/2014 NTS February 2014 Age Group Level
120	2:41.98	L	F	Suzanne Engelbrecht	16	HARB NW	06/12/2013 NWS Championships 2013/2014
121	2:42.32	L	F	Jacqueline Piso	16	FINS MP	04/10/2013 MP Age Group 1 - 2013
122	2:43.86	L	F	Suzani van der Merwe	16	BLSS FS	20/01/2014 Free State Championships 2014
123	2:45.68	L	F	Keri-Lee Carstens	16	ELEC CG	18/01/2014 CGA Level 1 Gala No 4 2014
124	2:45.71	L	F	Geena Hendricks	16	UWCA WP	14/09/2013 WP Second Skins Senior League 4
125	2:45.96	L	F	Anzell Fourie	16	KALA NC	08/11/2013 NOCASA Age Group 2 Kathu
126	2:46.68	L	F	Marlene Reyneke	16	UPTS NC	08/11/2013 NOCASA Age Group 2 Kathu
127	2:47.30	L	F	Ami Lawrence	16	UWCA WP	17/08/2013 WP Senior League 3
128	2:47.49	L	P	Hannah Livingstone	16	USH NN	28/03/2014 SA Level 1 Regional Age Group Champs
129	2:48.15	L	F	Simone Stoltz	16	FAAC NC	08/11/2013 NOCASA Age Group 2 Kimberley
130	2:49.30	L	F	Ashley Reimers	16	VRY NN	06/12/2013 N-KZN LONG COURSE
131	2:49.62	L	F	Zandalee Bezuidenhout	16	LINR CG	18/01/2014 CGA Level 1 Gala No 4 2014
132	2:49.96	L	P	Tiffany vd Merwe	16	TUKS NT	28/03/2014 SA Level 1 Regional Age Group Champs
133	2:50.30	L	P	Jessica Samuel	16	BOKS ES	05/12/2013 EGA Championships Dec 2013
134	2:52.06	L	F	Veronique Kock	16	PAQU WP	17/08/2013 WP Senior League 3
135	2:52.10	L	F	Dalizhia Horn	16	NWUC NW	06/12/2013 NWS Championships 2013/2014
136	2:52.63	L	F	Monique-Marzaney Hilbig	16	QUEST NT	13/09/2013 NTS Sept 2013 Combined Age Group
137	2:54.07	L	F	Elzanie Pietersen	16	WDG MP	01/02/2014 Valencia Summer Gala - Feb 2014
138	2:54.93	L	P	Jacqueline Hall	16	PSC NT	09/07/2013 SPEEDO PRESTIGE 2013
139	2:55.81	L	F	Denika Petzer	16	KFSC BO	28/02/2014 BO-2nd February Age Group Gala 2014
140	2:56.30	L	F	Khanya Jack	16	AQUA BO	24/01/2014 BO-January Age Group Gala 2014
141	2:57.24	L	F	Sarah Harris	16	QUIC WP	12/10/2013 WP Second Skins Senior League 5
142	2:57.82	L	F	Lusca Koch	16	VINE WP	01/11/2013 32nd Freda Barnard Invitational Gala
143	2:58.94	L	F	Jessica Gouveia	16	PER CG	18/01/2014 CGA Level 1 Gala No 4 2014
144	3:02.91	L	F	Danelle Van Wyk	16	VALS NF	16/11/2013 Valsrivier League Gala 3
145	3:12.25	L	F	Zaakirah Hassan	16	ATLA CG	18/01/2014 CGA Level 1 Gala No 4 2014
146	3:13.30	L	F	Jeanne-Ami Steenkamp	16	GHSK NC	08/11/2013 NOCASA Age Group 2 Kimberley
147	3:29.92	L	F	Rumaanah Ayob	16	ATLA CG	18/01/2014 CGA Level 1 Gala No 4 2014
148	3:37.58	L	F	Keletso Malebe	16	TUKS NT	29/11/2013 2013 The Tshwane Mayoral Gala
149	3:42.07	L	F	Wandile Nyathi	16	SOWE CG	18/01/2014 CGA Level 1 Gala No 4 2014
Women 16 - 16 400 Free							
1	4:21.39	L	F	Marlies Ross	16	TUKS NT	13/03/2014 SA Level 3 National Age Group Champs
2	4:26.76	L	F	Carmen Le Roux	16	ACSA KZ	10/12/2013 KZN PREMIER CHAMPS 2013
3*	4:27.23	L	F	Sasha-Lee Nordengen	16	KZNA KZ	07/04/2014 Sa National Aquatic Championship 2014
3*	4:27.23	L	F	Megan Van Wyk	16	SGUL KZ	13/03/2014 SA Level 3 National Age Group Champs
5	4:30.14	L	F	Kristin Bellingan	16	WPA WP	07/04/2014 Sa National Aquatic Championship 2014
6	4:35.15	L	F	Alison Basel	16	WATR CG	13/03/2014 SA Level 3 National Age Group Champs
7	4:35.60	L	F	Siph'esihle Hadebe	16	TUKS NT	14/02/2014 NTS February Age Group Level 2+3
8	4:35.84	L	F	Demi Lopes	16	TUKS NT	13/03/2014 SA Level 3 National Age Group Champs
9	4:40.61	L	F	Eune Odendaal	16	PSC NT	13/03/2014 SA Level 3 National Age Group Champs
10	4:41.88	L	F	Emily Visagie	16	SEAL KZ	01/02/2014 KZN Age Group 8
11	4:42.10	L	P	Kerry Hunter	16	SEAL KZ	09/07/2013 SPEEDO PRESTIGE 2013
12	4:42.98	L	F	Camryn Wheals	16	TUKS NT	06/12/2013 NTS Championships 2013
13	4:43.39	L	P	Tatjana Schoenmaker	16	RSA	28/11/2013 10th Africa Junior Swimming

Individual Top Times

Times since: 01-May-13 **Times until: 30-Apr-14**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
14	4:43.80	L	F	Lisa Fourie	16	TYGE WP	06/12/2013 WP Championships 2013
15	4:44.92	L	F	Celesté Vermeulen	16	EAGA LP	13/03/2014 SA Level 3 National Age Group Champs
16	4:45.12	L	P	Roh-Anne Coetzee	16	STAD CG	05/12/2013 CGA Open Champs
17	4:46.61	L	F	Justine Jagga	16	CADO WP	06/12/2013 WP Championships 2013
18	4:47.46	L	F	Rachel Stevenson	16	ALSC CG	13/03/2014 SA Level 3 National Age Group Champs
19	4:47.52	L	F	Caitlin Crow	16	HASC CG	13/03/2014 SA Level 3 National Age Group Champs
20	4:52.46	L	F	Mikal Botha	16	TUKS NT	06/12/2013 NTS Championships 2013
21	4:53.18	L	F	Nadia Blaauw	16	NWUC NW	20/03/2014 SA Level 2 Regional Age Group Champs
22	4:54.41	L	F	Tove Van Zyl	16	TUKS NT	06/12/2013 NTS Championships 2013
23	4:54.78	L	F	Caitlin Sleet	16	MATI WP	20/03/2014 SA Level 2 Regional Age Group Champs
24	4:55.09	L	F	Emma Beavon	16	WATR CG	20/03/2014 SA Level 2 Regional Age Group Champs
25	4:55.19	L	F	Tessa Gough	16	ELEC CG	02/11/2013 CGA Level 2-3 gala No 3
26	4:55.71	L	F	Monica Boje	16	TYGE WP	26/10/2013 WP IM Gala
27	4:57.00	L	F	Lara Edward	16	ACSA KZ	18/10/2013 KZN ACTION SWIM CHAMPIONSHIPS
28	4:57.71	L	F	Antache Reyneke	16	NWUC NW	14/02/2014 NW Schools Swimming Championships
29	4:58.13	L	F	Nicole Robertson	16	TUKS NT	13/09/2013 NTS Sept 2013 Combined Age Group
30	4:58.70	L	F	Anél De Vos	16	TUKS LP	22/11/2013 Limpopo Champs 22-24 November 2013
31	4:59.28	L	F	Gabriella Bertone	16	STAD CG	20/03/2014 SA Level 2 Regional Age Group Champs
32	5:00.28	L	F	Shukrallah Honiball	16	TUKS LP	18/01/2014 Limpopo Age Group 18 January 2014
33	5:00.87	L	F	Amé Kleynhans	16	TUKS NT	13/09/2013 NTS Sept 2013 Combined Age Group
34	5:01.24	L	F	Jamie-Lee Engelke	16	PEAS EP	16/11/2013 EPA 4th A League Gala
35	5:01.67	L	F	Eliz-Maric Cronje	16	POTC NW	06/12/2013 NWS Championships 2013/2014
36	5:02.05	L	F	Caylin du Plessis	16	KDOR NW	05/10/2013 NWS Age Group 1
37	5:02.33	L	F	Chelsea Mills	16	CADO WP	20/03/2014 SA Level 2 Regional Age Group Champs
38	5:03.19	L	F	Chante` Robinson	16	FAAC NC	08/11/2013 NOCASA Age Group 2 Kimberley
39	5:04.14	L	F	Bathandwa Dyantyi	16	AQUA BO	13/03/2014 SA Level 3 National Age Group Champs
40	5:06.96	L	F	Khanya Jack	16	AQUA BO	20/03/2014 SA Level 2 Regional Age Group Champs
41	5:07.69	L	F	Nepo Ntsono	16	PEAS EP	01/11/2013 32nd Freda Barnard Invitational Gala
42*	5:08.99	L	F	Jodi Turner	16	ESP ES	20/03/2014 SA Level 2 Regional Age Group Champs
42*	5:08.99	L	F	Ashleigh Fitzgerald	16	WATR CG	22/02/2014 CGA Level 2 Champs 2014
44*	5:09.12	L	F	Sarah Jennings	16	HASC CG	20/03/2014 SA Level 2 Regional Age Group Champs
44*	5:09.12	L	F	Tyla Bassani	16	BARS CG	20/03/2014 SA Level 2 Regional Age Group Champs
46	5:09.55	L	F	Sally Tarr	16	WATR CG	20/03/2014 SA Level 2 Regional Age Group Champs
47	5:09.92	L	F	Jayne-Sue Vermaas	16	KOVFS FS	20/01/2014 Free State Championships 2014
48	5:11.59	L	F	Catherine Sainsbury	16	WSTV KZ	15/11/2013 KZN TYR Westville Sprints Champs
49	5:13.62	L	F	Caila Davids	16	BARS CG	05/10/2013 CGA Level 2-3 Gala N0 2 2013
50	5:13.99	L	F	Suzette Steenkamp	16	UPTS NC	08/01/2014 Nocasa Champs 2014
51	5:14.14	L	F	Jana Minnie	16	VINE WP	14/09/2013 WP Second Skins Senior League 4
52	5:14.63	L	F	Jo-Mari Kleinhans	16	MATI WP	08/02/2014 WP Second Skins Senior League 7
53	5:15.18	L	F	Carla Nel	16	TUKS NT	06/12/2013 NTS Championships 2013
54	5:15.24	L	F	Gita Pera	16	VINE WP	26/10/2013 WP IM Gala
55	5:16.43	L	F	Kayla Campbell	16	BARS CG	22/02/2014 CGA Level 2 Champs 2014
56	5:18.33	L	F	Jacoba Fourie	16	NWUC NW	14/02/2014 NW Schools Swimming Championships
57	5:18.40	L	F	Lemay van Rensburg	16	HREF NW	14/02/2014 NW Schools Swimming Championships
58	5:19.55	L	F	Inge Lombard	16	TUKS NT	13/09/2013 NTS Sept 2013 Combined Age Group
59	5:21.92	L	F	Jessica Burgess	16	ESP ES	05/12/2013 EGA Championships Dec 2013
60	5:22.52	L	F	Lauren Barnes	16	BENS ES	05/12/2013 EGA Championships Dec 2013
61	5:26.28	L	F	Kirstene Grant	16	USH NN	10/01/2014 Ushaka Championship Gala
62	5:26.64	L	F	Danielle Jordaan	16	HILL NT	13/09/2013 NTS Sept 2013 Combined Age Group
63	5:27.25	L	F	Marleni Kisten	16	BEAV KZ	23/08/2013 KZN Beavers Winter LongCourse
64	5:27.72	L	F	Sandy De Gouveia	16	SGUL KZ	29/06/2013 KZN Age Group 1
65	5:27.87	L	F	Esre van Zyl	16	RBOT NW	14/02/2014 NW Schools Swimming Championships
66	5:29.51	L	F	Sabrina De Gois	16	TYGE WP	31/01/2014 WP Jack Currie Championships
67	5:29.66	L	F	Cassidy Muller	16	LAD NN	06/12/2013 N-KZN LONG COURSE
68	5:29.98	L	F	Kirsty Maritz	16	BOKS ES	16/02/2014 EGA Summer 5 Gala
69	5:30.02	L	F	Erin Anthony	16	SAA WP	31/01/2014 WP Jack Currie Championships
70	5:31.31	L	F	Melanie Badenhorst	16	NWS NW	25/01/2014 4 + 1 Inter Provincial Gala Kimberley
71	5:32.51	L	F	Danielle Dirksen	16	GREY WP	26/10/2013 WP IM Gala
72	5:32.58	L	F	Paola Schildhauer	16	DDA NT	14/02/2014 NTS February Age Group Level 2+3

Individual Top Times

Times since: 01-May-13 **Times until: 30-Apr-14**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr				
73	5:32.92 L	F	Marichen Viviers	16	FLOD CG	05/12/2013	EGA Championships Dec 2013	
74	5:33.18 L	F	Marichen Herholdt	16	FISH SW	30/11/2013	SWD LC CHAMPS	
75	5:34.38 L	P	Joselyn Brazier	16	WATR CG	05/12/2013	CGA Open Champs	
76	5:35.45 L	F	Geena Hendricks	16	UWCA WP	31/01/2014	WP Jack Currie Championships	
77	5:35.72 L	F	Leoné Koekemoer	16	KDOR NW	05/10/2013	NWS Age Group 1	
78	5:36.51 L	F	Robyn-Leigh Jones	16	SWIFT ES	05/12/2013	EGA Championships Dec 2013	
79	5:37.33 L	F	Leatitia Human	16	FAAC NC	08/11/2013	NOCASA Age Group 2 Kimberley	
80	5:37.93 L	F	Faatima Adam	16	ATLA CG	05/10/2013	CGA Level 2-3 Gala N0 2 2013	
81	5:38.01 L	F	Jessica Grose	16	STAD CG	22/02/2014	CGA Level 2 Champs 2014	
82	5:38.11 L	F	Vaishnavi Naidoo	16	BEAV KZ	23/08/2013	KZN Beavers Winter LongCourse	
83	5:39.36 L	F	Kay-Lynn McLean	16	BARR WP	14/09/2013	WP Second Skins Senior League 4	
84	5:39.90 L	F	Meghan Bartie	16	SOUL ES	05/12/2013	EGA Championships Dec 2013	
85	5:40.09 L	F	Jessica Wessels	16	SOUL ES	05/12/2013	EGA Championships Dec 2013	
86	5:40.48 L	F	Hanti Brits	16	BLSS FS	20/01/2014	Free State Championships 2014	
87	5:42.55 L	F	Robyn Du Toit	16	TUKS NT	29/11/2013	2013 The Tshwane Mayoral Gala	
88	5:50.10 L	F	Liandi Pienaar	16	PENG LP	22/11/2013	Limpopo Champs 22-24 November 2013	
89	5:50.37 L	F	Micaela Gowar	16	AQUB EP	08/02/2014	Uitenhage Swimming Club Gala 2014	
90	5:52.48 L	F	Suzanne Engelbrecht	16	HARB NW	06/12/2013	NWS Championships 2013/2014	
91	5:52.83 L	F	Crystal Smith	16	DYNA NT	13/09/2013	NTS Sept 2013 Combined Age Group	
92	5:53.40 L	P	Carmen du Plessis	16	HARB NW	09/07/2013	SPEEDO PRESTIGE 2013	
93	5:56.96 L	F	Mariza Odendal	16	BLNE FS	23/11/2013	Neptune Aquatics Open Gala	
94	5:58.46 L	F	Melanie Van Biljon	16	FISH SW	11/01/2014	SWD 4th A League Gala	
95	5:58.50 L	F	Marlene Reyneke	16	UPTS NC	08/11/2013	NOCASA Age Group 2 Kathu	
96	5:59.63 L	F	Anzell Fourie	16	KALA NC	08/11/2013	NOCASA Age Group 2 Kathu	
97	5:59.72 L	F	Chantel Kalil	16	KOVFS FS	14/02/2014	Kovsie League Gala 7	
98	6:00.35 L	F	Ami Lawrence	16	UWCA WP	17/08/2013	WP Senior League 3	
99	6:07.12 L	F	Veronique Kock	16	PAQU WP	14/09/2013	WP Second Skins Senior League 4	
100	6:14.65 L	F	Dalizhia Horn	16	NWUC NW	06/12/2013	NWS Championships 2013/2014	
101	6:16.38 L	F	Monique-Marzaney Hilbig	16	QUEST NT	19/10/2013	EGA Summer 2_19Oct 2013	
102	6:31.16 L	F	Elzanie Pietersen	16	WDG MP	01/11/2013	MP AGE GROUP 2 - 2013	
Women 16 - 16 800 Free								
1	8:57.01 L	F	Carmen Le Roux	16	ACSA KZ	01/03/2014	The 2014 KZNA International Invitation	
2	9:08.28 L	F	Marlies Ross	16	TUKS NT	13/03/2014	SA Level 3 National Age Group Champs	
3	9:08.66 L	F	Megan Van Wyk	16	SGUL KZ	13/03/2014	SA Level 3 National Age Group Champs	
4	9:19.23 L	F	Sasha-Lee Nordengen	16	KZNA KZ	07/04/2014	Sa National Aquatic Championship 2014	
5	9:29.32 L	F	Kristin Bellingan	16	CYBE WP	13/03/2014	SA Level 3 National Age Group Champs	
6	9:41.80 L	F	Kerry Hunter	16	SEAL KZ	09/07/2013	SPEEDO PRESTIGE 2013	
7	9:46.99 L	F	Roh-Anne Coetzee	16	STAD CG	05/12/2013	CGA Open Champs	
8	10:02.03 L	F	Lisa Fourie	16	TYGE WP	09/11/2013	WP Second Skins Senior League 6	
9	10:12.29 L	F	Justine Jagga	16	CADO WP	12/10/2013	WP Second Skins Senior League 5	
10	10:17.42 L	F	Emma Beavon	16	WATR CG	05/12/2013	CGA Open Champs	
11	10:18.35 L	F	Nicole Robertson	16	TUKS NT	06/12/2013	NTS Championships 2013	
12	10:19.82 L	F	Eliz-Maric Cronje	16	POTC NW	23/11/2013	NWS Age Group 3 2013/2014	
13	10:21.55 L	F	Nadia Blaauw	16	NWUC NW	23/11/2013	NWS Age Group 3 2013/2014	
14	10:21.76 L	F	Celesté Vermeulen	16	PSA LP	24/06/2013	Sasol National Winter Championships	
15	10:25.09 L	F	Anél De Vos	16	TUKS LP	06/12/2013	NTS Championships 2013	
16	10:32.49 L	F	Chante` Robinson	16	FAAC NC	23/11/2013	NOCASA Age Group 3 Kimberley 2013	
17	10:39.27 L	F	Bathandwa Dyantyi	16	AQUA BO	24/01/2014	BO-January Age Group Gala 2014	
18	10:52.39 L	F	Sally Tarr	16	WATR CG	09/11/2013	EGA Summer 3	
19	10:53.81 L	F	Ilne Cilliers	16	BLOT FS	20/01/2014	Free State Championships 2014	
20	11:01.06 L	F	Caylin du Plessis	16	KDOR NW	06/12/2013	NWS Championships 2013/2014	
21	11:01.22 L	F	Suezette Steenkamp	16	UPTS NC	08/01/2014	Nocasa Champs 2014	
22	11:03.90 L	F	Lauren Barnes	16	BENS ES	05/12/2013	EGA Championships Dec 2013	
23	11:07.31 L	F	Jayne-Sue Vermaas	16	KOVFS FS	20/01/2014	Free State Championships 2014	
24	11:09.00 L	F	Kirstene Grant	16	USH NN	09/11/2013	N-KZN ZULULAND NOVEMBER AGE	
25	11:14.31 L	F	Jodi Turner	16	ESP ES	24/06/2013	Sasol National Winter Championships	
26	11:14.90 L	F	Annelize Mentz	16	PSA LP	24/06/2013	Sasol National Winter Championships	
27	11:30.79 L	F	Paola Schildhauer	16	DDA NT	13/09/2013	NTS Sept 2013 Combined Age Group	
28	11:43.36 L	F	Cassidy Muller	16	LAD NN	06/12/2013	N-KZN LONG COURSE	

Individual Top Times

Times since: 01-May-13 **Times until: 30-Apr-14**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
29	11:47.74	L	F	Leatitia Human	16	FAAC NC	08/01/2014 Nocasa Champs 2014
30	12:00.03	L	F	Micaela Gowar	16	AQUB EP	11/01/2014 EP 5th A League Gala
31	12:01.01	L	F	Melanie Badenhorst	16	KALA NC	08/01/2014 Nocasa Champs 2014
32	12:04.12	L	F	Crystal Smith	16	DYNA NT	13/09/2013 NTS Sept 2013 Combined Age Group
33	12:14.87	L	F	Suzanne Engelbrecht	16	HARB NW	06/12/2013 NWS Championships 2013/2014
34	12:15.62	L	F	Hanti Brits	16	BLSS FS	20/01/2014 Free State Championships 2014
35	12:20.02	L	F	Carmen du Plessis	16	HARB NW	09/07/2013 SPEEDO PRESTIGE 2013
36	12:42.26	L	F	Marlene Reyneke	16	UPTS NC	23/11/2013 NOCASA Age Group 3 Upington 2013
37	12:43.22	L	F	Ami Lawrence	16	UWCA WP	17/08/2013 WP Senior League 3
38	12:49.38	L	F	Jacqueline Piso	16	FINS MP	04/10/2013 MP Age Group 1 - 2013
39	12:53.36	L	F	Hannah Livingstone	16	USH NN	06/12/2013 N-KZN LONG COURSE
Women 16 - 16 1000 Free							
1	13:26.56	L	O	Kristin Bellingan	16	CYBE WP	19/01/2014 WP Open Water Challenge 3
2	14:57.14	L	O	Justine Jagga	16	CADO WP	02/11/2013 WP Open Water Challenge 1 2013
3	15:16.39	L	O	Chelsea Mills	16	CADO WP	30/11/2013 WP Open Water Challenge 2 2013
4	16:05.89	L	O	Sabrina De Gois	16	TYGE WP	02/11/2013 WP Open Water Challenge 1 2013
5	17:25.21	L	O	Ami Lawrence	16	UWCA WP	19/01/2014 WP Open Water Challenge 3
Women 16 - 16 1500 Free							
1	17:08.26	L	F	Carmen Le Roux	16	ACSA KZ	10/12/2013 KZN PREMIER CHAMPS 2013
2	17:45.91	L	F	Sasha-Lee Nordengen	16	KZNA KZ	07/04/2014 Sa National Aquatic Championship 2014
3	17:55.13	L	F	Megan Van Wyk	16	SGUL KZ	09/11/2013 KZN Age Group 6
4	18:35.15	L	F	Kristin Bellingan	16	CYBE WP	06/12/2013 WP Championships 2013
5	19:03.99	L	P	Kerry Hunter	16	KZNA KZ	07/04/2014 Sa National Aquatic Championship 2014
6	20:01.23	L	F	Eliz-Maric Cronje	16	POTC NW	06/12/2013 NWS Championships 2013/2014
7	20:02.69	L	F	Nadia Blaauw	16	NWUC NW	06/12/2013 NWS Championships 2013/2014
8	20:27.16	L	F	Ilne Cilliers	16	BLOT FS	20/01/2014 Free State Championships 2014
9	20:34.56	L	F	Cassidy Muller	16	LAD NN	06/12/2013 N-KZN LONG COURSE
10	20:41.66	L	F	Jayne-Sue Vermaas	16	KOVFS FS	20/01/2014 Free State Championships 2014
11	21:03.81	L	F	Chante` Robinson	16	FAAC NC	17/01/2014 Nocasa Age Group 4 2014 Kimberley
12	21:24.08	L	F	Annelize Mentz	16	PSA LP	24/06/2013 Sasol National Winter Championships
13	21:24.10	L	F	Suzette Steenkamp	16	UPTS NC	08/01/2014 Nocasa Champs 2014
14	21:28.80	L	F	Sally Tarr	16	WATR CG	05/12/2013 CGA Open Champs
15	21:35.54	L	F	Irene Marangellis	16	BLOT FS	26/10/2013 Supersport Seals Gala
16	22:42.85	L	F	Leatitia Human	16	FAAC NC	08/01/2014 Nocasa Champs 2014
17	23:42.87	L	F	Marlene Reyneke	16	UPTS NC	23/11/2013 NOCASA Age Group 3 Upington 2013
18	23:54.16	L	F	Simone Stoltz	16	FAAC NC	23/11/2013 NOCASA Age Group 3 Kimberley 2013
19	24:17.11	L	F	Ami Lawrence	16	UWCA WP	17/08/2013 WP Senior League 3
Women 16 - 16 3000 Free							
1	41.23	L	F	Anél De Vos	16	TUKS LP	26/10/2013 Sun City OWS
2	43.25	L	O	Dulce Brand	16	CGA CG	25/01/2014 Gauteng Open Water Championships
3	43.56	L	F	Cassidy Muller	16	LAD NN	01/01/2014 Capital K
4	44.04	L	O	Jessica Burgess	16	EGA ES	25/01/2014 Gauteng Open Water Championships
5	49.34	L	O	Crystal Smith	16	NTS NT	25/01/2014 Gauteng Open Water Championships
6	52.04	L	O	Mia Bam	16	CGA CG	25/01/2014 Gauteng Open Water Championships
7	33:19.00	L	O	Sasha-Lee Nordengen	16	ACSA KZ	23/11/2013 Capital K 10km
8	36:18.00	L	O	Carmen Le Roux	16	ACSA KZ	16/11/2013 LAKE ELAND MILE 2013
9	37:55.00	L	O	Megan Van Wyk	16	SGUL KZ	16/11/2013 LAKE ELAND MILE 2013
10	40:15.00	L	O	Kristin Bellingan	16	WPA WP	10/02/2014 Sa National Aquatic Championship
11	41:48.00	L	F	Siph'esihle Hadebe	16	TUKS NT	18/01/2014 Heia Safari Swim 18 January 2014
12	41:57.00	L	O	Justine Jagga	16	WPA WP	10/02/2014 Sa National Aquatic Championship
13	42:08.47	L	O	Nepo Ntsono	16	PEAS EP	02/02/2014 Metsi EPA Open Water EP Champs
14	42:41.00	L	O	Jamie-Lee Engelke	16	PEAS EP	24/11/2013 Metsi EPA Open Water Series round 2
15	43:26.00	L	O	Jayne-Sue Vermaas	16	KOVFS FS	19/01/2014 Free State Open water Champs
16	43:33.00	L	O	Kirsty Maritz	16	BOKS ES	12/01/2014 Nature Valley Ebotse Swim
17	43:35.00	L	O	Ilne Cilliers	16	BLOT FS	19/01/2014 Free State Open water Champs
18	45:00.00	L	F	Bathandwa Dyantyi	16	AQUA BO	29/10/2013 Open Water Swim Jeffreys Bay
19	45:32.00	L	O	Khanya Jack	16	BORD BO	10/02/2014 Sa National Aquatic Championship
20	46:06.00	L	O	Jodi Turner	16	EGA ES	10/02/2014 Sa National Aquatic Championship

Individual Top Times

Times since: 01-May-13 Times until: 30-Apr-14
 Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
21	46:12.00 L	O	Gita Pera	16	WPA WP	10/02/2014	Sa National Aquatic Championship
22	46:42.00 L	O	Marichen Viviers	16	CGA CG	10/02/2014	Sa National Aquatic Championship
23	47:05.42 L	O	Chelsea Van Rensburg	16	TYGE WP	30/11/2013	WP Open Water Challenge 2 2013
24	49:42.23 L	O	Sabrina De Gois	16	TYGE WP	19/01/2014	WP Open Water Challenge 3
25	53:30.07 L	O	Geena Hendricks	16	UWCA WP	30/11/2013	WP Open Water Challenge 2 2013
Women 16 - 16 5000 Free							
1	1:14.30 L	F	Anél De Vos	16	TUKS LP	09/11/2013	Benoni OWS
2	1:23.08 L	F	Cassidy Muller	16	LAD NN	01/01/2014	Capital K
3	1:02:35.00 L	O	Sasha-Lee Nordengen	16	ACSA KZ	23/11/2013	Capital K 10km
4	1:03:21.00 L	O	Carmen Le Roux	16	KZNA KZ	10/02/2014	Sa National Aquatic Championship
5	1:04:37.00 L	O	Megan Van Wyk	16	KZNA KZ	10/02/2014	Sa National Aquatic Championship
6	1:07:41.00 L	O	Kristin Bellingan	16	WPA WP	10/02/2014	Sa National Aquatic Championship
7	1:10:34.00 L	O	Siph'esihle Hadebe	16	NTS NT	10/02/2014	Sa National Aquatic Championship
8	1:10:41.00 L	O	Justine Jagga	16	WPA WP	10/02/2014	Sa National Aquatic Championship
9	1:12:24.00 L	O	Nepo Ntsono	16	PEAS EP	24/11/2013	Metsi EPA Open Water Series round 2
10	1:12:40.00 L	O	Lara Edward	16	KZNA KZ	10/02/2014	Sa National Aquatic Championship
11	1:13:34.00 L	O	Bathandwa Dyantyi	16	AQUA BO	19/01/2014	Metsi EPA Open Water Series round 3
12	1:13:39.00 L	O	Khanya Jack	16	AQUA BO	19/01/2014	Metsi EPA Open Water Series round 3
13	1:30:14.13 L	O	Geena Hendricks	16	UWCA WP	19/01/2014	WP Open Water Challenge 3
14	1:33:14.00 L	F	Crystal Smith	16	DYNA NT	30/11/2013	Heia Safarie Swim 30 Nov 2013
Women 16 - 16 6500 Free							
1	44:03.00 L	O	Siph'esihle Hadebe	16	TUKS NT	07/07/2013	Bosphorus Cross Continental 2013
Women 16 - 16 7500 Free							
1	1:36:24.11 L	O	Sasha-Lee Nordengen	16	KZNA KZ	10/02/2014	Sa National Aquatic Championship
Women 16 - 16 10000 Free							
1	2:09:22.00 L	O	Sasha-Lee Nordengen	16	ACSA KZ	23/11/2013	Capital K 10km
Women 16 - 16 50 Back							
1	29.76 L	F	Jamie Reynolds	16	KZNA KZ	07/04/2014	Sa National Aquatic Championship 2014
2	30.00 L	F	Rita Naude	16	TUKS NT	06/12/2013	NTS Championships 2013
3	30.63 L	F	Zoe Holder	16	KZNA KZ	07/04/2014	Sa National Aquatic Championship 2014
4	30.84 L	P	Tia Dixon	16	MATI WP	26/08/2013	4th FINA World Junior Swimming
5	31.37 L	P	Eliz-Maric Cronje	16	NWS NW	07/04/2014	Sa National Aquatic Championship 2014
6	31.54 L	F	Marlies Ross	16	TUKS NT	13/09/2013	NTS Sept 2013 Combined Age Group
7	31.97 L	F	Amé Kleynhans	16	TUKS NT	13/03/2014	SA Level 3 National Age Group Champs
8	32.13 L	F	Alison Basel	16	WATR CG	05/12/2013	CGA Open Champs
9	32.17 L	P	Carla Nel	16	TUKS NT	06/12/2013	NTS Championships 2013
10*	32.27 L	F	Tina Bahlmann	16	VIKI BO	13/03/2014	SA Level 3 National Age Group Champs
10*	32.27 L	F	Ella Mencil	16	MDOL CG	05/12/2013	CGA Open Champs
12	32.55 L	F	Roh-Anne Coetzee	16	STAD CG	05/12/2013	CGA Open Champs
13	32.64 L	P	Mikal Botha	16	NTS NT	07/04/2014	Sa National Aquatic Championship 2014
14	32.76 L	P	Catherine Sainsbury	16	KZNA KZ	07/04/2014	Sa National Aquatic Championship 2014
15	32.80 L	P	Kira Baptiste	16	PSC NT	13/03/2014	SA Level 3 National Age Group Champs
16	32.87 L	F	Nadia Blaauw	16	NWUC NW	20/03/2014	SA Level 2 Regional Age Group Champs
17	32.89 L	P	Natasha Ribeiro	16	KZNA KZ	07/04/2014	Sa National Aquatic Championship 2014
18	32.92 L	F	Jo-Mari Kleinhans	16	MATI WP	06/12/2013	WP Championships 2013
19	32.96 L	F	Anél De Vos	16	TUKS LP	06/12/2013	NTS Championships 2013
20	32.98 L	F	Megan Van Wyk	16	SGUL KZ	15/11/2013	KZN TYR Westville Sprints Champs
21	33.29 L	P	Demi Lopes	16	NTS NT	07/04/2014	Sa National Aquatic Championship 2014
22	33.32 L	F	Telana Hugo	16	USC BO	28/11/2013	Border Championships
23	33.35 L	P	Tove Van Zyl	16	TUKS NT	06/12/2013	NTS Championships 2013
24	33.41 L	P	Kristy Kupfer	16	MDOL CG	13/03/2014	SA Level 3 National Age Group Champs
25	33.70 L	F	Madri Bester	16	STELL NW	09/11/2013	NWS Age Group 2
26	33.72 L	F	Lisa Fourie	16	TYGE WP	06/12/2013	WP Championships 2013
27	34.22 L	P	Arial Moffat	16	MDOL CG	18/07/2013	IAG Championships & Summer Open
28	34.33 L	P	Rebecca Barrow	16	DORE CG	05/12/2013	CGA Open Champs
29	34.38 L	F	Bathandwa Dyantyi	16	AQUA BO	28/11/2013	Border Championships
30*	34.41 L	F	Tatjana Schoenmaker	16	TUKS NT	11/10/2013	NTS Oct 2013 Age Group Level 3+

Individual Top Times

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	Time	P/F/S	Name	Age/Yr			
30*	34.41	L	F	Caitlyn Boake	16	UNIQ	CG 02/11/2013 CGA Level 2-3 gala No 3
32	34.42	L	P	Ashleigh Fitzgerald	16	WATR	CG 05/12/2013 CGA Open Champs
33*	34.45	L	F	Emma Beavon	16	WATR	CG 05/12/2013 CGA Open Champs
33*	34.45	L	P	Eune Odendaal	16	PSC	NT 13/03/2014 SA Level 3 National Age Group Champs
35	34.49	L	F	Danielle Smit	16	USC	BO 28/11/2013 Border Championships
36	34.56	L	P	Sally Tarr	16	WATR	CG 20/03/2014 SA Level 2 Regional Age Group Champs
37	34.63	L	P	Sumari Coetzee	16	TUKS	NT 06/12/2013 NTS Championships 2013
38	34.72	L	F	Nadine Engelbrecht	16	HBV	LP 19/10/2013 Limpopo HS Topskole 2013
39	34.89	L	F	Leatitia Human	16	FAAC	NC 08/01/2014 Nocasa Champs 2014
40	34.94	L	P	Monica Boje	16	TYGE	WP 13/03/2014 SA Level 3 National Age Group Champs
41	34.97	L	F	Chelsea Van Rensburg	16	TYGE	WP 06/12/2013 WP Championships 2013
42	35.06	L	P	Jacoba Fourie	16	NWUC	NW 20/03/2014 SA Level 2 Regional Age Group Champs
43	35.07	L	F	Celesté Vermeulen	16	PSA	LP 24/06/2013 Sasol National Winter Championships
44	35.16	L	P	Gabriella Bertone	16	STAD	CG 20/03/2014 SA Level 2 Regional Age Group Champs
45	35.18	L	P	Mignon Swanepoel	16	TUKS	NT 13/03/2014 SA Level 3 National Age Group Champs
46*	35.20	L	F	Caylin du Plessis	16	KDOR	NW 14/02/2014 NW Schools Swimming Championships
46*	35.20	L	F	Marichen Herholdt	16	FISH	SW 20/03/2014 SA Level 2 Regional Age Group Champs
48	35.24	L	P	Camryn Wheals	16	TUKS	NT 06/12/2013 NTS Championships 2013
49	35.27	L	F	Jodi Turner	16	ESP	ES 19/10/2013 EGA Summer 2_19Oct 2013
50	35.31	L	P	Tessa Gough	16	ELEC	CG 05/12/2013 CGA Open Champs
51	35.37	L	F	Chane Mienie	16	WELA	NF 11/02/2014 NFS High School Championships 2014
52	35.41	L	F	Jessica Wright	16	AQUB	EP 20/03/2014 SA Level 2 Regional Age Group Champs
53	35.42	L	F	Larah Binedell	16	SEAL	KZ 10/12/2013 KZN PREMIER CHAMPS 2013
54	35.43	L	F	Peta-Jayne Nel	16	HARL	BO 20/03/2014 SA Level 2 Regional Age Group Champs
55	35.49	L	F	Natalie Billson	16	PEAS	EP 21/06/2013 PEA Winter Gala 2013
56*	35.50	L	F	Antache Reyneke	16	NWUC	NW 06/12/2013 NWS Championships 2013/2014
56*	35.50	L	P	Jana Minnie	16	VINE	WP 06/12/2013 WP Championships 2013
58	35.55	L	F	Siph'esihle Hadebe	16	TUKS	NT 17/01/2014 NTS Jan 2014 Combined Age Group
59	35.62	L	F	Kimberley Swan	16	FSE	NN 05/10/2013 N-KZN ZULULAND AGE GROUP
60	35.67	L	F	Hanti Brits	16	BLSS	FS 23/11/2013 Neptune Aquatics Open Gala
61	35.73	L	F	Kirah-Lee van Heerden	16	BORD	BO 18/01/2014 EP Inter-Provincial Gala 2014
62	35.85	L	F	Micaela Gowar	16	AQUB	EP 20/03/2014 SA Level 2 Regional Age Group Champs
63	35.86	L	F	Cassidy Stockigt	16	FLOD	CG 05/10/2013 CGA Level 2-3 Gala N0 2 2013
64	35.90	L	P	Tyla Bassani	16	BARS	CG 05/12/2013 CGA Open Champs
65	36.00	L	F	Michelle Swanepoel	16	TUKS	NT 13/09/2013 NTS Sept 2013 Combined Age Group
66	36.08	L	P	Joselyn Brazer	16	WATR	CG 20/03/2014 SA Level 2 Regional Age Group Champs
67	36.09	L	F	Lemay van Rensburg	16	HREF	NW 14/02/2014 NW Schools Swimming Championships
68	36.10	L	P	Joelle Thevenau	16	SEAL	KZ 18/10/2013 KZN ACTION SWIM CHAMPIONSHIPS
69	36.13	L	F	Marleni Kisten	16	BEAV	KZ 15/11/2013 KZN TYR Westville Sprints Champs
70	36.24	L	F	Lauren Barnes	16	BENS	ES 09/11/2013 EGA Summer 3
71	36.25	L	F	Georgie Trodd	16	STPS	KZ 23/08/2013 KZN Beavers Winter LongCourse
72	36.26	L	F	Kirsty Maritz	16	BOKS	ES 05/12/2013 EGA Championships Dec 2013
73	36.39	L	F	Elzanie Pietersen	16	WDG	MP 28/03/2014 SA Level 1 Regional Age Group Champs
74	36.49	L	F	Jessica Burgess	16	ESP	ES 16/02/2014 EGA Summer 5 Gala
75	36.56	L	P	Kirah Jackson	16	SASE	CG 20/03/2014 SA Level 2 Regional Age Group Champs
76*	36.58	L	F	Mariné Jv Rensburg	16	HPP	LP 19/10/2013 Limpopo HS Topskole 2013
76*	36.58	L	F	Tyla Fleischer	16	OLDE	CG 05/10/2013 CGA Level 2-3 Gala N0 2 2013
78	36.64	L	F	Mariza Odendal	16	BLNE	FS 28/03/2014 SA Level 1 Regional Age Group Champs
79	36.68	L	F	Justine Jagga	16	CADO	WP 14/09/2013 WP Second Skins Senior League 4
80	36.70	L	F	Rylee Bronkhorst	16	MP	28/02/2014 Limpopo Province Interprovincial
81	36.80	L	P	Michlene Pedro	16	BOKS	ES 20/03/2014 SA Level 2 Regional Age Group Champs
82	36.82	L	F	Ashley Reimers	16	VRY	NN 30/11/2013 N-KZN ND DECEMBER AGE GROUP
83	36.91	L	P	Nicole Robertson	16	TUKS!	NT 09/07/2013 SPEEDO PRESTIGE 2013
84	36.93	L	F	Dante Engelbrecht	16	UNI	MP 01/02/2014 Valencia Summer Gala - Feb 2014
85	37.02	L	F	Khanya Jack	16	AQUA	BO 01/11/2013 Border November Age Group Gala 2013
86	37.04	L	F	Chante` Robinson	16	FAAC	NC 07/09/2013 KOVSIES AQUATICS LIGA 2 2013
87*	37.06	L	P	Suzanne Engelbrecht	16	HARB	NW 09/07/2013 SPEEDO PRESTIGE 2013
87*	37.06	L	F	Gretchen Durr	16	VINE	WP 31/01/2014 WP Jack Currie Championships
89	37.11	L	F	Suzette Steenkamp	16	UPTS	NC 06/12/2013 NOCASA Sprints 2013

Individual Top Times

Times since: 01-May-13 **Times until: 30-Apr-14**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
90	37.19 L	F	Jessica Grose	16	STAD CG	19/10/2013	CGA Level 1 gala No 2
91	37.20 L	F	Shukrallah Honiball	16	TUKS LP	09/11/2013	LP Age Group 2 9 November 2013
92	37.21 L L	F	Annelize Mentz	16	PSA LP	24/06/2013	Sasol National Winter Championships
93	37.24 L	F	Lee-Ann Becker	16	MATI WP	14/09/2013	WP Second Skins Senior League 4
94	37.29 L	F	Esre van Zyl	16	RBOT NW	14/02/2014	NW Schools Swimming Championships
95	37.47 L	F	Julia Trummer	16	DORE CG	09/11/2013	EGA Summer 3
96	37.56 L	F	Kayla Campbell	16	BARS CG	28/09/2013	EGA Summer 1
97	37.72 L	P	Sarah Jennings	16	HASC CG	05/12/2013	CGA Open Champs
98	37.82 L	P	Frances Vd Walt	16	MDOL CG	05/12/2013	CGA Open Champs
99	37.89 L	F	Marjone Human	16	BLNE FS	28/03/2014	SA Level 1 Regional Age Group Champs
100	38.01 L	F	Sarah Bosch	16	VINE WP	09/11/2013	WP Second Skins Senior League 6
101	38.03 L	F	Chrisna Opperman	16	UPTS NC	08/11/2013	NOCASA Age Group 2 Upington
102	38.09 L	F	Danielle Martemucci	16	PER CG	19/10/2013	CGA Level 1 gala No 2
103	38.22 L	F	Vaishnavi Naidoo	16	BEAV KZ	18/01/2014	KZN Age Group 7
104	38.31 L	F	Jayne-Sue Vermaas	16	KOVFS FS	20/01/2014	Free State Championships 2014
105	38.37 L	F	Caitlin Sleet	16	MATI WP	17/08/2013	WP Senior League 3
106	38.44 L	F	Toshka Muller	16	WEST WP	08/02/2014	WP Second Skins Senior League 7
107	38.45 L	F	Nienke Pretorius	16	BARS CG	05/10/2013	CGA Level 2-3 Gala N0 2 2013
108	38.46 L	F	Shani Smit	16	UITE EP	16/11/2013	EPA 4th A League Gala
109	38.51 L	F	Chelsea Mills	16	CADO WP	17/08/2013	WP Senior League 3
110	38.88 L	F	Sarah Stone	16	SRAY BO	28/11/2013	Border Championships
111*	38.95 L	F	Faatima Adam	16	ATLA CG	28/03/2014	SA Level 1 Regional Age Group Champs
111*	38.95 L	F	Hannah Livingstone	16	USH NN	06/12/2013	N-KZN LONG COURSE
113	38.96 L	F	Kirsten Vd Lingen	16	TUKS NT	12/10/2013	NTS Oct 2013 Agr Group Level 2
114	38.97 L	F	Nepo Ntsono	16	PEAS EP	21/06/2013	PEA Winter Gala 2013
115	39.00 L	F	Anelda Lourens	16	DDA NT	29/11/2013	2013 The Tshwane Mayoral Gala
116	39.04 L	F	Caitlin Thoresson	16	TWSA EP	11/01/2014	EP 5th A League Gala
117	39.05 L	F	Geena Hendricks	16	UWCA WP	31/01/2014	WP Jack Currie Championships
118	39.15 L	F	Sabrina De Gois	16	TYGE WP	31/01/2014	WP Jack Currie Championships
119	39.25 L	F	Robyn Du Toit	16	TUKS NT	13/09/2013	NTS Sept 2013 Combined Age Group
120	39.29 L	P	Paola Schildhauer	16	DDA NT	09/07/2013	SPEEDO PRESTIGE 2013
121	39.33 L	F	Monique Lewis	16	FINS MP	29/11/2013	Mpumalanga Championships 2013
122	39.34 L	P	Jessica Wessels	16	SOUL ES	05/12/2013	EGA Championships Dec 2013
123	39.40 L	F	Nicole Simpson	16	ELEC CG	01/03/2014	CGA Level 1 LC Championships 2014
124	39.46 L	F	Cassidy Muller	16	LAD NN	26/10/2013	N-KZN AGE GROUP GALA 5P
125	39.59 L	F	Jacqueline PISO	16	FINS MP	04/10/2013	MP Age Group 1 - 2013
126	39.67 L	F	Ingrid Benn	16	DDA NT	09/11/2013	EGA Summer 3
127	39.79 L	F	Robyn-Leigh Jones	16	SWIFT ES	31/08/2013	Adrian Grafe Memorial Gala
128	39.82 L	P	Johanre Lamprecht	16	UPTS NC	28/03/2014	SA Level 1 Regional Age Group Champs
129	39.85 L	F	Ashleigh Smart	16	UNI MP	24/01/2014	MP Age Group 3 - 24 January 2014
130	39.87 L	F	Lara Fourie	16	USH NN	06/12/2013	N-KZN LONG COURSE
131	39.93 L	P	Marnè Walters	16	SWAR WP	28/03/2014	SA Level 1 Regional Age Group Champs
132	39.99 L	F	Kay-Lynn McLean	16	BARR WP	14/09/2013	WP Second Skins Senior League 4
133*	40.17 L	F	Cassidy Forsythe	16	SODO CG	25/01/2014	EGA Summer 4
133*	40.17 L	F	Carmen du Plessis	16	HARB NW	06/12/2013	NWS Championships 2013/2014
135	40.25 L	F	Michaela Peinke	16	USC BO	11/01/2014	EP 5th A League Gala
136	40.36 L	F	Leah Jacobs	16	SASE CG	19/10/2013	CGA Level 1 gala No 2
137	40.54 L	F	Tiffany vd Merwe	16	TUKS NT	12/10/2013	NTS Oct 2013 Age Group Level 1+0
138	40.62 L	F	Helena Henken	16	NIMO NT	07/09/2013	2013 Arena Hillcrest Sprint Gala
139	40.73 L	F	Le-lu Adriaanse	16	SUPE CG	19/10/2013	CGA Level 1 gala No 2
140*	40.75 L	F	Melanie Van Biljon	16	FISH SW	30/11/2013	SWD LC CHAMPS
140*	40.75 L	P	Meghan Bartie	16	SOUL ES	05/12/2013	EGA Championships Dec 2013
142	40.82 L	F	Ellen Van Niekerk	16	WELL WP	14/09/2013	WP Second Skins Senior League 4
143	41.09 L	F	Denika Petzer	16	KFSC BO	24/01/2014	BO-January Age Group Gala 2014
144	41.23 L	F	Ashleigh James	16	UNIQ CG	19/10/2013	CGA Level 1 gala No 2
145	41.38 L	F	Kirstene Grant	16	USH NN	06/12/2013	N-KZN LONG COURSE
146	41.40 L	F	Danielle Jordaan	16	HILL NT	07/09/2013	2013 Arena Hillcrest Sprint Gala
147	41.54 L	F	Jeanne-Ami Steenkamp	16	GHSK NC	14/02/2014	NOCASA Age Group 6 Kimberley 2014
148	41.60 L	F	Zandalee Bezuidenhout	16	LINR CG	19/10/2013	CGA Level 1 gala No 2

Individual Top Times

Times since: 01-May-13 **Times until: 30-Apr-14**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
149	41.64 L	F	Sonja Bezuidenhout	16	PENG LP	09/11/2013	LP Age Group 2 9 November 2013
150	41.68 L	F	Monique-Marzaney Hilbig	16	QUEST NT	13/09/2013	NTS Sept 2013 Combined Age Group
151	41.69 L	F	Marlene Reyneke	16	UPTS NC	11/10/2013	NOCASA Age Group 1 Upington
152	41.82 L	F	Tanisha Botha	16	KEIK NW	09/11/2013	NWS Age Group 2
153	41.83 L	F	Dalizhia Horn	16	NWUC NW	09/11/2013	NWS Age Group 2
154*	41.89 L	F	Leoné Koekemoer	16	KDOR NW	14/02/2014	NW Schools Swimming Championships
154*	41.89 L	F	Simone Stoltz	16	FAAC NC	26/10/2013	Flamingo Gala 2013
156	42.16 L	P	Jessica Samuel	16	BOKS ES	05/12/2013	EGA Championships Dec 2013
157	42.19 L	F	Anzell Fourie	16	KALA NC	08/01/2014	Nocasa Champs 2014
158	42.24 L	F	Daniella da Costa	16	NWUC NW	14/02/2014	NW Schools Swimming Championships
159	42.67 L	F	Tamsin Creecy	16	UNI MP	01/11/2013	MP AGE GROUP 2 - 2013
160	42.69 L	F	Melanie Badenhorst	16	KALA NC	17/01/2014	Nocasa Age Group 4 2014 Kathu
161	42.80 L	F	Karin van der Westhuizen	16	CSC NT	07/09/2013	2013 Arena Hillcrest Sprint Gala
162	42.87 L	F	Lischa Roux	16	MATI WP	09/11/2013	WP Second Skins Senior League 6
163	43.40 L	F	Liandi Pienaar	16	PENG LP	22/11/2013	Limpopo Champs 22-24 November 2013
164	43.54 L	F	Monique Kotze	16	BLNE FS	20/01/2014	Free State Championships 2014
165	43.58 L	F	Zaakirah Hassan	16	ATLA CG	28/03/2014	SA Level 1 Regional Age Group Champs
166	43.60 L	F	Jacqueline Hall	16	PSC NT	12/10/2013	NTS Oct 2013 Age Group Level 1+0
167	43.82 L	F	Danelle Van Wyk	16	VALS NF	11/02/2014	NFS High School Championships 2014
168	45.96 L	F	Veronique Kock	16	PAQU WP	14/09/2013	WP Second Skins Senior League 4
169	46.38 L	F	Elsabe Steenkamp	16	JASK NC	08/11/2013	NOCASA Age Group 2 Kimberley
170	46.44 L	F	Rumaanah Ayob	16	ATLA CG	01/03/2014	CGA Level 1 LC Championships 2014
171	47.18 L	F	Lusca Koch	16	VINE WP	09/11/2013	WP Second Skins Senior League 6
172	48.04 L	F	Gerlinde Uys	16	ELHS LP	19/10/2013	Limpopo HS Topskole 2013
173	48.05 L	F	Nazreen Cornish	16	HURA WP	14/09/2013	WP Second Skins Senior League 4
174	50.08 L	F	Marissa Swart	16	TINC NT	07/09/2013	2013 Arena Hillcrest Sprint Gala
175	50.13 L	F	Sumayyah Bhayat	16	UNI MP	15/02/2014	MP Age Group 5 - 15 February 2014
176	50.73 L	F	Eurika Dreyer	16	KALA NC	26/10/2013	Flamingo Gala 2013
177	50.98 L	F	Wandile Nyathi	16	SOWE CG	01/03/2014	CGA Level 1 LC Championships 2014
178	54.26 L	F	Keletso Malebe	16	TUKS NT	29/11/2013	2013 The Tshwane Mayoral Gala
179	59.34 L	F	Magdalena Stols	16	KALA NC	08/11/2013	NOCASA Age Group 2 Kathu
180	1:19.75 L	F	Aviwe Jemane	16	WHFC WP	08/02/2014	WP Second Skins Senior League 7
181	1:30.94 L	F	Huda Abrahams	16	VINE WP	20/03/2014	SA Level 2 Regional Age Group Champs
Women 16 - 16 100 Back							
1	1:04.81 L	P	Rita Naude	16	TUKS NT	26/08/2013	4th FINA World Junior Swimming
2	1:06.49 L	P	Jamie Reynolds	16	SEAL KZ	13/03/2014	SA Level 3 National Age Group Champs
3	1:06.60 L	S	Alison Basel	16	CGA CG	07/04/2014	Sa National Aquatic Championship 2014
4	1:06.63 L	F	Marlies Ross	16	TUKS NT	13/03/2014	SA Level 3 National Age Group Champs
5	1:08.03 L	F	Megan Van Wyk	16	SGUL KZ	13/03/2014	SA Level 3 National Age Group Champs
6	1:08.23 L	F	Mikal Botha	16	TUKS NT	13/03/2014	SA Level 3 National Age Group Champs
7	1:08.41 L	P	Eliz-Maric Cronje	16	NWS NW	07/04/2014	Sa National Aquatic Championship 2014
8	1:08.69 L	P	Roh-Anne Coetzee	16	CGA CG	07/04/2014	Sa National Aquatic Championship 2014
9	1:08.92 L	P	Caila Davids	16	BARS CG	13/03/2014	SA Level 3 National Age Group Champs
10	1:08.96 L	F	Amé Kleynhans	16	TUKS NT	13/03/2014	SA Level 3 National Age Group Champs
11	1:09.02 L	F	Tia Dixon	16	MATI WP	06/12/2013	WP Championships 2013
12	1:09.05 L	P	Ella Mencil	16	CGA CG	07/04/2014	Sa National Aquatic Championship 2014
13	1:09.52 L	P	Tina Bahlmann	16	VIKI BO	13/03/2014	SA Level 3 National Age Group Champs
14	1:09.97 L	F	Kira Baptiste	16	PSC NT	06/12/2013	NTS Championships 2013
15	1:10.09 L	F	Catherine Sainsbury	16	WSTV KZ	15/11/2013	KZN TYR Westville Sprints Champs
16	1:10.14 L	P	Kristy Kupfer	16	MDOL CG	13/03/2014	SA Level 3 National Age Group Champs
17	1:10.18 L	P	Carla Nel	16	TUKS NT	06/12/2013	NTS Championships 2013
18	1:10.22 L	F	Natasha Ribeiro	16	SEAL KZ	10/12/2013	KZN PREMIER CHAMPS 2013
19	1:10.53 L	F	Zoe Holder	16	SEAL KZ	10/12/2013	KZN PREMIER CHAMPS 2013
20	1:10.63 L	P	Nadia Blaauw	16	NWS NW	07/04/2014	Sa National Aquatic Championship 2014
21	1:10.67 L	P	Demi Lopes	16	TUKS NT	13/03/2014	SA Level 3 National Age Group Champs
22	1:11.24 L	F	Jo-Mari Kleinhans	16	MATI WP	09/11/2013	WP Second Skins Senior League 6
23	1:11.36 L	F	Lisa Fourie	16	TYGE WP	06/12/2013	WP Championships 2013
24	1:12.27 L	P	Eune Odendaal	16	PSC NT	13/03/2014	SA Level 3 National Age Group Champs
25	1:12.45 L	P	Celesté Vermeulen	16	EAGA LP	13/03/2014	SA Level 3 National Age Group Champs

Individual Top Times

Times since: 01-May-13

Times until: 30-Apr-14

Number of Top Times: All

Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
26	1:12.77	L	P	Madri Bester	16	STELL NW	13/03/2014 SA Level 3 National Age Group Champs
27	1:12.86	L	P	Monica Boje	16	WPA WP	07/04/2014 Sa National Aquatic Championship 2014
28	1:13.01	L	P	Rebecca Barrow	16	DORE CG	05/12/2013 CGA Open Champs
29	1:13.02	L	F	Anél De Vos	16	TUKS! LP	20/03/2014 SA Level 2 Regional Age Group Champs
30	1:13.20	L	P	Mignon Swanepoel	16	TUKS NT	13/03/2014 SA Level 3 National Age Group Champs
31	1:13.33	L L	F	Telana Hugo	16	USC BO	28/11/2013 Border Championships
32	1:13.45	L	P	Arial Moffat	16	MDOL CG	18/07/2013 IAG Championships & Summer Open
33	1:13.71	L	F	Ashlea Rutherford	16	MATI WP	12/10/2013 WP Second Skins Senior League 5
34	1:13.84	L	F	Bathandwa Dyantyi	16	AQUA BO	28/02/2014 BO-2nd February Age Group Gala 2014
35	1:14.03	L	F	Emma Beavon	16	WATR CG	05/12/2013 CGA Open Champs
36	1:14.31	L	P	Chelsea Van Rensburg	16	TYGE WP	06/12/2013 WP Championships 2013
37	1:14.37	L	F	Ashleigh Fitzgerald	16	WATR CG	22/02/2014 CGA Level 2 Champs 2014
38	1:14.62	L	F	Joelle Thevenau	16	SEAL KZ	01/02/2014 KZN Age Group 8
39	1:14.82	L	P	Gabriella Bertone	16	STAD CG	20/03/2014 SA Level 2 Regional Age Group Champs
40*	1:14.86	L	F	Sally Tarr	16	WATR CG	22/02/2014 CGA Level 2 Champs 2014
40*	1:14.86	L	F	Siph'esihle Hadebe	16	TUKS NT	11/10/2013 NTS Oct 2013 Age Group Level 3+
42	1:15.14	L	F	Natalie Billson	16	EP EP	18/01/2014 EP Inter-Provincial Gala 2014
43	1:15.43	L	P	Larah Binedell	16	SEAL KZ	13/03/2014 SA Level 3 National Age Group Champs
44	1:15.52	L	P	Jana Minnie	16	VINE WP	06/12/2013 WP Championships 2013
45	1:15.86	L	P	Caitlyn Boake	16	UNIQ CG	05/12/2013 CGA Open Champs
46	1:16.38	L	F	Camryn Wheals	16	TUKS NT	14/02/2014 NTS February Age Group Level 2+3
47	1:16.87	L	F	Antache Reyneke	16	NWUC NW	06/12/2013 NWS Championships 2013/2014
48	1:17.05	L	F	Sumari Coetzee	16	TUKS NT	11/10/2013 NTS Oct 2013 Age Group Level 3+
49	1:17.09	L	P	Marichen Herholdt	16	FISH SW	20/03/2014 SA Level 2 Regional Age Group Champs
50	1:17.14	L	P	Jessica Burgess	16	ESP ES	20/03/2014 SA Level 2 Regional Age Group Champs
51	1:17.31	L	F	Tatjana Schoenmaker	16	TUKS NT	23/08/2013 NTS Aug 2013 Age Group Level 3+
52	1:17.32	L	F	Jacoba Fourie	16	NWUC NW	06/12/2013 NWS Championships 2013/2014
53	1:17.55	L	P	Tyla Bassani	16	BARS CG	05/12/2013 CGA Open Champs
54	1:17.64	L	F	Nicole Robertson	16	TUKS NT	13/09/2013 NTS Sept 2013 Combined Age Group
55	1:17.73	L	F	Chante` Robinson	16	FAAC NC	26/10/2013 Flamingo Gala 2013
56	1:18.49	L	F	Marleni Kisten	16	BEAV KZ	29/06/2013 KZN Age Group 1
57	1:18.60	L	P	Annelize Mentz	16	EAGA LP	20/03/2014 SA Level 2 Regional Age Group Champs
58	1:18.65	L	P	Jodi Turner	16	ESP ES	05/12/2013 EGA Championships Dec 2013
59	1:18.82	L	P	Caylin du Plessis	16	KDOR NW	20/03/2014 SA Level 2 Regional Age Group Champs
60	1:19.02	L	F	Michlene Pedro	16	BOKS ES	05/12/2013 EGA Championships Dec 2013
61	1:19.27	L	F	Lauren Barnes	16	BENS ES	19/10/2013 EGA Summer 2_19Oct 2013
62	1:19.29	L	F	Rylee Bronkhorst	16	PRA MP	28/03/2014 SA Level 1 Regional Age Group Champs
63	1:19.37	L	F	Kirsty Maritz	16	BOKS ES	05/12/2013 EGA Championships Dec 2013
64	1:19.41	L	F	Leatitia Human	16	FAAC NC	08/01/2014 Nocasa Champs 2014
65	1:19.57	L	F	Jessica Wright	16	AQUB EP	20/03/2014 SA Level 2 Regional Age Group Champs
66	1:19.70	L	F	Anelda Lourens	16	DDA NT	28/03/2014 SA Level 1 Regional Age Group Champs
67	1:19.86	L	F	Gretchen Durr	16	VINE WP	31/01/2014 WP Jack Currie Championships
68	1:20.10	L	F	Hanti Brits	16	BLSS FS	20/01/2014 Free State Championships 2014
69	1:20.15	L	F	Sandy De Gouveia	16	SGUL KZ	10/08/2013 KZN Age Group 3
70	1:20.26	L	F	Lee-Ann Becker	16	MATI WP	12/10/2013 WP Second Skins Senior League 5
71	1:20.43	L	P	Sarah Jennings	16	HASC CG	05/12/2013 CGA Open Champs
72*	1:20.45	L	F	Micaela Gowar	16	AQUB EP	20/03/2014 SA Level 2 Regional Age Group Champs
72*	1:20.45	L	F	Mariza Odendal	16	BLNE FS	28/03/2014 SA Level 1 Regional Age Group Champs
72*	1:20.45	L	F	Joselyn Brazer	16	WATR CG	22/02/2014 CGA Level 2 Champs 2014
75	1:20.49	L	P	Kimberley Swan	16	FSE NN	20/03/2014 SA Level 2 Regional Age Group Champs
76	1:20.50	L	P	Julia Trummer	16	DORE CG	05/12/2013 CGA Open Champs
77	1:20.64	L	F	Suezette Steenkamp	16	UPTS NC	06/12/2013 NOCASA Sprints 2013
78*	1:20.75	L	F	Dante Engelbrecht	16	UNI MP	01/02/2014 Valencia Summer Gala - Feb 2014
78*	1:20.75	L	F	Esre van Zyl	16	NWS NW	14/09/2013 CGA Level 1 gala No 1
80	1:20.84	L	F	Vaishnavi Naidoo	16	BEAV KZ	22/02/2014 KZN Age Group 9
81	1:20.97	L	F	Renette Coetzee	16	BARR WP	08/02/2014 WP Second Skins Senior League 7
82	1:21.04	L	F	Inge Lombard	16	TUKS NT	24/08/2013 NTS Aug 2013 Age Group Level 2
83	1:21.09	L	F	Michelle Swanepoel	16	TUKS NT	24/08/2013 NTS Aug 2013 Age Group Level 2
84	1:21.22	L	P	Chane Mienie	16	WELA NF	20/03/2014 SA Level 2 Regional Age Group Champs

Individual Top Times

Times since: 01-May-13

Times until: 30-Apr-14

Number of Top Times: All

Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
85	1:21.23 L	F	Danielle Dirksen	16	GREY WP	12/10/2013	WP Second Skins Senior League 5
86	1:21.38 L	F	Lemay van Rensburg	16	HREF NW	06/12/2013	NWS Championships 2013/2014
87	1:21.74 L	F	Kirah-Lee van Heerden	16	USC BO	28/11/2013	Border Championships
88	1:21.89 L	F	Nepo Ntsono	16	PEAS EP	21/06/2013	PEA Winter Gala 2013
89	1:22.09 L	P	Kirah Jackson	16	SASE CG	05/12/2013	CGA Open Champs
90	1:22.13 L	P	Kayla Campbell	16	BARS CG	20/03/2014	SA Level 2 Regional Age Group Champs
91	1:23.04 L	F	Ashley Reimers	16	VRY NN	06/12/2013	N-KZN LONG COURSE
92	1:23.10 L	F	Cassidy Stockigt	16	FLOD CG	21/09/2013	CGA Level 2-3 Gala No 1 2013
93	1:23.57 L	F	Elzanie Pietersen	16	WDG MP	28/03/2014	SA Level 1 Regional Age Group Champs
94	1:23.58 L L	F	Marichen Viviers	16	FLOD CG	05/12/2013	EGA Championships Dec 2013
95	1:23.68 L	P	Paola Schildhauer	16	DDA NT	09/07/2013	SPEEDO PRESTIGE 2013
96	1:24.17 L	F	Toshka Muller	16	WEST WP	31/01/2014	WP Jack Currie Championships
97	1:24.32 L	F	Marnè Walters	16	SWAR WP	09/11/2013	WP Second Skins Senior League 6
98	1:24.35 L	F	Danielle Martemucci	16	PER CG	19/10/2013	CGA Level 1 gala No 2
99	1:24.52 L	F	Carlissa Kuun	16	FISH SW	12/10/2013	SWD 1st A League Gala
100	1:24.66 L	F	Suzanne Engelbrecht	16	HARB NW	06/12/2013	NWS Championships 2013/2014
101	1:24.69 L	F	Mareli Joubert	16	TUKS NT	24/08/2013	NTS Aug 2013 Age Group Level 2
102	1:24.83 L	F	Geena Hendricks	16	UWCA WP	31/01/2014	WP Jack Currie Championships
103	1:25.18 L	F	Monique Lewis	16	FINS MP	29/11/2013	Mpumalanga Championships 2013
104	1:25.34 L	F	Robyn-Leigh Jones	16	SWIFT ES	25/01/2014	EGA Summer 4
105	1:25.73 L	P	Meghan Bartie	16	SOUL ES	05/12/2013	EGA Championships Dec 2013
106	1:25.77 L	F	Jayne-Sue Vermaas	16	KOVFS FS	26/10/2013	Supersport Seals Gala
107	1:26.00 L	F	Ingrid Benn	16	DDA NT	07/02/2014	NTS February 2014 Age Group Level
108*	1:26.33 L	F	Leoné Koekemoer	16	KDOR NW	14/02/2014	NW Schools Swimming Championships
108*	1:26.33 L	F	Sabrina De Gois	16	TYGE WP	31/01/2014	WP Jack Currie Championships
110	1:26.44 L	P	Caitlin Thoresson	16	TWSA EP	28/03/2014	SA Level 1 Regional Age Group Champs
111	1:26.50 L	P	Jessica Wessels	16	SOUL ES	05/12/2013	EGA Championships Dec 2013
112	1:26.52 L	F	Ellen Van Niekerk	16	WELL WP	12/10/2013	WP Second Skins Senior League 5
113	1:26.66 L	F	Kirsten Vd Lingen	16	TUKS NT	17/01/2014	NTS Jan 2014 Combined Age Group
114	1:26.79 L	F	Jacquelene Piso	16	MP	19/10/2013	VI Gala Internacional Golfinhos Sprints
115	1:27.41 L	P	Nicole Simpson	16	ELEC CG	28/03/2014	SA Level 1 Regional Age Group Champs
116	1:27.45 L	F	Shani Smit	16	UITE EP	16/11/2013	EPA 4th A League Gala
117	1:27.49 L	F	Cassidy Muller	16	LAD NN	06/12/2013	N-KZN LONG COURSE
118	1:27.88 L	F	Keri-Lee Carstens	16	ELEC CG	18/01/2014	CGA Level 1 Gala No 4 2014
119	1:29.04 L	F	Nienke Pretorius	16	BARS CG	19/10/2013	EGA Summer 2_19Oct 2013
120	1:29.23 L	F	Dalizhia Horn	16	NWUC NW	06/12/2013	NWS Championships 2013/2014
121	1:29.41 L	F	Hannah Livingstone	16	USH NN	30/11/2013	N-KZN ZULULAND DECEMBER AGE
122	1:29.43 L	F	Carmen du Plessis	16	HARB NW	06/12/2013	NWS Championships 2013/2014
123	1:29.54 L	F	Monique-Marzaney Hilbig	16	QUEST NT	19/10/2013	EGA Summer 2_19Oct 2013
124	1:30.14 L	F	Simone Stoltz	16	FAAC NC	26/10/2013	Flamingo Gala 2013
125	1:30.32 L	F	Sarah Harris	16	QUIC WP	12/10/2013	WP Second Skins Senior League 5
126	1:30.72 L	F	Erin Anthony	16	SAA WP	17/08/2013	WP Senior League 3
127	1:30.81 L	F	Anzell Fourie	16	KALA NC	08/01/2014	Nocasa Champs 2014
128	1:31.08 L	P	Lara Fourie	16	USH NN	28/03/2014	SA Level 1 Regional Age Group Champs
129	1:31.40 L	F	Lischa Roux	16	MATI WP	09/11/2013	WP Second Skins Senior League 6
130	1:31.50 L	P	Jessica Samuel	16	BOKS ES	05/12/2013	EGA Championships Dec 2013
131	1:32.66 L	F	Leah Jacobs	16	SASE CG	19/10/2013	CGA Level 1 gala No 2
132	1:34.86 L	F	Danelle Van Wyk	16	WELA NF	02/11/2013	NFSA Interprovincial Meet 2013
133	1:35.95 L	F	Tanisha Botha	16	KEIK NW	06/12/2013	NWS Championships 2013/2014
134	1:36.71 L	F	Karin van der Westhuizen	16	CSC NT	13/09/2013	NTS Sept 2013 Combined Age Group
135	1:37.23 L	F	Robyn Du Toit	16	TUKS NT	24/08/2013	NTS Aug 2013 Age Group Level 2
136	1:37.52 L	F	Sonja Bezuidenhout	16	PENG LP	09/11/2013	LP Age Group 2 9 November 2013
137	1:38.34 L	F	Johanre Lamprecht	16	UPTS NC	14/02/2014	NOCASA Age Group 6 Upington 2014
138	1:38.36 L	F	Melanie Badenhorst	16	KALA NC	17/01/2014	Nocasa Age Group 4 2014 Kathu
139	1:40.12 L	F	Zaakirah Hassan	16	ATLA CG	19/10/2013	CGA Level 1 gala No 2
140	1:42.88 L	F	Lusca Koch	16	VINE WP	01/11/2013	32nd Freda Barnard Invitational Gala
141	1:59.47 L	F	Simone Naidoo	16	WVAQ KZ	09/11/2013	KZN Age Group 6
142	3:09.65 L	F	Huda Abrahams	16	VINE WP	09/11/2013	WP Second Skins Senior League 6

Individual Top Times

Times since: 01-May-13 Times until: 30-Apr-14
 Number of Top Times: All Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
Women 16 - 16 200 Back							
1	2:21.60	L	F	Megan Van Wyk	16	SGUL KZ	13/03/2014 SA Level 3 National Age Group Champs
2	2:23.81	L	F	Rita Naude	16	TUKS NT	13/03/2014 SA Level 3 National Age Group Champs
3	2:24.04	L	F	Alison Basel	16	WATR CG	13/03/2014 SA Level 3 National Age Group Champs
4	2:24.46	L	F	Roh-Anne Coetzee	16	CGA CG	07/04/2014 Sa National Aquatic Championship 2014
5	2:26.18	L	F	Mikal Botha	16	TUKS NT	13/03/2014 SA Level 3 National Age Group Champs
6	2:26.33	L	F	Tia Dixon	16	MATI WP	06/12/2013 WP Championships 2013
7	2:28.13	L	F	Demi Lopes	16	TUKS NT	13/03/2014 SA Level 3 National Age Group Champs
8	2:28.86	L	P	Ella Mencil	16	MDOL CG	13/03/2014 SA Level 3 National Age Group Champs
9	2:29.92	L	P	Eliz-Maric Cronje	16	NWS NW	07/04/2014 Sa National Aquatic Championship 2014
10	2:31.48	L	P	Catherine Sainsbury	16	WSTV KZ	13/03/2014 SA Level 3 National Age Group Champs
11	2:31.65	L	P	Nadia Blaauw	16	NWS NW	07/04/2014 Sa National Aquatic Championship 2014
12	2:33.16	L	P	Carla Nel	16	TUKS NT	13/03/2014 SA Level 3 National Age Group Champs
13	2:33.22	L	P	Amé Kleynhans	16	TUKS NT	13/03/2014 SA Level 3 National Age Group Champs
14	2:33.34	L	P	Celesté Vermeulen	16	EAGA LP	13/03/2014 SA Level 3 National Age Group Champs
15	2:33.52	L	F	Lisa Fourie	16	TYGE WP	06/12/2013 WP Championships 2013
16	2:33.70	L	P	Kira Baptiste	16	PSC NT	13/03/2014 SA Level 3 National Age Group Champs
17	2:34.91	L	F	Caila Davids	16	BARS CG	16/02/2014 EGA Summer 5 Gala
18	2:35.97	L S	F	Tina Bahlmann	16	VIKI BO	10/12/2013 KZN PREMIER CHAMPS 2013
19	2:35.98	L	P	Kristy Kupfer	16	MDOL CG	13/03/2014 SA Level 3 National Age Group Champs
20	2:36.52	L	F	Monica Boje	16	TYGE WP	06/12/2013 WP Championships 2013
21	2:37.96	L	F	Jo-Mari Kleinhans	16	MATI WP	12/10/2013 WP Second Skins Senior League 5
22	2:38.23	L	P	Bathandwa Dyantyi	16	AQUA BO	13/03/2014 SA Level 3 National Age Group Champs
23	2:38.79	L	P	Gabriella Bertone	16	STAD CG	20/03/2014 SA Level 2 Regional Age Group Champs
24	2:39.44	L	F	Sasha-Lee Nordengen	16	ACSA KZ	27/07/2013 KZN Age Group Gala 2
25	2:39.46	L	F	Rebecca Barrow	16	DORE CG	05/12/2013 CGA Open Champs
26	2:39.92	L	F	Emma Beavon	16	WATR CG	02/11/2013 CGA Level 2-3 gala No 3
27	2:40.10	L	F	Anél De Vos	16	TUKS LP	06/12/2013 NTS Championships 2013
28	2:40.11	L	F	Telana Hugo	16	USC BO	28/11/2013 Border Championships
29	2:40.54	L	F	Ashleigh Fitzgerald	16	WATR CG	22/02/2014 CGA Level 2 Champs 2014
30	2:41.21	L	P	Arial Moffat	16	MDOL CG	18/07/2013 IAG Championships & Summer Open
31	2:41.30	L	P	Madri Bester	16	STELL NW	13/03/2014 SA Level 3 National Age Group Champs
32	2:41.33	L	F	Chelsea Van Rensburg	16	TYGE WP	06/12/2013 WP Championships 2013
33	2:41.84	L	F	Sally Tarr	16	WATR CG	22/02/2014 CGA Level 2 Champs 2014
34	2:42.31	L	P	Jana Minnie	16	VINE WP	06/12/2013 WP Championships 2013
35	2:42.81	L	F	Nicole Robertson	16	TUKS! NT	09/07/2013 SPEEDO PRESTIGE 2013
36	2:44.40	L	F	Joelle Thevenau	16	SEAL KZ	18/01/2014 KZN Age Group 7
37	2:45.56	L	P	Annelize Mentz	16	EAGA LP	20/03/2014 SA Level 2 Regional Age Group Champs
38	2:45.61	L	F	Eune Odendaal	16	PSC NT	11/10/2013 NTS Oct 2013 Age Group Level 3+
39	2:45.90	L	F	Caylin du Plessis	16	KDOR NW	06/12/2013 NWS Championships 2013/2014
40	2:45.92	L	F	Shukrallah Honiball	16	TUKS LP	22/11/2013 Limpopo Champs 22-24 November 2013
41	2:46.17	L	P	Jessica Burgess	16	ESP ES	20/03/2014 SA Level 2 Regional Age Group Champs
42	2:46.47	L	F	Lauren Barnes	16	BENS ES	05/12/2013 EGA Championships Dec 2013
43	2:46.74	L	F	Natalie Billson	16	PEAS EP	21/06/2013 PEA Winter Gala 2013
44	2:46.95	L	F	Chante` Robinson	16	FAAC NC	20/03/2014 SA Level 2 Regional Age Group Champs
45	2:47.61	L	F	Marleni Kisten	16	BEAV KZ	27/07/2013 KZN Age Group Gala 2
46	2:49.84	L	F	Vaishnavi Naidoo	16	BEAV KZ	18/01/2014 KZN Age Group 7
47	2:50.07	L	F	Inge Lombard	16	TUKS NT	14/02/2014 NTS February Age Group Level 2+3
48	2:50.21	L	F	Jacoba Fourie	16	NWUC NW	06/12/2013 NWS Championships 2013/2014
49	2:51.05	L	F	Suezette Steenkamp	16	NWS NW	25/01/2014 4 + 1 Inter Provincial Gala Kimberley
50	2:52.21	L	F	Marichen Herholdt	16	FISH SW	12/10/2013 SWD 1st A League Gala
51	2:52.32	L	F	Tyla Bassani	16	BARS CG	16/02/2014 EGA Summer 5 Gala
52	2:52.78	L	F	Jesse Olivier	16	TUKS NT	29/11/2013 2013 The Tshwane Mayoral Gala
53	2:52.98	L	F	Anelda Lourens	16	DDA NT	28/03/2014 SA Level 1 Regional Age Group Champs
54	2:56.64	L	F	Renette Coetzee	16	BARR WP	08/02/2014 WP Second Skins Senior League 7
55	2:56.71	L	P	Jodi Turner	16	ESP ES	20/03/2014 SA Level 2 Regional Age Group Champs
56	2:56.74	L	F	Dante Engelbrecht	16	UNI MP	29/11/2013 Mpumalanga Championships 2013
57	2:57.29	L	F	Rylee Bronkhorst	16	PRA MP	28/03/2014 SA Level 1 Regional Age Group Champs
58	2:57.45	L	F	Lemay van Rensburg	16	HREF NW	06/12/2013 NWS Championships 2013/2014

Individual Top Times

Times since: 01-May-13 **Times until: 30-Apr-14**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
59	2:58.95	L	F	Joselyn Brazer	16	WATR	CG 02/11/2013 CGA Level 2-3 gala No 3
60	2:59.66	L	F	Jayne-Sue Vermaas	16	KOVS	FS 07/09/2013 KOVSIES AQUATICS LIGA 2 2013
61*	3:00.02	L	F	Danielle Martermucci	16	PER	CG 14/09/2013 CGA Level 1 gala No 1
61*	3:00.02	L	F	Robyn-Leigh Jones	16	SWIFT	ES 05/12/2013 EGA Championships Dec 2013
63	3:00.50	L	F	Mia Bam	16	AA	CG 14/09/2013 CGA Level 1 gala No 1
64	3:00.69	L	F	Sabrina De Gois	16	TYGE	WP 31/01/2014 WP Jack Currie Championships
65	3:00.77	L	F	Micaela Gowar	16	AQUB	EP 16/11/2013 EPA 4th A League Gala
66	3:03.48	L	P	Paola Schildhauer	16	DDA	NT 09/07/2013 SPEEDO PRESTIGE 2013
67	3:05.56	L	F	Jessica Wright	16	AQUB	EP 11/01/2014 EP 5th A League Gala
68	3:06.14	L	F	Hannah Livingstone	16	USH	NN 28/03/2014 SA Level 1 Regional Age Group Champs
69	3:06.76	L	P	Kirah Jackson	16	SASE	CG 05/12/2013 CGA Open Champs
70	3:07.27	L	F	Leatitia Human	16	FAAC	NC 08/11/2013 NOCASA Age Group 2 Kimberley
71	3:08.10	L	F	Carmen du Plessis	16	HARB	NW 06/12/2013 NWS Championships 2013/2014
72	3:08.89	L	F	Suzanne Engelbrecht	16	HARB	NW 09/11/2013 NWS Age Group 2
73	3:09.07	L	F	Dalizia Horn	16	NWUC	NW 06/12/2013 NWS Championships 2013/2014
74	3:11.92	L	F	Simone Stoltz	16	FAAC	NC 06/12/2013 NOCASA Sprints 2013
75	3:14.16	L	F	Lischa Roux	16	MATI	WP 09/11/2013 WP Second Skins Senior League 6
76	3:14.86	L	F	Johanre Lamprecht	16	UPTS	NC 28/03/2014 SA Level 1 Regional Age Group Champs
77	3:16.88	L	P	Monique-Marzaney Hilbig	16	QUEST	NT 05/12/2013 EGA Championships Dec 2013
78	3:20.57	L	F	Anzell Fourie	16	KALA	NC 06/12/2013 NOCASA Sprints 2013
79	3:28.80	L	F	Karin van der Westhuizen	16	CSC	NT 12/10/2013 NTS Oct 2013 Agr Group Level 2
Women 16 - 16 50 Breast							
1	32.49	L	F	Tatjana Schoenmaker	16	NTS	NT 07/04/2014 Sa National Aquatic Championship 2014
2	32.55	L	S	Emily Visagie	16	KZNA	KZ 07/04/2014 Sa National Aquatic Championship 2014
3	32.90	L	F	Jamie Reynolds	16	KZNA	KZ 07/04/2014 Sa National Aquatic Championship 2014
4	34.21	L	F	Cayla Saaiman	16	TUKS	NT 13/03/2014 SA Level 3 National Age Group Champs
5	34.77	L	F	Chelsea Meiring	16	SEAL	KZ 10/12/2013 KZN PREMIER CHAMPS 2013
6	35.13	L	P	Tove Van Zyl	16	TUKS	NT 13/03/2014 SA Level 3 National Age Group Champs
7	35.15	L	F	Marlies Ross	16	TUKS	NT 11/10/2013 NTS Oct 2013 Age Group Level 3+
8	35.55	L	F	Reinecke Opperman	16	TUKS	NT 13/03/2014 SA Level 3 National Age Group Champs
9	35.56	L	P	Caila Davids	16	BARS	CG 13/03/2014 SA Level 3 National Age Group Champs
10	35.78	L	F	Nienke Pretorius	16	BARS	CG 05/12/2013 CGA Open Champs
11	36.07	L	P	Justine Jagga	16	CADO	WP 13/03/2014 SA Level 3 National Age Group Champs
12	36.11	L	F	Ashley Reimers	16	VRY	NN 20/03/2014 SA Level 2 Regional Age Group Champs
13	36.20	L	F	Helen Taylor	16	AZON	KZ 23/08/2013 KZN Beavers Winter LongCourse
14	36.29	L	P	Mikal Botha	16	TUKS	NT 13/03/2014 SA Level 3 National Age Group Champs
15	36.31	L	F	Cassidy Stockigt	16	FLOD	CG 05/12/2013 CGA Open Champs
16	36.36	L	P	Ashleigh Fitzgerald	16	WATR	CG 13/03/2014 SA Level 3 National Age Group Champs
17	36.59	L	F	Megan Van Wyk	16	SGUL	KZ 15/11/2013 KZN TYR Westville Sprints Champs
18	36.63	L	P	Tyla Goosen	16	WSTV	KZ 09/07/2013 SPEEDO PRESTIGE 2013
19	36.84	L	F	Danielle Smit	16	USC	BO 06/12/2013 EP Championships 2013
20	36.85	L	F	Mignon Swanepoel	16	TUKS	NT 06/12/2013 NTS Championships 2013
21	36.86	L	P	Caitlin Crow	16	HASC	CG 13/03/2014 SA Level 3 National Age Group Champs
22	37.00	L	F	Kristen Jordan	16	HARL	BO 28/11/2013 Border Championships
23	37.05	L	P	Kira Baptiste	16	PSC	NT 13/03/2014 SA Level 3 National Age Group Champs
24*	37.13	L	F	Emma Beavon	16	WATR	CG 20/03/2014 SA Level 2 Regional Age Group Champs
24*	37.13	L	F	Tessa Gough	16	ELEC	CG 05/12/2013 CGA Open Champs
26	37.17	L	F	Julia Trummer	16	DORE	CG 22/02/2014 CGA Level 2 Champs 2014
27	37.28	L	F	Michlene Pedro	16	BOKS	ES 20/03/2014 SA Level 2 Regional Age Group Champs
28	37.32	L	P	Gabriella Nutter	16	MDOL	CG 13/03/2014 SA Level 3 National Age Group Champs
29	37.36	L	F	Rebecca Barrow	16	DORE	CG 31/08/2013 Adrian Grafe Memorial Gala
30	37.44	L	F	Celesté Vermeulen	16	PSA	LP 24/06/2013 Sasol National Winter Championships
31	37.48	L	F	Caitlyn Boake	16	UNI	CG 20/03/2014 SA Level 2 Regional Age Group Champs
32	37.50	L	P	Rita Naude	16	TUKS!	NT 09/07/2013 SPEEDO PRESTIGE 2013
33	37.55	L	F	Marleni Kisten	16	BEAV	KZ 20/03/2014 SA Level 2 Regional Age Group Champs
34	37.71	L	P	Jessica Beal-Preston	16	VIKI	BO 20/03/2014 SA Level 2 Regional Age Group Champs
35	37.74	L	F	Eliz-Maric Cronje	16	POTC	NW 05/10/2013 NWS Age Group 1
36	37.78	L	F	Tyla Fleischer	16	OLDE	CG 20/03/2014 SA Level 2 Regional Age Group Champs
37	37.87	L	F	Inge Lombard	16	TUKS	NT 20/03/2014 SA Level 2 Regional Age Group Champs

Individual Top Times

Times since: 01-May-13

Times until: 30-Apr-14

Number of Top Times: All

Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
38	37.96	L	F	Khanya Jack	16	AQUA BO	20/03/2014 SA Level 2 Regional Age Group Champs
39	38.16	L	F	Caitlin Sleet	16	MATI WP	20/03/2014 SA Level 2 Regional Age Group Champs
40	38.19	L	F	Kirsty Maritz	16	BOKS ES	20/03/2014 SA Level 2 Regional Age Group Champs
41	38.39	L	F	Suzanne Engelbrecht	16	HARB NW	14/02/2014 NW Schools Swimming Championships
42	38.41	L	F	Ilne Cilliers	16	BLOT FS	07/09/2013 KOVSIES AQUATICS LIGA 2 2013
43*	38.57	L	F	Georgie Trodd	16	STPS KZ	23/08/2013 KZN Beavers Winter LongCourse
43*	38.57	L	F	Larah Binedell	16	SEAL KZ	23/08/2013 KZN Beavers Winter LongCourse
45	38.65	L	F	Annelize Mentz	16	PSA LP	19/10/2013 LP Age Group 1 - 19 October 2013
46	38.79	L	F	Caylin du Plessis	16	KDOR NW	14/02/2014 NW Schools Swimming Championships
47	38.96	L	P	Chelsea Mills	16	CADO WP	06/12/2013 WP Championships 2013
48	38.98	L	F	Gita Pera	16	VINE WP	09/11/2013 WP Second Skins Senior League 6
49	39.00	L	F	Ashlea Rutherford	16	MATI WP	12/10/2013 WP Second Skins Senior League 5
50	39.02	L	F	Nadia Blaauw	16	NWUC NW	14/02/2014 NW Schools Swimming Championships
51	39.19	L	F	Jessica Samuel	16	BOKS ES	28/03/2014 SA Level 1 Regional Age Group Champs
52	39.21	L	F	Camryn Wheals	16	TUKS NT	11/10/2013 NTS Oct 2013 Age Group Level 3+
53	39.33	L	F	Gretchen Durr	16	VINE WP	08/02/2014 WP Second Skins Senior League 7
54	39.38	L	F	Irene Marangellis	16	BLOT FS	20/01/2014 Free State Championships 2014
55	39.54	L	F	Marjone Human	16	BLNE FS	28/03/2014 SA Level 1 Regional Age Group Champs
56	39.56	L	F	Zenobia Van Heerden	16	VINE WP	09/11/2013 WP Second Skins Senior League 6
57	39.59	L	F	Carlissa Kuun	16	FISH SW	25/01/2014 SWD 5th A League Gala
58	39.63	L	F	Gabriella Bertone	16	STAD CG	22/02/2014 CGA Level 2 Champs 2014
59	39.68	L	F	Antache Reyneke	16	NWUC NW	06/12/2013 NWS Championships 2013/2014
60*	39.77	L	F	Nepo Ntsono	16	PEAS EP	01/11/2013 32nd Freda Barnard Invitational Gala
60*	39.77	L	F	Suezette Steenkamp	16	UPTS NC	08/11/2013 NOCASA Age Group 2 Upington
62*	40.03	L	F	Lemay van Rensburg	16	HREF NW	14/02/2014 NW Schools Swimming Championships
62*	40.03	L	F	Chante` Robinson	16	FAAC NC	26/10/2013 Flamingo Gala 2013
64	40.07	L	F	Tina Bahlmann	16	VIKI BO	28/11/2013 Border Championships
65	40.30	L	F	Lisa Fourie	16	TYGE WP	12/10/2013 WP Second Skins Senior League 5
66*	40.47	L	F	Michelle Swanepoel	16	TUKS NT	13/09/2013 NTS Sept 2013 Combined Age Group
66*	40.47	L	F	Leatitia Human	16	FAAC NC	08/01/2014 Nocasa Champs 2014
68	40.75	L	F	Carmen du Plessis	16	HARB NW	14/02/2014 NW Schools Swimming Championships
69	40.79	L	P	Frances Vd Walt	16	MDOL CG	05/12/2013 CGA Open Champs
70	40.93	L	F	Jessica Grose	16	STAD CG	05/12/2013 EGA Championships Dec 2013
71	41.09	L	F	Jacqueline Hall	16	PSC NT	28/03/2014 SA Level 1 Regional Age Group Champs
72	41.10	L	F	Danielle Jordaan	16	HILL NT	07/09/2013 2013 Arena Hillcrest Sprint Gala
73	41.28	L	F	Jacoba Fourie	16	NWUC NW	06/12/2013 NWS Championships 2013/2014
74	41.41	L	P	Jessica Burgess	16	ESP ES	05/12/2013 EGA Championships Dec 2013
75	41.56	L	P	Meghan Bartie	16	SOUL ES	20/03/2014 SA Level 2 Regional Age Group Champs
76	41.61	L	F	Gabrielle Nel	16	HPP LP	19/10/2013 Limpopo HS Topskole 2013
77	41.71	L	F	Nicole Simpson	16	ELEC CG	01/03/2014 CGA Level 1 LC Championships 2014
78	41.83	L	P	Bathandwa Dyantyi	16	AQUA BO	13/03/2014 SA Level 3 National Age Group Champs
79	42.04	L	F	Michaela Peinke	16	USC BO	28/03/2014 SA Level 1 Regional Age Group Champs
80	42.12	L	F	Leah Jacobs	16	SASE CG	28/03/2014 SA Level 1 Regional Age Group Champs
81	42.26	L	F	Shukrallah Honiball	16	HPP LP	19/10/2013 Limpopo HS Topskole 2013
82	42.32	L	F	Jessica Wright	16	EP EP	18/01/2014 EP Inter-Provincial Gala 2014
83	42.33	L	F	Ashleigh Smart	16	HBV LP	25/10/2013 Mpumalanga Top Schools 2013 High
84	42.39	L	F	Joselyn Brazer	16	WATR CG	25/01/2014 EGA Summer 4
85	42.64	L	F	Jessica Wessels	16	SOUL ES	28/03/2014 SA Level 1 Regional Age Group Champs
86	42.71	L	F	Kayla-Marie Kruger	16	CSC NT	14/02/2014 NTS February Age Group Level 2+3
87	42.72	L	F	Amé Kleynhans	16	TUKS NT	13/09/2013 NTS Sept 2013 Combined Age Group
88	42.88	L	F	Toshka Muller	16	WEST WP	12/10/2013 WP Second Skins Senior League 5
89	43.02	L	F	Melanie Van Biljon	16	FISH SW	22/02/2014 SWD 6TH A LEAGUE GALA
90	43.04	L	P	Sarah Jennings	16	HASC CG	05/12/2013 CGA Open Champs
91	43.06	L	F	Marlene Reyneke	16	UPTS NC	08/11/2013 NOCASA Age Group 2 Kathu
92	43.24	L	F	Jessica Macaulay	16	FINS MP	29/11/2013 Mpumalanga Championships 2013
93	43.26	L	F	Maryké Hechter	16	HSBV LP	19/10/2013 Limpopo HS Topskole 2013
94	43.27	L	F	Heidemarie Edeling	16	BLSS FS	20/01/2014 Free State Championships 2014
95	43.29	L	F	Mariza Odendal	16	BLNE FS	28/03/2014 SA Level 1 Regional Age Group Champs
96	43.41	L	F	Ellen Van Niekerk	16	WELL WP	12/10/2013 WP Second Skins Senior League 5

Individual Top Times

Times since: 01-May-13 **Times until: 30-Apr-14**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
97	43.47	L	F	Kirstene Grant	16	USH NN	05/10/2013 N-KZN ZULULAND AGE GROUP
98	43.49	L	F	Jessica Gouveia	16	PER CG	14/09/2013 CGA Level 1 gala No 1
99	43.57	L	F	Chrisna Opperman	16	UPTS NC	08/11/2013 NOCASA Age Group 2 Upington
100	43.60	L	F	Laura Wafer	16	FSE NN	28/03/2014 SA Level 1 Regional Age Group Champs
101	43.63	L	F	Paola Schildhauer	16	DDA NT	07/09/2013 2013 Arena Hillcrest Sprint Gala
102	43.65	L	P	Faatima Adam	16	ATLA CG	28/03/2014 SA Level 1 Regional Age Group Champs
103	43.80	L	F	Marnè Walters	16	SWAR WP	28/03/2014 SA Level 1 Regional Age Group Champs
104	43.92	L	P	Marichen Viviers	16	FLOD CG	05/12/2013 EGA Championships Dec 2013
105	43.95	L	F	Rebecca Manners-Wood	16	STPS KZ	09/11/2013 KZN Age Group 6
106	44.13	L	F	Dante Engelbrecht	16	UNI MP	21/09/2013 Mpumalanga Sprint Gala
107	44.16	L	F	Veronique Kock	16	PAQU WP	08/02/2014 WP Second Skins Senior League 7
108	44.30	L	F	Johanre Lamprecht	16	UPTS NC	23/11/2013 NOCASA Age Group 3 Upington 2013
109	44.32	L	P	Zaakirah Hassan	16	ATLA CG	28/03/2014 SA Level 1 Regional Age Group Champs
110*	44.63	L	F	Liani de Villiers	16	NWS NW	28/02/2014 Limpopo Province Interprovincial
110*	44.63	L	F	Kirah Jackson	16	SASE CG	05/10/2013 CGA Level 2-3 Gala N0 2 2013
112	44.68	L	F	Suzani van der Merwe	16	BLSS FS	20/01/2014 Free State Championships 2014
113	44.70	L	F	Ingrid Benn	16	DDA NT	07/02/2014 NTS February 2014 Age Group Level
114	44.77	L	F	Micaela Gowar	16	AQUB EP	21/06/2013 PEA Winter Gala 2013
115*	44.78	L	F	Susanna Roos	16	HBV LP	19/10/2013 Limpopo HS Topskole 2013
115*	44.78	L	F	Sarah Harris	16	QUIC WP	12/10/2013 WP Second Skins Senior League 5
117	44.84	L	F	Helena Henken	16	NIMO NT	07/09/2013 2013 Arena Hillcrest Sprint Gala
118	44.97	L	F	Jodi Turner	16	ESP ES	19/10/2013 EGA Summer 2_19Oct 2013
119	45.04	L	F	Renette Coetzee	16	BARR WP	08/02/2014 WP Second Skins Senior League 7
120	45.08	L	F	Zandalee Bezuidenhout	16	LINR CG	31/08/2013 Adrian Grafe Memorial Gala
121	45.16	L	F	Tiffany vd Merwe	16	TUKS NT	29/11/2013 2013 The Tshwane Mayoral Gala
122	45.28	L	F	Liandi Pienaar	16	PENG LP	22/11/2013 Limpopo Champs 22-24 November 2013
123	45.48	L	F	Jacqueline PISO	16	HBV LP	25/10/2013 Mpumalanga Top Schools 2013 High
124	45.51	L	F	Geena Hendricks	16	UWCA WP	08/02/2014 WP Second Skins Senior League 7
125	45.53	L	P	Robyn-Leigh Jones	16	SWIFT ES	05/12/2013 EGA Championships Dec 2013
126	45.60	L	F	Kate Theunissen	16	ASA KZ	09/11/2013 KZN Age Group 6
127	45.78	L	F	Daniella da Costa	16	NWUC NW	14/02/2014 NW Schools Swimming Championships
128	45.79	L	F	Simone Stoltz	16	FAAC NC	08/11/2013 NOCASA Age Group 2 Kimberley
129	45.80	L	F	Shani Smit	16	UITE EP	16/11/2013 EPA 4th A League Gala
130	45.90	L	F	Chane Mienie	16	WELA NF	12/10/2013 Valsrivier League Gala 1
131	45.93	L	F	Danelle Van Wyk	16	VALS NF	12/10/2013 Valsrivier League Gala 1
132	46.08	L	F	Chané Denton	16	POTC NW	18/01/2014 NWS Age Group 4 1314
133	46.24	L	P	Taslyn Daniels	16	SUPE CG	05/12/2013 EGA Championships Dec 2013
134	46.51	L	F	Stefni Meintjies	16	KPS NF	11/02/2014 NFS High School Championships 2014
135	46.52	L	F	Jayne-Sue Vermaas	16	KOVFS FS	07/09/2013 KOVSIES AQUATICS LIGA 2 2013
136	46.57	L	P	Lauren Barnes	16	BENS ES	05/12/2013 EGA Championships Dec 2013
137	46.62	L	F	Kirah-Lee van Heerden	16	USC BO	28/11/2013 Border Championships
138	46.71	L	F	Lusca Koch	16	VINE WP	01/11/2013 32nd Freda Barnard Invitational Gala
139	46.81	L	F	Karin van der Westhuizen	16	CSC NT	13/09/2013 NTS Sept 2013 Combined Age Group
140	46.94	L	F	Sumayyah Bhayat	16	UNI MP	29/11/2013 Mpumalanga Championships 2013
141	46.98	L	F	Rylee Bronkhorst	16	PRA MP	01/02/2014 Valencia Summer Gala - Feb 2014
142	47.05	L	F	Anzell Fourie	16	KALA NC	08/01/2014 Nocasa Champs 2014
143	47.20	L	F	Lara Fourie	16	USH NN	06/12/2013 N-KZN LONG COURSE
144	47.24	L	F	Keri-Lee Carstens	16	ELEC CG	16/11/2013 CGA Level 1 Gala No 3
145	47.30	L	F	Cassidy Muller	16	LAD NN	09/11/2013 N-KZN ND NOVEMBER AGE GROUP
146	47.86	L	F	Caitlin Thoresson	16	TWSA EP	24/01/2014 BO-January Age Group Gala 2014
147	47.96	L	P	Melanie Badenhorst	16	KALA NC	08/01/2014 Nocasa Champs 2014
148	48.11	L	F	Denika Petzer	16	KFSC BO	28/02/2014 BO-2nd February Age Group Gala 2014
149	48.12	L	F	Wandile Nyathi	16	SOWE CG	14/09/2013 CGA Level 1 gala No 1
150	48.19	L	F	Willmarie De Beer	16	HWBA LP	19/10/2013 Limpopo HS Topskole 2013
151	48.25	L	F	Vaishnavi Naidoo	16	BEAV KZ	23/08/2013 KZN Beavers Winter LongCourse
152	48.33	L	F	Ami Lawrence	16	UWCA WP	09/11/2013 WP Second Skins Senior League 6
153	48.61	L	F	Tamsin Creecy	16	HBV LP	26/02/2014 Inter High School Gala 26 February
154	48.79	L	F	Tanisha Botha	16	KEIK NW	09/11/2013 NWS Age Group 2
155	48.94	L	F	Taytum Cawood	16	HSME LP	19/10/2013 Limpopo HS Topskole 2013

Individual Top Times

Times since: 01-May-13 **Times until: 30-Apr-14**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
156	48.97 L	F	Monique Lewis	16	FINS MP	29/11/2013	Mpumalanga Championships 2013
157	49.15 L	F	Theodora Kleynhans	16	HSBV LP	19/10/2013	Limpopo HS Topskole 2013
158	49.17 L	F	Jeanne-Ami Steenkamp	16	GHSK NC	14/02/2014	NOCASA Age Group 6 Kimberley 2014
159	49.52 L	F	Elzanie Pietersen	16	WDG MP	29/11/2013	Mpumalanga Championships 2013
160	49.59 L	F	Cassidy Forsythe	16	SODO CG	14/09/2013	CGA Level 1 gala No 1
161	50.18 L	F	Monique Kotze	16	BLNE FS	20/01/2014	Free State Championships 2014
162	51.82 L S	F	Rumaanah Ayob	16	ATLA CG	14/09/2013	CGA Level 1 gala No 1
163	51.99 L	F	Marissa Swart	16	TINC NT	07/09/2013	2013 Arena Hillcrest Sprint Gala
164	52.76 L	F	Aviwe Jemane	16	WHFC WP	31/01/2014	WP Jack Currie Championships
165	58.73 L	F	Gerlinde Uys	16	ELHS LP	19/10/2013	Limpopo HS Topskole 2013
166	1:41.23 L	P	Huda Abrahams	16	VINE WP	20/03/2014	SA Level 2 Regional Age Group Champs
Women 16 - 16 100 Breast							
1	1:10.49 L	F	Tatjana Schoenmaker	16	NTS NT	07/04/2014	Sa National Aquatic Championship 2014
2	1:11.33 L	F	Emily Visagie	16	SEAL KZ	13/03/2014	SA Level 3 National Age Group Champs
3	1:11.92 L	S	Marlies Ross	16	NTS NT	07/04/2014	Sa National Aquatic Championship 2014
4	1:13.51 L	P	Cayla Saaiman	16	TUKS NT	13/03/2014	SA Level 3 National Age Group Champs
5	1:14.97 L	P	Caila Davids	16	BARS CG	13/03/2014	SA Level 3 National Age Group Champs
6	1:17.99 L	F	Helen Taylor	16	AZON KZ	23/08/2013	KZN Beavers Winter LongCourse
7	1:18.06 L	F	Justine Jagga	16	CADO WP	13/03/2014	SA Level 3 National Age Group Champs
8	1:18.13 L	P	Tove Van Zyl	16	TUKS NT	06/12/2013	NTS Championships 2013
9	1:18.62 L	P	Tyla Goosen	16	WSTV KZ	09/07/2013	SPEEDO PRESTIGE 2013
10	1:18.70 L	P	Mignon Swanepoel	16	TUKS NT	13/03/2014	SA Level 3 National Age Group Champs
11	1:19.61 L	P	Chelsea Meiring	16	SEAL KZ	13/03/2014	SA Level 3 National Age Group Champs
12	1:19.66 L	F	Megan Van Wyk	16	SGUL KZ	15/11/2013	KZN TYR Westville Sprints Champs
13	1:20.11 L	F	Michlene Pedro	16	BOKS ES	20/03/2014	SA Level 2 Regional Age Group Champs
14	1:20.36 L	P	Reinecke Opperman	16	TUKS NT	13/03/2014	SA Level 3 National Age Group Champs
15	1:20.55 L	F	Ashleigh Fitzgerald	16	WATR CG	22/02/2014	CGA Level 2 Champs 2014
16	1:20.62 L	P	Nienke Pretorius	16	BLOT FS	13/03/2014	SA Level 3 National Age Group Champs
17	1:20.85 L	F	Danielle Smit	16	BORD BO	18/01/2014	EP Inter-Provincial Gala 2014
18	1:21.10 L	F	Emma Beavon	16	WATR CG	10/12/2013	KZN PREMIER CHAMPS 2013
19	1:21.12 L	P	Kira Baptiste	16	PSC NT	13/03/2014	SA Level 3 National Age Group Champs
20	1:21.37 L	F	Tessa Gough	16	ELEC CG	02/11/2013	CGA Level 2-3 gala No 3
21	1:21.52 L	F	Julia Trummer	16	DORE CG	09/11/2013	EGA Summer 3
22	1:21.74 L	P	Cassidy Stockigt	16	FLOD CG	13/03/2014	SA Level 3 National Age Group Champs
23	1:21.76 L	F	Marleni Kisten	16	BEAV KZ	20/03/2014	SA Level 2 Regional Age Group Champs
24	1:21.81 L	P	Mikal Botha	16	TUKS NT	13/03/2014	SA Level 3 National Age Group Champs
25	1:22.12 L	F	Jessica Beal-Preston	16	VIKI BO	20/03/2014	SA Level 2 Regional Age Group Champs
26	1:22.40 L	P	Celesté Vermeulen	16	EAGA LP	13/03/2014	SA Level 3 National Age Group Champs
27	1:22.53 L	F	Kirsty Maritz	16	BOKS ES	05/12/2013	EGA Championships Dec 2013
28	1:22.87 L	F	Eliz-Maric Cronje	16	POTC NW	05/10/2013	NWS Age Group 1
29	1:22.98 L	F	Demi Lopes	16	TUKS NT	11/10/2013	NTS Oct 2013 Age Group Level 3+
30	1:23.62 L	P	Tyla Fleischer	16	OLDE CG	20/03/2014	SA Level 2 Regional Age Group Champs
31	1:23.79 L	P	Caitlyn Boake	16	UNIQ CG	20/03/2014	SA Level 2 Regional Age Group Champs
32	1:23.88 L	F	Kristen Jordan	16	HARL BO	28/11/2013	Border Championships
33	1:23.95 L	F	Gita Pera	16	VINE WP	06/12/2013	WP Championships 2013
34	1:23.96 L	F	Inge Lombard	16	TUKS NT	20/03/2014	SA Level 2 Regional Age Group Champs
35	1:24.17 L	P	Danielle Jordaan	16	HILL NT	06/12/2013	NTS Championships 2013
36	1:24.25 L	F	Ilne Cilliers	16	BLOT FS	20/01/2014	Free State Championships 2014
37	1:24.39 L	F	Gabriella Bertone	16	STAD CG	20/03/2014	SA Level 2 Regional Age Group Champs
38	1:24.56 L	F	Carlissa Kuun	16	FISH SW	30/11/2013	SWD LC CHAMPS
39	1:24.71 L	P	Gretchen Durr	16	VINE WP	20/03/2014	SA Level 2 Regional Age Group Champs
40	1:25.08 L	F	Irene Marangellis	16	BLOT FS	18/10/2013	Otters Prestige Gala
41	1:25.27 L	F	Larah Binedell	16	SEAL KZ	10/12/2013	KZN PREMIER CHAMPS 2013
42	1:25.34 L	F	Zenobia Van Heerden	16	VINE WP	09/11/2013	WP Second Skins Senior League 6
43	1:25.41 L	F	Ashley Reimers	16	VRY NN	20/03/2014	SA Level 2 Regional Age Group Champs
44	1:25.49 L	F	Caitlin Sleet	16	MATI WP	20/03/2014	SA Level 2 Regional Age Group Champs
45	1:25.56 L	F	Suzette Steenkamp	16	UPTS NC	06/12/2013	NOCASA Sprints 2013
46	1:25.59 L	F	Georgie Trodd	16	STPS KZ	20/03/2014	SA Level 2 Regional Age Group Champs
47	1:25.76 L	F	Caylin du Plessis	16	KDOR NW	14/02/2014	NW Schools Swimming Championships

Individual Top Times

Times since: 01-May-13 **Times until: 30-Apr-14**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
48	1:25.83	L	P	Annelize Mentz	16	EAGA LP	20/03/2014 SA Level 2 Regional Age Group Champs
49	1:25.98	L	P	Gabriella Nutter	16	MDOL CG	13/03/2014 SA Level 3 National Age Group Champs
50	1:26.27	L	F	Antache Reyneke	16	WELA NF	02/11/2013 NFSA Interprovincial Meet 2013
51	1:26.39	L	F	Chante` Robinson	16	FAAC NC	11/10/2013 NOCASA Age Group 1
52	1:26.55	L	F	Nadia Blaauw	16	NWUC NW	14/02/2014 NW Schools Swimming Championships
53	1:27.33	L	F	Lemay van Rensburg	16	HREF NW	06/12/2013 NWS Championships 2013/2014
54	1:27.39	L	F	Khanya Jack	16	AQUA BO	28/11/2013 Border Championships
55	1:27.57	L	F	Carmen du Plessis	16	WELA NF	02/11/2013 NFSA Interprovincial Meet 2013
56	1:27.87	L	F	Chelsea Mills	16	CADO WP	21/07/2013 19th Maccabiah Games
57*	1:27.89	L	P	Suzanne Engelbrecht	16	HARB NW	20/03/2014 SA Level 2 Regional Age Group Champs
57*	1:27.89	L	F	Jana De Bruin	16	SGUL KZ	10/08/2013 KZN Age Group 3
59	1:28.26	L	F	Kerry Hunter	16	SEAL KZ	14/09/2013 KZN Age Group 4
60	1:28.29	L	F	Frances Vd Walt	16	MDOL CG	22/02/2014 CGA Level 2 Champs 2014
61	1:28.60	L	F	Marjone Human	16	BLNE FS	28/03/2014 SA Level 1 Regional Age Group Champs
62	1:29.33	L	F	Jacoba Fourie	16	NWUC NW	06/12/2013 NWS Championships 2013/2014
63	1:29.46	L	P	Caitlin Crow	16	HASC CG	05/12/2013 CGA Open Champs
64	1:29.50	L	P	Eleni Thomadakis	16	UNIQ CG	20/03/2014 SA Level 2 Regional Age Group Champs
65	1:29.55	L	F	Amé Kleynhans	16	TUKS NT	13/09/2013 NTS Sept 2013 Combined Age Group
66	1:29.83	L	P	Camryn Wheals	16	TUKS NT	06/12/2013 NTS Championships 2013
67	1:30.38	L	P	Jessica Burgess	16	ESP ES	05/12/2013 EGA Championships Dec 2013
68	1:30.46	L	P	Jessica Samuel	16	BOKS ES	05/12/2013 EGA Championships Dec 2013
69	1:31.02	L	F	Michaela Peinke	16	USC BO	11/01/2014 EP 5th A League Gala
70	1:31.07	L	F	Leatitia Human	16	FAAC NC	08/01/2014 Nocasa Champs 2014
71	1:31.28	L	P	Paola Schildhauer	16	DDA NT	06/12/2013 NTS Championships 2013
72	1:31.42	L	F	Joselyn Brazer	16	WATR CG	25/01/2014 EGA Summer 4
73	1:31.75	L	F	Jessica Wessels	16	SOUL ES	28/03/2014 SA Level 1 Regional Age Group Champs
74	1:31.76	L	F	Jada Smith	16	BORD BO	18/01/2014 EP Inter-Provincial Gala 2014
75	1:32.02	L	P	Jessica Grose	16	STAD CG	05/12/2013 EGA Championships Dec 2013
76	1:32.36	L	F	Anél De Vos	16	TUKS LP	24/06/2013 Sasol National Winter Championships
77	1:32.47	L	P	Meghan Bartie	16	SOUL ES	05/12/2013 EGA Championships Dec 2013
78	1:32.63	L	F	Gabrielle Nel	16	TUKS LP	22/11/2013 Limpopo Champs 22-24 November 2013
79	1:33.08	L	F	Nicole Simpson	16	ELEC CG	28/03/2014 SA Level 1 Regional Age Group Champs
80	1:33.19	L	F	Jessica Macaulay	16	FINS MP	29/11/2013 Mpumalanga Championships 2013
81	1:33.41	L	F	Jacqueline Hall	16	PSC NT	28/03/2014 SA Level 1 Regional Age Group Champs
82	1:33.62	L	F	Leah Jacobs	16	SASE CG	28/03/2014 SA Level 1 Regional Age Group Champs
83	1:33.81	L	F	Jessica Wright	16	AQUB EP	11/01/2014 EP 5th A League Gala
84	1:34.83	L	F	Marnè Walters	16	SWAR WP	09/11/2013 WP Second Skins Senior League 6
85	1:34.95	L	F	Kirstene Grant	16	USH NN	05/10/2013 N-KZN ZULULAND AGE GROUP
86	1:35.11	L	F	Ellen Van Niekerk	16	WELL WP	31/01/2014 WP Jack Currie Championships
87	1:35.39	L	F	Ashleigh Smart	16	UNI MP	24/01/2014 MP Age Group 3 - 24 January 2014
88	1:35.75	L	F	Hanti Brits	16	BLSS FS	20/01/2014 Free State Championships 2014
89	1:36.23	L	F	Marlene Reyneke	16	UPTS NC	26/10/2013 Flamingo Gala 2013
90	1:36.33	L	F	Sally Tarr	16	WATR CG	05/10/2013 CGA Level 2-3 Gala N0 2 2013
91	1:36.65	L	F	Jessica Gouveia	16	PER CG	14/09/2013 CGA Level 1 gala No 1
92	1:36.71	L	F	Kathryn Brandt	16	BARS CG	02/11/2013 CGA Level 2-3 gala No 3
93	1:37.10	L	F	Leoné Koekemoer	16	KDOR NW	23/11/2013 NWS Age Group 3 2013/2014
94	1:37.18	L	F	Sydne Cockcroft	16	EP EP	18/01/2014 EP Inter-Provincial Gala 2014
95	1:37.42	L	F	Kirah Jackson	16	SASE CG	02/11/2013 CGA Level 2-3 gala No 3
96	1:37.81	L	F	Melanie Van Biljon	16	FISH SW	30/11/2013 SWD LC CHAMPS
97	1:37.90	L	F	Veronique Kock	16	PAQU WP	09/11/2013 WP Second Skins Senior League 6
98	1:38.16	L	F	Chrisna Opperman	16	UPTS NC	08/01/2014 Nocasa Champs 2014
99	1:38.17	L	F	Toshka Muller	16	WEST WP	09/11/2013 WP Second Skins Senior League 6
100	1:38.61	L	F	Geena Hendricks	16	UWCA WP	12/10/2013 WP Second Skins Senior League 5
101	1:39.03	L	F	Zandalee Bezuidenhout	16	LINR CG	14/09/2013 CGA Level 1 gala No 1
102	1:39.64	L	P	Lauren Barnes	16	BENS ES	05/12/2013 EGA Championships Dec 2013
103	1:40.07	L	F	Sarah Bosch	16	VINE WP	09/11/2013 WP Second Skins Senior League 6
104	1:40.76	L	F	Stefni Meintjies	16	KPS NF	11/02/2014 NFS High School Championships 2014
105	1:40.81	L	F	Simone Stoltz	16	FAAC NC	26/10/2013 Flamingo Gala 2013
106	1:40.96	L	F	Liandi Pienaar	16	PENG LP	22/11/2013 Limpopo Champs 22-24 November 2013

Individual Top Times

Times since: 01-May-13 **Times until: 30-Apr-14**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr				
107	1:41.03 L	F	Tiffany vd Merwe	16	TUKS NT	17/01/2014	NTS Jan 2014 Combined Age Group	
108	1:41.23 L	F	Laura Wafer	16	FSE NN	01/02/2014	N-KZN ND FEBRUARY AGE GROUP	
109	1:41.64 L	F	Jodi Turner	16	ESP ES	09/11/2013	EGA Summer 3	
110	1:41.78 L	F	Marichen Herholdt	16	FISH SW	26/10/2013	SWD 2nd A League Gala	
111	1:41.88 L	F	Ingrid Benn	16	DDA NT	09/11/2013	EGA Summer 3	
112	1:42.08 L	F	Keri-Lee Carstens	16	ELEC CG	16/11/2013	CGA Level 1 Gala No 3	
113	1:43.11 L	F	Anzell Fourie	16	KALA NC	08/01/2014	Nocasa Champs 2014	
114	1:44.20 L	F	Daniella da Costa	16	NWUC NW	14/02/2014	NW Schools Swimming Championships	
115	1:44.24 L	F	Danelle Van Wyk	16	WELA NF	02/11/2013	NFSA Interprovincial Meet 2013	
116	1:44.25 L	F	Zaakirah Hassan	16	ATLA CG	01/03/2014	CGA Level 1 LC Championships 2014	
117	1:44.77 L	F	Lusca Koch	16	VINE WP	09/11/2013	WP Second Skins Senior League 6	
118	1:45.24 L	F	Melanie Badenhorst	16	KALA NC	23/11/2013	NOCASA Age Group 3 Kathu 2013	
119	1:47.86 L	F	Denika Petzer	16	KFSC BO	28/11/2013	Border Championships	
120	1:47.92 L	F	Monique-Marzaney Hilbig	16	QUEST NT	09/11/2013	EGA Summer 3	
121	1:48.27 L	F	Chane Mienie	16	NFS NF	25/01/2014	4 + 1 Inter Provincial Gala Kimberley	
122	1:49.10 L	F	Sumayyah Bhayat	16	UNI MP	29/11/2013	Mpumalanga Championships 2013	
123	1:51.34 L	F	Chané Denton	16	POTC NW	05/10/2013	NWS Age Group 1	
124	1:51.49 L	F	Nazreen Cornish	16	HURA WP	14/09/2013	WP Second Skins Senior League 4	
125	1:51.56 L	F	Wandile Nyathi	16	SOWE CG	01/03/2014	CGA Level 1 LC Championships 2014	
126	1:53.81 L	P	Rumaanah Ayob	16	ATLA CG	05/12/2013	EGA Championships Dec 2013	
Women 16 - 16 200 Breast								
1	2:29.18 L	F	Tatjana Schoenmaker	16	NTS NT	07/04/2014	Sa National Aquatic Championship 2014	
2	2:32.31 L	F	Marlies Ross	16	TUKS! NT	09/07/2013	SPEEDO PRESTIGE 2013	
3	2:34.00 L	F	Emily Visagie	16	KZNA KZ	07/04/2014	Sa National Aquatic Championship 2014	
4	2:37.23 L	F	Cayla Saaiman	16	TUKS NT	13/03/2014	SA Level 3 National Age Group Champs	
5	2:42.24 L	P	Caila Davids	16	CGA CG	07/04/2014	Sa National Aquatic Championship 2014	
6	2:45.66 L	F	Justine Jagga	16	CADO WP	06/12/2013	WP Championships 2013	
7	2:48.31 L	P	Roh-Anne Coetzee	16	CGA CG	07/04/2014	Sa National Aquatic Championship 2014	
8	2:49.52 L	F	Megan Van Wyk	16	SGUL KZ	10/12/2013	KZN PREMIER CHAMPS 2013	
9	2:50.75 L S	F	Helen Taylor	16	AZON KZ	09/07/2013	SPEEDO PRESTIGE 2013	
10	2:51.30 L	F	Mignon Swanepoel	16	TUKS NT	13/03/2014	SA Level 3 National Age Group Champs	
11	2:52.71 L	F	Tessa Gough	16	ELEC CG	05/12/2013	CGA Open Champs	
12	2:52.97 L	F	Emma Beavon	16	WATR CG	20/03/2014	SA Level 2 Regional Age Group Champs	
13	2:53.72 L	F	Michlene Pedro	16	BOKS ES	20/03/2014	SA Level 2 Regional Age Group Champs	
14	2:55.33 L	F	Marleni Kisten	16	BEAV KZ	20/03/2014	SA Level 2 Regional Age Group Champs	
15	2:56.25 L	P	Nienke Pretorius	16	BLOT FS	13/03/2014	SA Level 3 National Age Group Champs	
16	2:56.85 L	F	Kirsty Maritz	16	BOKS ES	20/03/2014	SA Level 2 Regional Age Group Champs	
17	2:57.39 L	P	Reinecke Opperman	16	TUKS NT	13/03/2014	SA Level 3 National Age Group Champs	
18	2:57.47 L	F	Eliz-Maric Cronje	16	POTC NW	18/01/2014	NWS Age Group 4 1314	
19	2:57.60 L	P	Ashleigh Fitzgerald	16	WATR CG	13/03/2014	SA Level 3 National Age Group Champs	
20	2:57.72 L	F	Celesté Vermeulen	16	EAGA LP	09/11/2013	LP Age Group 2 9 November 2013	
21	2:58.49 L	F	Gita Pera	16	VINE WP	06/12/2013	WP Championships 2013	
22	2:58.64 L	F	Danielle Smit	16	USC BO	28/11/2013	Border Championships	
23	2:58.78 L S	P	Kerry Hunter	16	SEAL KZ	09/07/2013	SPEEDO PRESTIGE 2013	
24	2:59.23 L	F	Annelize Mentz	16	PSA LP	24/06/2013	Sasol National Winter Championships	
25	3:00.38 L	P	Cassidy Stockigt	16	FLOD CG	13/03/2014	SA Level 3 National Age Group Champs	
26	3:01.10 L	P	Danielle Jordaan	16	HILL NT	20/03/2014	SA Level 2 Regional Age Group Champs	
27	3:02.22 L	P	Julia Trummer	16	DORE CG	05/12/2013	CGA Open Champs	
28	3:03.23 L	F	Nadia Blaauw	16	NWS NW	25/01/2014	4 + 1 Inter Provincial Gala Kimberley	
29	3:03.59 L	F	Carlissa Kuun	16	FISH SW	25/01/2014	SWD 5th A League Gala	
30	3:03.72 L	F	Inge Lombard	16	TUKS NT	06/12/2013	NTS Championships 2013	
31	3:04.16 L	F	Kira Baptiste	16	PSC NT	02/11/2013	CGA Level 2-3 gala No 3	
32	3:04.29 L	F	IIne Cilliers	16	BLOT FS	20/01/2014	Free State Championships 2014	
33	3:04.33 L	P	Caitlyn Boake	16	UNIQ CG	05/12/2013	CGA Open Champs	
34	3:04.90 L	F	Tyla Fleischer	16	OLDE CG	20/03/2014	SA Level 2 Regional Age Group Champs	
35	3:05.83 L	F	Suezette Steenkamp	16	UPTS NC	06/12/2013	NOCASA Sprints 2013	
36	3:06.04 L	P	Zenobia Van Heerden	16	VINE WP	06/12/2013	WP Championships 2013	
37	3:06.29 L	F	Chante` Robinson	16	FAAC NC	08/11/2013	NOCASA Age Group 2 Kimberley	
38	3:06.68 L	F	Chelsea Mills	16	CADO WP	06/12/2013	WP Championships 2013	

Individual Top Times

Times since: 01-May-13 **Times until: 30-Apr-14**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr				
39	3:06.84	L	P	Gabriella Bertone	16	STAD CG	05/12/2013	CGA Open Champs
40	3:07.57	L S	P	Irene Marangellis	16	BLOT FS	09/07/2013	SPEEDO PRESTIGE 2013
41	3:08.24	L	F	Jessica Beal-Preston	16	VIKI BO	20/03/2014	SA Level 2 Regional Age Group Champs
42	3:09.22	L	F	Frances Vd Walt	16	MDOL CG	22/02/2014	CGA Level 2 Champs 2014
43	3:09.47	L	P	Caylin du Plessis	16	KDOR NW	20/03/2014	SA Level 2 Regional Age Group Champs
44	3:09.52	L	F	Khanya Jack	16	AQUA BO	28/11/2013	Border Championships
45	3:10.60	L	P	Jessica Burgess	16	ESP ES	20/03/2014	SA Level 2 Regional Age Group Champs
46	3:11.42	L	P	Gretchen Durr	16	VINE WP	20/03/2014	SA Level 2 Regional Age Group Champs
47	3:12.15	L	F	Lemay van Rensburg	16	HREF NW	14/02/2014	NW Schools Swimming Championships
48	3:12.47	L	F	Carmen du Plessis	16	NWS NW	25/01/2014	4 + 1 Inter Provincial Gala Kimberley
49	3:12.58	L	F	Michaela Peinke	16	USC BO	28/03/2014	SA Level 1 Regional Age Group Champs
50	3:14.32	L	F	Jacoba Fourie	16	NWUC NW	06/12/2013	NWS Championships 2013/2014
51	3:14.86	L	F	Jessica Samuel	16	BOKS ES	05/12/2013	EGA Championships Dec 2013
52	3:15.44	L	F	Caitlin Sleet	16	MATI WP	17/08/2013	WP Senior League 3
53	3:15.88	L	F	Paola Schildhauer	16	DDA NT	11/10/2013	NTS Oct 2013 Age Group Level 3+
54	3:17.05	L	F	Kristen Jordan	16	HARL BO	01/11/2013	Border November Age Group Gala 2013
55	3:17.81	L	F	Esmare' Olivier	16	BLNE FS	23/11/2013	Neptune Aquatics Open Gala
56	3:17.95	L S	P	Amé Kleynhans	16	TUKS! NT	09/07/2013	SPEEDO PRESTIGE 2013
57	3:18.39	L	F	Marjone Human	16	BLNE FS	28/03/2014	SA Level 1 Regional Age Group Champs
58	3:18.62	L	F	Ashley Reimers	16	VRY NN	06/12/2013	N-KZN LONG COURSE
59	3:19.99	L	F	Jessica Macaulay	16	HBV LP	01/02/2014	Valencia Summer Gala - Feb 2014
60	3:20.71	L	F	Suzanne Engelbrecht	16	HARB NW	06/12/2013	NWS Championships 2013/2014
61	3:20.73	L	F	Jessica Wessels	16	SOUL ES	28/03/2014	SA Level 1 Regional Age Group Champs
62	3:21.84	L	F	Ellen Van Niekerk	16	WELL WP	31/01/2014	WP Jack Currie Championships
63	3:24.04	L	F	Joselyn Brazer	16	WATR CG	05/10/2013	CGA Level 2-3 Gala N0 2 2013
64	3:24.19	L	F	Nicole Simpson	16	ELEC CG	01/03/2014	CGA Level 1 LC Championships 2014
65	3:24.38	L	F	Leatitia Human	16	FAAC NC	08/01/2014	Nocasa Champs 2014
66	3:24.71	L	F	Marlene Reyneke	16	UPTS NC	08/01/2014	Nocasa Champs 2014
67	3:25.10	L	F	Danielle Dirksen	16	GREY WP	08/02/2014	WP Second Skins Senior League 7
68	3:25.28	L	F	Leah Jacobs	16	SASE CG	01/03/2014	CGA Level 1 LC Championships 2014
69	3:26.87	L	P	Meghan Bartie	16	SOUL ES	05/12/2013	EGA Championships Dec 2013
70	3:27.08	L	F	Esre van Zyl	16	RBOT NW	14/02/2014	NW Schools Swimming Championships
71	3:27.33	L	F	Sally Tarr	16	WATR CG	05/10/2013	CGA Level 2-3 Gala N0 2 2013
72	3:27.74	L	P	Robyn-Leigh Jones	16	SWIFT ES	05/12/2013	EGA Championships Dec 2013
73	3:27.83	L	F	Hanti Brits	16	BLSS FS	23/11/2013	Neptune Aquatics Open Gala
74	3:29.46	L	F	Jodi Turner	16	ESP ES	05/12/2013	EGA Championships Dec 2013
75	3:30.40	L	F	Jacqueline Hall	16	PSC NT	28/03/2014	SA Level 1 Regional Age Group Champs
76	3:30.86	L	F	Veronique Kock	16	PAQU WP	09/11/2013	WP Second Skins Senior League 6
77	3:32.65	L	F	Lauren Barnes	16	BENS ES	04/10/2013	EGA League B 2013
78	3:32.83	L	F	Chrisna Opperman	16	UPTS NC	23/11/2013	NOCASA Age Group 3 Upington 2013
79	3:33.09	L	F	Kirstene Grant	16	USH NN	10/01/2014	Ushaka Championship Gala
80	3:34.14	L	F	Zandalee Bezuidenhout	16	LINR CG	19/10/2013	CGA Level 1 gala No 2
81	3:35.45	L	F	Jessica Gouveia	16	PER CG	01/03/2014	CGA Level 1 LC Championships 2014
82	3:38.57	L	F	Simone Stoltz	16	FAAC NC	06/12/2013	NOCASA Sprints 2013
83	3:40.63	L	F	Sarah Bosch	16	VINE WP	09/11/2013	WP Second Skins Senior League 6
84	3:42.71	L	F	Lusca Koch	16	VINE WP	09/11/2013	WP Second Skins Senior League 6
85	3:47.18	L	F	Stefni Meintjies	16	KPS NF	11/02/2014	NFS High School Championships 2014
86	3:58.44	L	F	Elzanie Pietersen	16	WDG MP	29/11/2013	Mpumalanga Championships 2013
87	4:02.62	L	F	Zaakirah Hassan	16	ATLA CG	18/01/2014	CGA Level 1 Gala No 4 2014
88	4:02.82	L	F	Chané Denton	16	POTC NW	09/11/2013	NWS Age Group 2
89	4:03.76	L	F	Rumaanah Ayob	16	ATLA CG	19/10/2013	CGA Level 1 gala No 2
90	4:15.19	L	F	Wandile Nyathi	16	SOWE CG	19/10/2013	CGA Level 1 gala No 2
Women 16 - 16 50 Fly								
1	28.10	L	F	Rita Naude	16	TUKS NT	13/03/2014	SA Level 3 National Age Group Champs
2	28.42	L	S	Zoe Holder	16	KZNA KZ	07/04/2014	Sa National Aquatic Championship 2014
3	28.92	L	P	Jamie Reynolds	16	KZNA KZ	07/04/2014	Sa National Aquatic Championship 2014
4	30.24	L	P	Tove Van Zyl	16	TUKS NT	06/12/2013	NTS Championships 2013
5	30.31	L	F	Lisa Fourie	16	TYGE WP	06/12/2013	WP Championships 2013
6*	30.39	L	P	Alison Basel	16	WATR CG	13/03/2014	SA Level 3 National Age Group Champs

Individual Top Times

Times since: 01-May-13 **Times until: 30-Apr-14**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
6*	30.39 L	F	Cayla Saaiman	16	TUKS NT	14/02/2014	NTS February Age Group Level 2+3
8	30.40 L	F	Tina Bahlmann	16	VIKI BO	13/03/2014	SA Level 3 National Age Group Champs
9	30.42 L	P	Demi Lopes	16	TUKS NT	06/12/2013	NTS Championships 2013
10	30.48 L	F	Tia Dixon	16	MATI WP	06/12/2013	WP Championships 2013
11	30.58 L	F	Kristen Jordan	16	HARL BO	28/11/2013	Border Championships
12	30.73 L	F	Monica Boje	16	TYGE WP	06/12/2013	WP Championships 2013
13*	30.75 L	F	Eliz-Maric Cronje	16	POTC NW	06/12/2013	NWS Championships 2013/2014
13*	30.75 L	F	Chelsea Meiring	16	SEAL KZ	09/07/2013	SPEEDO PRESTIGE 2013
15	30.97 L	F	Larah Binedell	16	SEAL KZ	10/12/2013	KZN PREMIER CHAMPS 2013
16*	31.09 L	P	Rachel Stevenson	16	ALSC CG	13/03/2014	SA Level 3 National Age Group Champs
16*	31.09 L	P	Jo-Mari Kleinhans	16	MATI WP	06/12/2013	WP Championships 2013
18	31.15 L	F	Amé Kleynhans	16	TUKS! NT	09/07/2013	SPEEDO PRESTIGE 2013
19	31.20 L	F	Danielle Smit	16	USC BO	28/11/2013	Border Championships
20	31.22 L	F	Camryn Wheals	16	TUKS NT	06/12/2013	NTS Championships 2013
21*	31.24 L	P	Roh-Anne Coetzee	16	STAD CG	05/12/2013	CGA Open Champs
21*	31.24 L	F	Emma Beavon	16	WATR CG	20/03/2014	SA Level 2 Regional Age Group Champs
23	31.27 L	P	Kirah Jackson	16	SASE CG	05/12/2013	CGA Open Champs
24	31.31 L	F	Khanya Jack	16	AQUA BO	20/03/2014	SA Level 2 Regional Age Group Champs
25	31.33 L	F	Caylin du Plessis	16	KDOR NW	20/03/2014	SA Level 2 Regional Age Group Champs
26	31.46 L	P	Emily Visagie	16	SEAL KZ	09/07/2013	SPEEDO PRESTIGE 2013
27	31.50 L	P	Eune Odendaal	16	PSC NT	13/03/2014	SA Level 3 National Age Group Champs
28	31.60 L	F	Carmen Le Roux	16	ACSA KZ	18/01/2014	KZN Age Group 7
29	31.67 L	P	Peta-Jayne Nel	16	HARL BO	20/03/2014	SA Level 2 Regional Age Group Champs
30	31.76 L	F	Nepo Ntsono	16	PEAS EP	21/06/2013	PEA Winter Gala 2013
31	31.77 L	F	Megan Van Wyk	16	SGUL KZ	15/11/2013	KZN TYR Westville Sprints Champs
32	31.81 L	F	Ashley Reimers	16	VRY NN	20/03/2014	SA Level 2 Regional Age Group Champs
33	31.94 L	F	Caitlin Sleet	16	MATI WP	20/03/2014	SA Level 2 Regional Age Group Champs
34	32.03 L	P	Tatjana Schoenmaker	16	TUKS NT	06/12/2013	NTS Championships 2013
35	32.04 L	F	Cassidy Stockigt	16	FLOD CG	09/07/2013	SPEEDO PRESTIGE 2013
36	32.06 L	F	Mikal Botha	16	TUKS NT	11/10/2013	NTS Oct 2013 Age Group Level 3+
37	32.07 L	P	Caitlin Crow	16	HASC CG	05/12/2013	CGA Open Champs
38	32.17 L	F	Lee-Ann Becker	16	MATI WP	06/12/2013	WP Championships 2013
39	32.18 L	F	Kira Baptiste	16	PSC NT	11/10/2013	NTS Oct 2013 Age Group Level 3+
40	32.19 L	F	Suzanne Engelbrecht	16	HARB NW	14/02/2014	NW Schools Swimming Championships
41	32.21 L	P	Celesté Vermeulen	16	EAGA LP	13/03/2014	SA Level 3 National Age Group Champs
42	32.24 L	F	Marleni Kisten	16	BEAV KZ	15/11/2013	KZN TYR Westville Sprints Champs
43	32.27 L	F	Tessa Gough	16	ELEC CG	05/12/2013	CGA Open Champs
44	32.38 L	P	Madri Bester	16	STELL NW	13/03/2014	SA Level 3 National Age Group Champs
45*	32.47 L	P	Arial Moffat	16	MDOL CG	18/07/2013	IAG Championships & Summer Open
45*	32.47 L	P	Kristy Kupfer	16	MDOL CG	13/03/2014	SA Level 3 National Age Group Champs
47	32.49 L	P	Anél De Vos	16	TUKS LP	06/12/2013	NTS Championships 2013
48	32.52 L	P	Chelsea Van Rensburg	16	TYGE WP	06/12/2013	WP Championships 2013
49	32.57 L	F	Ashlea Rutherford	16	MATI WP	12/10/2013	WP Second Skins Senior League 5
50	32.58 L	P	Mignon Swanepoel	16	TUKS NT	13/03/2014	SA Level 3 National Age Group Champs
51	32.64 L	P	Carla Nel	16	TUKS NT	13/03/2014	SA Level 3 National Age Group Champs
52	32.75 L	P	Sumari Coetzee	16	TUKS NT	06/12/2013	NTS Championships 2013
53	32.78 L	F	Kimberley Swan	16	FSE NN	20/03/2014	SA Level 2 Regional Age Group Champs
54*	32.79 L	F	Joelle Thevenau	16	SEAL KZ	15/11/2013	KZN TYR Westville Sprints Champs
54*	32.79 L	F	Lemay van Rensburg	16	HREF NW	20/03/2014	SA Level 2 Regional Age Group Champs
56	32.87 L	P	Siph'esihle Hadebe	16	RSA	28/11/2013	10th Africa Junior Swimming
57	33.07 L	P	Ella Mencil	16	MDOL CG	13/03/2014	SA Level 3 National Age Group Champs
58	33.08 L	F	Natalie Billson	16	PEAS EP	21/06/2013	PEA Winter Gala 2013
59	33.09 L	P	Micaela Gowar	16	AQUB EP	20/03/2014	SA Level 2 Regional Age Group Champs
60	33.13 L	F	Frances Vd Walt	16	MDOL CG	20/03/2014	SA Level 2 Regional Age Group Champs
61	33.15 L	F	Rebecca Barrow	16	DORE CG	05/10/2013	CGA Level 2-3 Gala N0 2 2013
62	33.16 L	F	Antache Reyneke	16	NWUC NW	23/11/2013	NWS Age Group 3 2013/2014
63	33.20 L	P	Jacoba Fourie	16	NWUC NW	20/03/2014	SA Level 2 Regional Age Group Champs
64	33.29 L	P	Mareli Joubert	16	TUKS NT	20/03/2014	SA Level 2 Regional Age Group Champs
65	33.35 L	F	Nienke Pretorius	16	BLOT FS	20/01/2014	Free State Championships 2014

Individual Top Times

Times since: 01-May-13

Times until: 30-Apr-14

Number of Top Times: All

Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
66	33.40	L	F	Hanti Brits	16	BLSS FS	20/01/2014 Free State Championships 2014
67	33.41	L	F	Tyla Bassani	16	BARS CG	05/10/2013 CGA Level 2-3 Gala N0 2 2013
68	33.53	L	F	Janika Pelsler	16	KOVFS FS	24/08/2013 KOVSIES AQUATICS LIGA 1 2013
69	33.57	L	F	Irene Marangellis	16	BLOT FS	24/08/2013 KOVSIES AQUATICS LIGA 1 2013
70	33.67	L	P	Marichen Viviers	16	FLOD CG	20/03/2014 SA Level 2 Regional Age Group Champs
71	33.71	L	P	Meghan Bartie	16	SOUL ES	20/03/2014 SA Level 2 Regional Age Group Champs
72*	33.77	L	F	Kirah-Lee van Heerden	16	USC BO	28/11/2013 Border Championships
72*	33.77	L	F	Jesse Olivier	16	TUKS NT	24/08/2013 NTS Aug 2013 Level 1+ 0
72*	33.77	L	P	Gabriella Bertone	16	STAD CG	20/03/2014 SA Level 2 Regional Age Group Champs
75	33.87	L	F	Lauren Ogg	16	HBV LP	26/02/2014 Inter High School Gala 26 February
76	33.94	L	P	Sarah Jennings	16	HASC CG	20/03/2014 SA Level 2 Regional Age Group Champs
77	33.96	L	F	Jessica Grose	16	STAD CG	16/11/2013 CGA Level 1 Gala No 3
78	34.23	L	F	Rylee Bronkhorst	16	PRA MP	28/03/2014 SA Level 1 Regional Age Group Champs
79	34.30	L	P	Gita Pera	16	VINE WP	06/12/2013 WP Championships 2013
80	34.35	L	P	Bathandwa Dyantyi	16	AQUA BO	13/03/2014 SA Level 3 National Age Group Champs
81*	34.37	L	F	Justine Jagga	16	CADO WP	17/08/2013 WP Senior League 3
81*	34.37	L	F	Cassidy Muller	16	LAD NN	01/02/2014 N-KZN ND FEBRUARY AGE GROUP
83	34.54	L	F	Jamie-Lee Engelke	16	PEAS EP	21/06/2013 PEA Winter Gala 2013
84*	34.59	L	F	Jessica Burgess	16	ESP ES	16/02/2014 EGA Summer 5 Gala
84*	34.59	L	F	Shukrallah Honiball	16	HPP LP	19/10/2013 Limpopo HS Topskole 2013
86	34.71	L	F	Faatima Adam	16	ATLA CG	28/03/2014 SA Level 1 Regional Age Group Champs
87	34.75	L	P	Paola Schildhauer	16	DDA NT	28/03/2014 SA Level 1 Regional Age Group Champs
88	34.77	L	F	Leatitia Human	16	FAAC NC	08/01/2014 Nocasa Champs 2014
89	34.78	L	F	Julia Trummer	16	DORE CG	09/11/2013 EGA Summer 3
90*	34.84	L	F	Gabrielle Nel	16	HPP LP	19/10/2013 Limpopo HS Topskole 2013
90*	34.84	L	F	Carlissa Kuun	16	FISH SW	25/01/2014 SWD 5th A League Gala
92	34.89	L	F	Esre van Zyl	16	RBOT NW	14/02/2014 NW Schools Swimming Championships
93	34.95	L	F	Heidemarie Edeling	16	BLSS FS	23/11/2013 Neptune Aquatics Open Gala
94	34.97	L	F	Gretchen Durr	16	VINE WP	31/01/2014 WP Jack Currie Championships
95	35.03	L	F	Dante Engelbrecht	16	UNI MP	21/09/2013 Mpumalanga Sprint Gala
96	35.05	L	F	Danielle Dirksen	16	VINE WP	17/08/2013 WP Senior League 3
97	35.29	L	F	Kayla Campbell	16	BARS CG	16/02/2014 EGA Summer 5 Gala
98	35.41	L	F	Georgie Trodd	16	STPS KZ	15/11/2013 KZN TYR Westville Sprints Champs
99	35.58	L	F	Leoné Koekemoer	16	KDOR NW	14/02/2014 NW Schools Swimming Championships
100	35.60	L	F	Nadia Blaauw	16	NWUC NW	14/02/2014 NW Schools Swimming Championships
101	35.67	L	F	Sabrina De Gois	16	TYGE WP	12/10/2013 WP Second Skins Senior League 5
102	35.69	L	F	Sarah Stone	16	SRAY BO	28/03/2014 SA Level 1 Regional Age Group Champs
103	35.71	L	P	Nicole Robertson	16	TUKS! NT	09/07/2013 SPEEDO PRESTIGE 2013
104	35.73	L	F	Michlene Pedro	16	BOKS ES	16/02/2014 EGA Summer 5 Gala
105	35.80	L	F	Cassidy Forsythe	16	SODO CG	25/01/2014 EGA Summer 4
106	35.85	L	F	Chelsea Mills	16	CADO WP	14/09/2013 WP Second Skins Senior League 4
107	35.89	L	P	Ashleigh James	16	UNIQ CG	28/03/2014 SA Level 1 Regional Age Group Champs
108	36.04	L	F	Kirsten Vd Lingen	16	TUKS NT	14/02/2014 NTS February Age Group Level 2+3
109*	36.08	L	F	Chrisna Opperman	16	UPTS NC	08/01/2014 Nocasa Champs 2014
109*	36.08	L	F	Michelle Swanepoel	16	TUKS NT	13/09/2013 NTS Sept 2013 Combined Age Group
111	36.13	L	P	Kirsty Maritz	16	BOKS ES	05/12/2013 EGA Championships Dec 2013
112	36.20	L	F	Suzette Steenkamp	16	UPTS NC	06/12/2013 NOCASA Sprints 2013
113	36.32	L	F	Ashleigh Smart	16	MP	28/02/2014 Limpopo Province Interprovincial
114	36.34	L	P	Ingrid Benn	16	DDA NT	28/03/2014 SA Level 1 Regional Age Group Champs
115*	36.47	L	P	Chane Mienie	16	WELA NF	20/03/2014 SA Level 2 Regional Age Group Champs
115*	36.47	L	F	Jessica Wright	16	AQUB EP	21/02/2014 EP 6th A League Gala
117	36.54	L	F	Cassidy Forsythe	16	SDOL CG	28/09/2013 EGA Summer 1
118	36.59	L	F	Mia Bam	16	AA CG	14/09/2013 CGA Level 1 gala No 1
119	36.61	L	F	Jacquelene Piso	16	HBV LP	25/10/2013 Mpumalanga Top Schools 2013 High
120	36.63	L	F	Danielle Martemucci	16	PER CG	14/09/2013 CGA Level 1 gala No 1
121	36.64	L	P	Sally Tarr	16	WATR CG	05/12/2013 CGA Open Champs
122*	36.81	L	F	Danielle Jordaan	16	HILL NT	07/09/2013 2013 Arena Hillcrest Sprint Gala
122*	36.81	L	F	Marlene Reyneke	16	UPTS NC	26/10/2013 Flamingo Gala 2013
122*	36.81	L	F	Joselyn Brazer	16	WATR CG	22/02/2014 CGA Level 2 Champs 2014

Individual Top Times

Times since: 01-May-13 **Times until: 30-Apr-14**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
125	36.82 L	F	Renette Coetzee	16	BARR WP	08/02/2014	WP Second Skins Senior League 7
126	36.94 L	F	Caitlin Thoresson	16	TWSA EP	24/01/2014	BO-January Age Group Gala 2014
127	37.00 L	F	Tiffany vd Merwe	16	TUKS NT	14/02/2014	NTS February Age Group Level 2+3
128	37.02 L	P	Robyn-Leigh Jones	16	SWIFT ES	05/12/2013	EGA Championships Dec 2013
129	37.04 L	F	Kayla-Marie Kruger	16	CSC NT	12/10/2013	NTS Oct 2013 Agr Group Level 2
130	37.11 L	F	Carmen Botha	16	HBV LP	19/10/2013	Limpopo HS Topskole 2013
131	37.12 L	F	Vaishnavi Naidoo	16	BEAV KZ	15/11/2013	KZN TYR Westville Sprints Champs
132	37.16 L	F	Jayme-Sue Vermaas	16	KOVFS FS	26/10/2013	Supersport Seals Gala
133	37.17 L	F	Jodi Turner	16	ESP ES	24/06/2013	Sasol National Winter Championships
134	37.18 L	F	Jana Minnie	16	VINE WP	01/11/2013	32nd Freda Barnard Invitational Gala
135	37.20 L	F	Liandi Pienaar	16	PENG LP	18/01/2014	Limpopo Age Group 18 January 2014
136	37.24 L	F	Rebecca Manners-Wood	16	STPS KZ	09/11/2013	KZN Age Group 6
137	37.58 L	F	Zandalee Bezuidenhout	16	LINR CG	14/09/2013	CGA Level 1 gala No 1
138	37.67 L	P	Monique-Marzaney Hilbig	16	QUEST NT	05/12/2013	EGA Championships Dec 2013
139	37.72 L	F	Chante` Robinson	16	FAAC NC	11/10/2013	NOCASA Age Group 1
140	37.89 L	F	Suzani van der Merwe	16	BLSS FS	26/10/2013	Supersport Seals Gala
141*	37.93 L	F	Shani Smit	16	UITE EP	16/11/2013	EPA 4th A League Gala
141*	37.93 L	F	Annelize Mentz	16	PHS LP	19/10/2013	Limpopo HS Topskole 2013
143	37.96 L	F	Jessica Macaulay	16	FINS MP	29/11/2013	Mpumalanga Championships 2013
144	37.99 L	F	Tanisha Botha	16	KEIK NW	06/12/2013	NWS Championships 2013/2014
145	38.10 L	F	Kirstene Grant	16	USH NN	10/01/2014	Ushaka Championship Gala
146	38.31 L	F	Willmarie De Beer	16	HWBA LP	19/10/2013	Limpopo HS Topskole 2013
147	38.46 L	F	Michaela Peinke	16	USC BO	28/11/2013	Border Championships
148	38.49 L	P	Jessica Wessels	16	SOUL ES	28/03/2014	SA Level 1 Regional Age Group Champs
149	38.66 L	F	Carmen du Plessis	16	HARB NW	06/12/2013	NWS Championships 2013/2014
150	38.71 L	F	Marnè Walters	16	SWAR WP	28/03/2014	SA Level 1 Regional Age Group Champs
151	38.82 L	F	Erin Anthony	16	SAA WP	08/02/2014	WP Second Skins Senior League 7
152	38.92 L	F	Robyn Du Toit	16	TUKS NT	13/09/2013	NTS Sept 2013 Combined Age Group
153	38.95 L	F	Geena Hendricks	16	UWCA WP	09/11/2013	WP Second Skins Senior League 6
154	38.98 L	F	Melanie Van Bijlon	16	FISH SW	30/11/2013	SWD LC CHAMPS
155	39.03 L	F	Lauren Barnes	16	BENS ES	31/08/2013	Adrian Grafe Memorial Gala
156	39.31 L	F	Tamsin Creecy	16	UNI MP	01/11/2013	MP AGE GROUP 2 - 2013
157	39.40 L	F	Leah Jacobs	16	SASE CG	01/03/2014	CGA Level 1 LC Championships 2014
158	39.72 L	F	Toshka Muller	16	WEST WP	12/10/2013	WP Second Skins Senior League 5
159	39.80 L	F	Jessica Samuel	16	BOKS ES	09/11/2013	EGA Summer 3
160	39.90 L	F	Ellen Van Niekerk	16	WELL WP	12/10/2013	WP Second Skins Senior League 5
161	40.38 L	F	Elzanie Pietersen	16	WDG MP	29/11/2013	Mpumalanga Championships 2013
162	40.46 L	F	Monique Lewis	16	FINS MP	29/11/2013	Mpumalanga Championships 2013
163	40.66 L	F	Simone Stoltz	16	FAAC NC	06/12/2013	NOCASA Sprints 2013
164	40.84 L	F	Melanie Badenhorst	16	KALA NC	08/11/2013	NOCASA Age Group 2 Kathu
165	40.85 L	F	Veronique Kock	16	PAQU WP	17/08/2013	WP Senior League 3
166	40.91 L	F	Karin van der Westhuizen	16	CSC NT	12/10/2013	NTS Oct 2013 Agr Group Level 2
167	41.06 L	F	Helena Henken	16	NIMO NT	07/09/2013	2013 Arena Hillcrest Sprint Gala
168	41.15 L	F	Jessica Gouveia	16	PER CG	01/03/2014	CGA Level 1 LC Championships 2014
169	43.64 L	F	Zaakirah Hassan	16	ATLA CG	01/03/2014	CGA Level 1 LC Championships 2014
170	44.34 L	P	Jacqueline Hall	16	PSC NT	09/07/2013	SPEEDO PRESTIGE 2013
171	45.06 L	F	Danelle Van Wyk	16	WELA NF	02/11/2013	NFSA Interprovincial Meet 2013
172	46.40 L	F	Nazreen Cornish	16	HURA WP	12/10/2013	WP Second Skins Senior League 5
173	46.43 L	F	Ami Lawrence	16	UWCA WP	17/08/2013	WP Senior League 3
174	47.32 L	F	Keletso Malebe	16	TUKS! NT	22/11/2013	Limpopo Champs 22-24 November 2013
175	47.63 L	F	Wandile Nyathi	16	SOWE CG	16/11/2013	CGA Level 1 Gala No 3
176	48.57 L	F	Done Foti	16	VRY NN	09/11/2013	N-KZN ND NOVEMBER AGE GROUP
177	49.21 L	F	Rumaanah Ayob	16	ATLA CG	01/03/2014	CGA Level 1 LC Championships 2014
178	52.06 L	F	Elsabe Steenkamp	16	JASK NC	08/11/2013	NOCASA Age Group 2 Kimberley
Women 16 - 16 100 Fly							
1	1:02.24 L	P	Rita Naude	16	TUKS NT	26/08/2013	4th FINA World Junior Swimming
2	1:03.97 L	F	Cayla Saaiman	16	NTS NT	07/04/2014	Sa National Aquatic Championship 2014
3	1:06.20 L	S	Zoe Holder	16	KZNA KZ	07/04/2014	Sa National Aquatic Championship 2014
4	1:06.70 L	P	Jamie Reynolds	16	SEAL KZ	09/07/2013	SPEEDO PRESTIGE 2013

Individual Top Times

Times since: 01-May-13 **Times until: 30-Apr-14**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
5	1:06.98	L	F	Monica Boje	16	TYGE	WP 06/12/2013 WP Championships 2013
6	1:07.11	L	P	Tia Dixon	16	MATI	WP 26/08/2013 4th FINA World Junior Swimming
7	1:07.12	L	P	Alison Basel	16	WATR	CG 13/03/2014 SA Level 3 National Age Group Champs
8	1:07.28	L	F	Marlies Ross	16	TUKS	NT 13/09/2013 NTS Sept 2013 Combined Age Group
9	1:07.47	L	F	Lisa Fourie	16	TYGE	WP 06/12/2013 WP Championships 2013
10	1:07.91	L	F	Tove Van Zyl	16	NTS	NT 14/09/2013 CGA Level 1 gala No 1
11	1:08.01	L	P	Demi Lopes	16	NTS	NT 07/04/2014 Sa National Aquatic Championship 2014
12	1:08.05	L	F	Tina Bahlmann	16	VIKI	BO 10/12/2013 KZN PREMIER CHAMPS 2013
13	1:08.60	L	P	Carmen Le Roux	16	ACSA	KZ 09/07/2013 SPEEDO PRESTIGE 2013
14	1:08.71	L	F	Larah Binedell	16	SEAL	KZ 18/10/2013 KZN ACTION SWIM CHAMPIONSHIPS
15	1:09.33	L	F	Emily Visagie	16	SEAL	KZ 09/07/2013 SPEEDO PRESTIGE 2013
16	1:09.52	L	P	Amé Kleynhans	16	TUKS	NT 13/03/2014 SA Level 3 National Age Group Champs
17	1:09.57	L	F	Siph'esihle Hadebe	16	RSA	28/11/2013 10th Africa Junior Swimming
18	1:09.76	L	F	Khanya Jack	16	AQUA	BO 20/03/2014 SA Level 2 Regional Age Group Champs
19	1:09.91	L	F	Kristin Bellingan	16	CYBE	WP 12/10/2013 WP Second Skins Senior League 5
20*	1:10.09	L	F	Megan Van Wyk	16	SGUL	KZ 15/11/2013 KZN TYR Westville Sprints Champs
20*	1:10.09	L	F	Eliz-Maric Cronje	16	POTC	NW 05/10/2013 NWS Age Group 1
22	1:10.26	L	F	Caylin du Plessis	16	KDOR	NW 20/03/2014 SA Level 2 Regional Age Group Champs
23	1:10.31	L	P	Jo-Mari Kleinhans	16	MATI	WP 13/03/2014 SA Level 3 National Age Group Champs
24	1:10.42	L	F	Caila Davids	16	BARS	CG 16/02/2014 EGA Summer 5 Gala
25	1:10.87	L	F	Nepo Ntsono	16	PEAS	EP 06/12/2013 EP Championships 2013
26	1:10.89	L	P	Eune Odendaal	16	PSC	NT 13/03/2014 SA Level 3 National Age Group Champs
27	1:10.90	L	F	Mikal Botha	16	TUKS	NT 06/12/2013 NTS Championships 2013
28	1:11.20	L	F	Justine Jagga	16	CADO	WP 06/12/2013 WP Championships 2013
29	1:12.11	L	P	Shukrallah Honiball	16	TUKS!	LP 20/03/2014 SA Level 2 Regional Age Group Champs
30	1:12.14	L	F	Peta-Jayne Nel	16	HARL	BO 20/03/2014 SA Level 2 Regional Age Group Champs
31	1:12.20	L	F	Celesté Vermeulen	16	EAGA	LP 22/11/2013 Limpopo Champs 22-24 November 2013
32	1:12.21	L	F	Camryn Wheals	16	TUKS	NT 11/10/2013 NTS Oct 2013 Age Group Level 3+
33	1:12.93	L	F	Jamie-Lee Engelke	16	PEAS	EP 16/11/2013 EPA 4th A League Gala
34	1:13.06	L	F	Kristy Kupfer	16	CGA	CG 14/09/2013 CGA Level 1 gala No 1
35	1:13.36	L	F	Kimberley Swan	16	FSE	NN 20/03/2014 SA Level 2 Regional Age Group Champs
36	1:13.78	L	P	Tessa Gough	16	ELEC	CG 05/12/2013 CGA Open Champs
37	1:14.02	L	P	Lee-Ann Becker	16	MATI	WP 06/12/2013 WP Championships 2013
38	1:14.18	L	P	Kristen Jordan	16	HARL	BO 20/03/2014 SA Level 2 Regional Age Group Champs
39	1:14.24	L	F	Marleni Kisten	16	BEAV	KZ 20/03/2014 SA Level 2 Regional Age Group Champs
40	1:14.28	L	P	Caitlin Crow	16	HASC	CG 05/12/2013 CGA Open Champs
41	1:14.54	L	P	Marichen Viviers	16	FLOD	CG 20/03/2014 SA Level 2 Regional Age Group Champs
42	1:14.58	L	P	Carla Nel	16	NTS	NT 07/04/2014 Sa National Aquatic Championship 2014
43	1:14.76	L	P	Caitlin Sleet	16	MATI	WP 20/03/2014 SA Level 2 Regional Age Group Champs
44	1:15.24	L	P	Arial Moffat	16	MDOL	CG 18/07/2013 IAG Championships & Summer Open
45	1:15.60	L	F	Tyla Bassani	16	BARS	CG 28/09/2013 EGA Summer 1
46	1:16.51	L	F	Kirah Jackson	16	SASE	CG 22/02/2014 CGA Level 2 Champs 2014
47	1:16.64	L	P	Anél De Vos	16	TUKS!	LP 20/03/2014 SA Level 2 Regional Age Group Champs
48	1:17.25	L	F	Antache Reyneke	16	NWUC	NW 14/02/2014 NW Schools Swimming Championships
49	1:17.37	L	P	Cassidy Stockigt	16	FLOD	CG 09/07/2013 SPEEDO PRESTIGE 2013
50	1:17.91	L	F	Jayne-Sue Vermaas	16	KOVS	FS 20/01/2014 Free State Championships 2014
51	1:18.19	L	P	Mignon Swanepoel	16	TUKS	NT 06/12/2013 NTS Championships 2013
52	1:18.43	L	F	Irene Marangellis	16	BLOT	FS 24/08/2013 KOVSIES AQUATICS LIGA 1 2013
53	1:18.51	L	F	Sumari Coetzee	16	TUKS	NT 06/12/2013 NTS Championships 2013
54	1:18.53	L	F	Joelle Thevenau	16	SEAL	KZ 15/11/2013 KZN TYR Westville Sprints Champs
55	1:18.56	L	F	Leoné Koekemoer	16	KDOR	NW 14/02/2014 NW Schools Swimming Championships
56	1:19.64	L	F	Esre van Zyl	16	RBOT	NW 14/02/2014 NW Schools Swimming Championships
57	1:19.82	L	F	Gita Pera	16	VINE	WP 09/11/2013 WP Second Skins Senior League 6
58	1:20.08	L	F	Paola Schildhauer	16	DDA	NT 28/03/2014 SA Level 1 Regional Age Group Champs
59*	1:20.28	L	F	Reinecke Opperman	16	TUKS	NT 23/08/2013 NTS Aug 2013 Age Group Level 3+
59*	1:20.28	L	F	Sabrina De Gois	16	TYGE	WP 31/01/2014 WP Jack Currie Championships
61	1:20.50	L	F	Cassidy Muller	16	LAD	NN 26/10/2013 N-KZN AGE GROUP GALA 5P
62	1:20.90	L	F	Mareli Joubert	16	TUKS	NT 24/08/2013 NTS Aug 2013 Age Group Level 2
63	1:21.19	L	F	Heidemarie Edeling	16	BLSS	FS 20/01/2014 Free State Championships 2014

Individual Top Times

Times since: 01-May-13 **Times until: 30-Apr-14**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
64	1:22.16 L	F	Gabriella Bertone	16	STAD CG	05/10/2013	CGA Level 2-3 Gala N0 2 2013
65	1:22.42 L	F	Jessica Burgess	16	ESP ES	16/02/2014	EGA Summer 5 Gala
66	1:22.53 L	F	Meghan Bartie	16	SOUL ES	05/10/2013	CGA Level 2-3 Gala N0 2 2013
67	1:22.89 L	F	Nadia Blaauw	16	POTC NW	05/10/2013	NWS Age Group 1
68	1:22.91 L	F	Suzanne Engelbrecht	16	HARB NW	14/02/2014	NW Schools Swimming Championships
69	1:22.96 L	F	Faatima Adam	16	ATLA CG	28/03/2014	SA Level 1 Regional Age Group Champs
70	1:23.63 L	F	Suezette Steenkamp	16	UPTS NC	08/01/2014	Nocasa Champs 2014
71	1:23.90 L	P	Lemay van Rensburg	16	HARB NW	09/07/2013	SPEEDO PRESTIGE 2013
72	1:23.96 L	F	Leatitia Human	16	FAAC NC	08/01/2014	Nocasa Champs 2014
73	1:24.30 L	F	Jesse Olivier	16	TUKS NT	29/11/2013	2013 The Tshwane Mayoral Gala
74	1:24.69 L	F	Kirah-Lee van Heerden	16	USC BO	28/11/2013	Border Championships
75	1:24.79 L	F	Jacoba Fourie	16	NWUC NW	06/12/2013	NWS Championships 2013/2014
76*	1:24.83 L	P	Sally Tarr	16	WATR CG	05/12/2013	CGA Open Champs
76*	1:24.83 L	F	Liandi Pienaar	16	PENG LP	18/01/2014	Limpopo Age Group 18 January 2014
78	1:26.30 L	F	Kirsty Maritz	16	BOKS ES	05/12/2013	EGA Championships Dec 2013
79	1:26.61 L	F	Jessica Grose	16	STAD CG	19/10/2013	CGA Level 1 gala No 2
80	1:26.78 L	F	Chante` Robinson	16	FAAC NC	23/11/2013	NOCASA Age Group 3 Kimberley 2013
81	1:27.18 L	F	Lauren Barnes	16	BENS ES	04/10/2013	EGA League B 2013
82	1:27.72 L	F	Joselyn Brazer	16	WATR CG	05/10/2013	CGA Level 2-3 Gala N0 2 2013
83	1:28.04 L	F	Marlene Reyneke	16	UPTS NC	23/11/2013	NOCASA Age Group 3 Upington 2013
84	1:28.11 L	F	Nienke Pretorius	16	BARS CG	02/11/2013	CGA Level 2-3 gala No 3
85	1:29.08 L	F	Vaishnavi Naidoo	16	BEAV KZ	01/06/2013	KZN Sprint Gala 1
86	1:31.50 L	F	Cassidy Forsythe	16	SDOL CG	28/09/2013	EGA Summer 1
87	1:31.70 L	F	Erin Anthony	16	SAA WP	08/02/2014	WP Second Skins Senior League 7
88	1:31.82 L	F	Zandalee Bezuidenhout	16	LINR CG	19/10/2013	CGA Level 1 gala No 2
89	1:32.38 L	F	Cassidy Forsythe	16	SODO CG	19/10/2013	CGA Level 1 gala No 2
90	1:32.69 L	P	Michlene Pedro	16	BOKS ES	05/12/2013	EGA Championships Dec 2013
91	1:33.41 L	P	Rebecca Manners-Wood	16	STPS KZ	18/10/2013	KZN ACTION SWIM CHAMPIONSHIPS
92	1:34.61 L	F	Kirstene Grant	16	USH NN	10/01/2014	Ushaka Championship Gala
93	1:36.48 L	P	Jessica Samuel	16	BOKS ES	05/12/2013	EGA Championships Dec 2013
94	1:42.16 L	F	Carmen du Plessis	16	HARB NW	06/12/2013	NWS Championships 2013/2014
95	1:49.13 L	F	Chrisna Opperman	16	UPTS NC	23/11/2013	NOCASA Age Group 3 Upington 2013
96	1:51.86 L	F	Nazreen Cornish	16	HURA WP	12/10/2013	WP Second Skins Senior League 5
97	1:55.67 L	F	Keletso Malebe	16	TUKS! NT	22/11/2013	Limpopo Champs 22-24 November 2013
Women 16 - 16 200 Fly							
1	2:19.66 L	F	Carmen Le Roux	16	ACSA KZ	01/03/2014	The 2014 KZNA International Invitation
2	2:24.81 L	F	Marlies Ross	16	TUKS! NT	09/07/2013	SPEEDO PRESTIGE 2013
3	2:26.65 L	P	Kristin Bellingan	16	WPA WP	07/04/2014	Sa National Aquatic Championship 2014
4	2:29.07 L	F	Monica Boje	16	TYGE WP	06/12/2013	WP Championships 2013
5	2:31.71 L	F	Roh-Anne Coetzee	16	STAD CG	05/12/2013	CGA Open Champs
6	2:32.87 L	P	Justine Jagga	16	WPA WP	07/04/2014	Sa National Aquatic Championship 2014
7	2:33.19 L	F	Rita Naude	16	TUKS NT	14/02/2014	NTS February Age Group Level 2+3
8	2:33.71 L	F	Siph'esihle Hadebe	16	RSA	28/11/2013	10th Africa Junior Swimming
9	2:36.85 L	F	Megan Van Wyk	16	SGUL KZ	18/10/2013	KZN ACTION SWIM CHAMPIONSHIPS
10	2:37.21 L	F	Tyla Bassani	16	BARS CG	05/12/2013	CGA Open Champs
11	2:42.92 L	F	Celesté Vermeulen	16	EAGA LP	22/11/2013	Limpopo Champs 22-24 November 2013
12	2:43.40 L	F	Khanya Jack	16	AQUA BO	24/01/2014	BO-January Age Group Gala 2014
13	2:46.80 L	F	Caylin du Plessis	16	KDOR NW	14/02/2014	NW Schools Swimming Championships
14	2:50.63 L	F	Larah Binedell	16	SEAL KZ	14/09/2013	KZN Age Group 4
15	2:53.23 L	F	Leoné Koekemoer	16	NWS NW	25/01/2014	4 + 1 Inter Provincial Gala Kimberley
16	2:57.29 L	F	Shukrallah Honiball	16	TUKS LP	09/11/2013	LP Age Group 2 9 November 2013
17	3:07.11 L	F	Irene Marangellis	16	BLOT FS	18/10/2013	Otters Prestige Gala
18	3:11.44 L	F	Suezette Steenkamp	16	NWS NW	25/01/2014	4 + 1 Inter Provincial Gala Kimberley
19	3:18.06 L	F	Leatitia Human	16	FAAC NC	08/11/2013	NOCASA Age Group 2 Kimberley
20	3:22.14 L	F	Cassidy Muller	16	LAD NN	06/12/2013	N-KZN LONG COURSE
21	3:30.23 L	F	Jodi Turner	16	ESP ES	24/06/2013	Sasol National Winter Championships
Women 16 - 16 200 IM							
1	2:15.83 L	F	Marlies Ross	16	NTS NT	07/04/2014	Sa National Aquatic Championship 2014

Individual Top Times

Times since: 01-May-13 **Times until: 30-Apr-14**
Number of Top Times: All **Show Long Course Only**

	Time	P/F/S	Name	Age/Yr			
2	2:19.86	L	F	Tatjana Schoenmaker	16	NTS NT	07/04/2014 Sa National Aquatic Championship 2014
3	2:23.24	L	F	Megan Van Wyk	16	KZNA KZ	07/04/2014 Sa National Aquatic Championship 2014
4	2:23.99	L	F	Roh-Anne Coetzee	16	CGA CG	07/04/2014 Sa National Aquatic Championship 2014
5	2:25.09	L	F	Jamie Reynolds	16	SEAL KZ	09/07/2013 SPEEDO PRESTIGE 2013
6	2:25.66	L	P	Cayla Saaiman	16	TUKS NT	13/03/2014 SA Level 3 National Age Group Champs
7	2:25.75	L	F	Emily Visagie	16	SEAL KZ	10/12/2013 KZN PREMIER CHAMPS 2013
8	2:27.51	L	F	Caila Davids	16	BARS CG	13/03/2014 SA Level 3 National Age Group Champs
9	2:27.89	L	P	Demi Lopes	16	TUKS NT	13/03/2014 SA Level 3 National Age Group Champs
10	2:27.97	L	F	Carmen Le Roux	16	ACSA KZ	09/07/2013 SPEEDO PRESTIGE 2013
11	2:29.06	L	F	Alison Basel	16	WATR CG	13/03/2014 SA Level 3 National Age Group Champs
12	2:29.96	L	P	Justine Jagga	16	WPA WP	07/04/2014 Sa National Aquatic Championship 2014
13	2:30.84	L	P	Mikal Botha	16	TUKS NT	13/03/2014 SA Level 3 National Age Group Champs
14	2:31.20	L	P	Tove Van Zyl	16	TUKS NT	06/12/2013 NTS Championships 2013
15	2:31.78	L	P	Eliz-Maric Cronje	16	NWS NW	07/04/2014 Sa National Aquatic Championship 2014
16	2:32.44	L	F	Rita Naude	16	TUKS NT	06/12/2013 NTS Championships 2013
17	2:32.69	L	P	Kristin Bellingan	16	CYBE WP	06/12/2013 WP Championships 2013
18	2:32.95	L	P	Tessa Gough	16	ELEC CG	05/12/2013 CGA Open Champs
19	2:33.81	L	F	Lisa Fourie	16	TYGE WP	06/12/2013 WP Championships 2013
20	2:34.09	L	F	Kerry Hunter	16	SEAL KZ	09/07/2013 SPEEDO PRESTIGE 2013
21	2:34.85	L	P	Monica Boje	16	WPA WP	07/04/2014 Sa National Aquatic Championship 2014
22	2:35.10	L	P	Ashleigh Fitzgerald	16	WATR CG	13/03/2014 SA Level 3 National Age Group Champs
23	2:35.61	L	F	Emma Beavon	16	WATR CG	20/03/2014 SA Level 2 Regional Age Group Champs
24	2:35.92	L	P	Kira Baptiste	16	PSC NT	06/12/2013 NTS Championships 2013
25	2:36.66	L	F	Shukrallah Honiball	16	TUKS! LP	20/03/2014 SA Level 2 Regional Age Group Champs
26	2:36.68	L	P	Amé Kleynhans	16	TUKS! NT	09/07/2013 SPEEDO PRESTIGE 2013
27	2:36.82	L	F	Celesté Vermeulen	16	PSA LP	24/06/2013 Sasol National Winter Championships
28	2:36.91	L	P	Rachel Stevenson	16	ALSC CG	13/03/2014 SA Level 3 National Age Group Champs
29	2:37.09	L	P	Larah Binedell	16	SEAL KZ	13/03/2014 SA Level 3 National Age Group Champs
30	2:37.13	L	F	Tia Dixon	16	MATI WP	17/08/2013 WP Senior League 3
31	2:37.49	L	P	Camryn Wheals	16	TUKS NT	06/12/2013 NTS Championships 2013
32	2:37.56	L	P	Nadia Blaauw	16	NWUC NW	20/03/2014 SA Level 2 Regional Age Group Champs
33	2:37.83	L	F	Tina Bahlmann	16	VIKI BO	28/11/2013 Border Championships
34	2:37.99	L	F	Caylin du Plessis	16	KDOR NW	06/12/2013 NWS Championships 2013/2014
35	2:38.38	L	F	Caitlin Sleet	16	MATI WP	20/03/2014 SA Level 2 Regional Age Group Champs
36*	2:38.61	L	P	Tyla Goosen	16	WSTV KZ	09/07/2013 SPEEDO PRESTIGE 2013
36*	2:38.61	L	P	Mignon Swanepoel	16	TUKS NT	13/03/2014 SA Level 3 National Age Group Champs
38	2:39.45	L	F	Siph'esihle Hadebe	16	TUKS NT	17/01/2014 NTS Jan 2014 Combined Age Group
39	2:39.87	L	F	Kristy Kupfer	16	MDOL CG	02/02/2014 CGA Level 2-3 gala No 4 - level 3 only
40	2:40.46	L	P	Carla Nel	16	TUKS NT	06/12/2013 NTS Championships 2013
41	2:40.79	L	P	Ella Mencil	16	MDOL CG	13/03/2014 SA Level 3 National Age Group Champs
42	2:41.34	L	F	Bathandwa Dyantyi	16	AQUA BO	24/01/2014 BO-January Age Group Gala 2014
43	2:41.35	L	F	Sasha-Lee Nordengen	16	ACSA KZ	27/07/2013 KZN Age Group Gala 2
44	2:41.62	L	F	Rebecca Barrow	16	DORE CG	05/10/2013 CGA Level 2-3 Gala N0 2 2013
45	2:41.86	L	F	Nepo Ntsono	16	PEAS EP	06/12/2013 EP Championships 2013
46	2:42.44	L	P	Gabriella Bertone	16	STAD CG	20/03/2014 SA Level 2 Regional Age Group Champs
47	2:42.46	L	F	Marleni Kisten	16	BEAV KZ	20/03/2014 SA Level 2 Regional Age Group Champs
48	2:42.72	L	P	Caitlin Crow	16	HASC CG	13/03/2014 SA Level 3 National Age Group Champs
49	2:42.78	L	F	Danielle Smit	16	USC BO	01/11/2013 Border November Age Group Gala 2013
50	2:42.82	L	F	Helen Taylor	16	AZON KZ	23/08/2013 KZN Beavers Winter LongCourse
51	2:42.90	L	F	Eune Odendaal	16	PSC NT	17/01/2014 NTS Jan 2014 Combined Age Group
52	2:43.15	L	F	Antache Reyneke	16	POTC NW	24/06/2013 Sasol National Winter Championships
53	2:43.21	L	P	Chelsea Van Rensburg	16	TYGE WP	06/12/2013 WP Championships 2013
54	2:43.29	L	F	Lara Edward	16	ACSA KZ	18/01/2014 KZN Age Group 7
55	2:43.64	L	F	Anél De Vos	16	TUKS LP	24/06/2013 Sasol National Winter Championships
56	2:43.82	L	F	Danielle Jordaan	16	HILL NT	17/01/2014 NTS Jan 2014 Combined Age Group
57	2:44.23	L	F	Chante` Robinson	16	FAAC NC	26/10/2013 Flamingo Gala 2013
58	2:44.34	L	F	Catherine Sainsbury	16	WSTV KZ	18/10/2013 KZN ACTION SWIM CHAMPIONSHIPS
59	2:44.67	L	P	Tyla Bassani	16	BARS CG	05/12/2013 CGA Open Champs
60	2:44.96	L	F	Jo-Mari Kleinhans	16	MATI WP	14/09/2013 WP Second Skins Senior League 4

Individual Top Times

Times since: 01-May-13

Times until: 30-Apr-14

Number of Top Times: All

Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
61	2:45.15	L	P	Khanya Jack	16	AQUA BO	20/03/2014 SA Level 2 Regional Age Group Champs
62	2:45.30	L	P	Jacoba Fourie	16	NWUC NW	20/03/2014 SA Level 2 Regional Age Group Champs
63	2:45.48	L	P	Julia Trummer	16	DORE CG	05/12/2013 CGA Open Champs
64	2:45.49	L	F	Cassidy Stockigt	16	FLOD CG	02/11/2013 CGA Level 2-3 gala No 3
65	2:45.80	L	P	Chelsea Mills	16	CADO WP	06/12/2013 WP Championships 2013
66	2:46.07	L	F	Michlene Pedro	16	BOKS ES	22/02/2014 CGA Level 2 Champs 2014
67	2:46.14	L	P	Jessica Burgess	16	ESP ES	20/03/2014 SA Level 2 Regional Age Group Champs
68	2:46.66	L	P	Inge Lombard	16	TUKS NT	20/03/2014 SA Level 2 Regional Age Group Champs
69	2:46.75	L	P	Caitlyn Boake	16	UNIQ CG	05/12/2013 CGA Open Champs
70	2:47.12	L	F	Irene Marangellis	16	BLOT FS	26/10/2013 Supersport Seals Gala
71	2:47.91	L	P	Kirsty Maritz	16	BOKS ES	05/12/2013 EGA Championships Dec 2013
72	2:48.18	L	F	Sally Tarr	16	WATR CG	02/11/2013 CGA Level 2-3 gala No 3
73	2:48.60	L	P	Joselyn Brazer	16	WATR CG	20/03/2014 SA Level 2 Regional Age Group Champs
74	2:48.76	L	F	Madri Bester	16	STELL NW	14/02/2014 NW Schools Swimming Championships
75	2:48.77	L	F	Reinecke Opperman	16	TUKS NT	23/08/2013 NTS Aug 2013 Age Group Level 3+
76	2:48.88	L	F	Lemay van Rensburg	16	HREF NW	14/02/2014 NW Schools Swimming Championships
77	2:48.91	L	F	Kristen Jordan	16	HARL BO	28/11/2013 Border Championships
78	2:49.31	L	F	Natalie Billson	16	PEAS EP	21/06/2013 PEA Winter Gala 2013
79	2:49.64	L	F	Annelize Mentz	16	PSA LP	24/06/2013 Sasol National Winter Championships
80	2:50.03	L	P	Sumari Coetzee	16	TUKS! NT	09/07/2013 SPEEDO PRESTIGE 2013
81	2:50.64	L	F	Paola Schildhauer	16	DDA NT	28/03/2014 SA Level 1 Regional Age Group Champs
82	2:50.79	L	P	Nienke Pretorius	16	BLOT FS	13/03/2014 SA Level 3 National Age Group Champs
83	2:50.99	L	F	Gita Pera	16	VINE WP	26/10/2013 WP IM Gala
84	2:51.18	L	P	Nicole Robertson	16	TUKS! NT	09/07/2013 SPEEDO PRESTIGE 2013
85	2:51.19	L	F	Jana Minnie	16	VINE WP	14/09/2013 WP Second Skins Senior League 4
86	2:51.26	L	F	Suezette Steenkamp	16	UPTS NC	06/12/2013 NOCASA Sprints 2013
87	2:51.27	L	F	Telana Hugo	16	USC BO	28/11/2013 Border Championships
88	2:51.33	L	F	Tyla Fleischer	16	OLDE CG	02/11/2013 CGA Level 2-3 gala No 3
89	2:51.52	L	F	Marichen Viviers	16	FLOD CG	22/02/2014 CGA Level 2 Champs 2014
90	2:51.62	L	F	Gretchen Durr	16	VINE WP	01/11/2013 32nd Freda Barnard Invitational Gala
91	2:51.88	L	F	Carlissa Kuun	16	SWD SW	18/01/2014 EP Inter-Provincial Gala 2014
92	2:52.11	L	F	Gabriella Nutter	16	MDOL CG	05/10/2013 CGA Level 2-3 Gala N0 2 2013
93	2:52.89	L	F	Esre van Zyl	16	RBOT NW	14/02/2014 NW Schools Swimming Championships
94	2:52.99	L	F	Georgie Trodd	16	STPS KZ	23/08/2013 KZN Beavers Winter LongCourse
95	2:53.24	L	F	Frances Vd Walt	16	MDOL CG	22/02/2014 CGA Level 2 Champs 2014
96	2:53.49	L	P	Sarah Jennings	16	HASC CG	05/12/2013 CGA Open Champs
97	2:53.96	L	F	Jesse Olivier	16	TUKS NT	12/10/2013 NTS Oct 2013 Agr Group Level 2
98	2:53.98	L	P	Ashley Reimers	16	VRY NN	20/03/2014 SA Level 2 Regional Age Group Champs
99	2:54.07	L	F	Leatitia Human	16	FAAC NC	11/10/2013 NOCASA Age Group 1
100	2:54.11	L	F	Lee-Ann Becker	16	MATI WP	08/02/2014 WP Second Skins Senior League 7
101	2:54.44	L	F	Jayne-Sue Vermaas	16	KOVFS FS	20/01/2014 Free State Championships 2014
102	2:54.46	L	F	Kimberley Swan	16	FSE NN	06/12/2013 N-KZN LONG COURSE
103	2:54.50	L	F	Natasha Ribeiro	16	SEAL KZ	18/10/2013 KZN ACTION SWIM CHAMPIONSHIPS
104	2:54.55	L	F	Jessica Grose	16	STAD CG	22/02/2014 CGA Level 2 Champs 2014
105	2:54.85	L	F	Jodi Turner	16	ESP ES	24/06/2013 Sasol National Winter Championships
106	2:55.15	L	F	Danielle Dirksen	16	GREY WP	26/10/2013 WP IM Gala
107	2:55.47	L	F	Hanti Brits	16	BLSS FS	20/01/2014 Free State Championships 2014
108	2:55.69	L	F	Jessica Wright	16	AQUB EP	11/01/2014 EP 5th A League Gala
109	2:55.88	L	F	Mareli Joubert	16	TUKS NT	17/01/2014 NTS Jan 2014 Combined Age Group
110	2:56.15	L	F	Leoné Koekemoer	16	NWS NW	25/01/2014 4 + 1 Inter Provincial Gala Kimberley
111	2:56.66	L	F	Marichen Herholdt	16	FISH SW	30/11/2013 SWD LC CHAMPS
112	2:56.67	L	P	Lauren Barnes	16	BENS ES	05/12/2013 EGA Championships Dec 2013
113	2:57.06	L	F	Kayla-Marie Kruger	16	CSC NT	28/03/2014 SA Level 1 Regional Age Group Champs
114	2:57.50	L	P	Faatima Adam	16	ATLA CG	05/12/2013 EGA Championships Dec 2013
115	2:57.61	L	P	Eleni Thomadakis	16	UNIQ CG	20/03/2014 SA Level 2 Regional Age Group Champs
116	2:57.90	L	F	Zenobia Van Heerden	16	VINE WP	26/10/2013 WP IM Gala
117	2:58.12	L	F	Michelle Swanepoel	16	TUKS NT	13/09/2013 NTS Sept 2013 Combined Age Group
118	2:58.23	L	F	Suzanne Engelbrecht	16	NWS NW	28/02/2014 Limpopo Province Interprovincial
119	2:58.36	L	F	Kirah Jackson	16	SASE CG	22/02/2014 CGA Level 2 Champs 2014

Individual Top Times

Times since: 01-May-13

Times until: 30-Apr-14

Number of Top Times: All

Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
120	2:58.81	L	F	Micaela Gowar	16	AQUB EP	28/02/2014 BO-2nd February Age Group Gala 2014
121	2:58.86	L	F	Dante Engelbrecht	16	HBV LP	25/10/2013 Mpumalanga Top Schools 2013 High
122	2:59.10	L	P	Robyn-Leigh Jones	16	SWIFT ES	05/12/2013 EGA Championships Dec 2013
123	2:59.47	L	F	Cassidy Muller	16	LAD NN	11/01/2014 N-KZN ND JANUARY AGE GROUP
124	2:59.58	L	P	Meghan Bartie	16	SOUL ES	05/12/2013 EGA Championships Dec 2013
125	2:59.70	L	F	Kirstene Grant	16	USH NN	05/10/2013 N-KZN ZULULAND AGE GROUP
126	2:59.75	L	F	Rylee Bronkhorst	16	PRA MP	28/03/2014 SA Level 1 Regional Age Group Champs
127	3:00.19	L	F	Toshka Muller	16	WEST WP	31/01/2014 WP Jack Currie Championships
128	3:01.17	L	F	Heidemarie Edeling	16	BLSS FS	20/01/2014 Free State Championships 2014
129	3:01.61	L	P	Caitlin Thoesson	16	TWSA EP	28/03/2014 SA Level 1 Regional Age Group Champs
130	3:01.82	L	P	Jessica Wessels	16	SOUL ES	05/12/2013 EGA Championships Dec 2013
131	3:01.93	L	F	Kathryn Brandt	16	BARS CG	02/11/2013 CGA Level 2-3 gala No 3
132	3:02.18	L	F	Sabrina De Gois	16	TYGE WP	26/10/2013 WP IM Gala
133	3:02.61	L	F	Ellen Van Niekerk	16	WELL WP	14/09/2013 WP Second Skins Senior League 4
134	3:02.88	L	F	Emma Parsons	16	STPS KZ	18/10/2013 KZN ACTION SWIM CHAMPIONSHIPS
135	3:03.00	L	F	Kayla Campbell	16	BARS CG	28/09/2013 EGA Summer 1
136	3:03.34	L	F	Mariné Jv Rensburg	16	HPP LP	19/10/2013 Limpopo HS Topskole 2013
137	3:03.64	L	F	Ashleigh Smart	16	HBV LP	25/10/2013 Mpumalanga Top Schools 2013 High
138	3:04.60	L	F	Kay-Lynn McLean	16	BARR WP	14/09/2013 WP Second Skins Senior League 4
139	3:05.21	L	F	Leah Jacobs	16	SASE CG	28/03/2014 SA Level 1 Regional Age Group Champs
140	3:05.28	L	F	Jacqueline Piso	16	HBV LP	25/10/2013 Mpumalanga Top Schools 2013 High
141	3:05.32	L	P	Vaishnavi Naidoo	16	BEAV KZ	09/07/2013 SPEEDO PRESTIGE 2013
142	3:05.68	L	F	Carmen du Plessis	16	HARB NW	06/12/2013 NWS Championships 2013/2014
143	3:05.71	L	F	Geena Hendricks	16	UWCA WP	26/10/2013 WP IM Gala
144	3:06.61	L	F	Liandi Pienaar	16	PENG LP	22/11/2013 Limpopo Champs 22-24 November 2013
145	3:06.72	L	F	Jessica Samuel	16	BOKS ES	25/01/2014 EGA Summer 4
146	3:07.37	L	F	Ingrid Benn	16	DDA NT	29/11/2013 2013 The Tshwane Mayoral Gala
147	3:07.80	L	F	Michaela Peinke	16	USC BO	24/01/2014 BO-January Age Group Gala 2014
148	3:08.75	L	F	Marlene Reyneke	16	UPTS NC	26/10/2013 Flamingo Gala 2013
149	3:08.79	L	F	Lauren Ogg	16	HBV LP	25/10/2013 Mpumalanga Top Schools 2013 High
150	3:09.61	L	F	Keri-Lee Carstens	16	ELEC CG	16/11/2013 CGA Level 1 Gala No 3
151	3:10.12	L	F	Jessica Macaulay	16	BSMM	25/10/2013 Mpumalanga Top Schools 2013 High
152	3:10.13	L	F	Mariza Odendal	16	BLNE FS	28/03/2014 SA Level 1 Regional Age Group Champs
153	3:10.23	L	F	Helena Henken	16	NIMO NT	07/09/2013 2013 Arena Hillcrest Sprint Gala
154	3:10.75	L	F	Zandalee Bezuidenhout	16	LINR CG	14/09/2013 CGA Level 1 gala No 1
155	3:10.85	L	F	Chane Mienie	16	WELA NF	10/01/2014 Club Championships 2014
156	3:10.88	L	F	Melanie Van Biljon	16	FISH SW	25/01/2014 SVD 5th A League Gala
157*	3:12.44	L	P	Caitlin Liebenberg	16	LAD NN	28/03/2014 SA Level 1 Regional Age Group Champs
157*	3:12.44	L	F	Marnè Walters	16	SWAR WP	26/10/2013 WP IM Gala
159	3:12.47	L	F	Jessica Beal-Preston	16	VIKI BO	01/11/2013 Border November Age Group Gala 2013
160	3:12.95	L	F	Erin Anthony	16	SAA WP	26/10/2013 WP IM Gala
161	3:13.27	L	F	Simone Stoltz	16	FAAC NC	26/10/2013 Flamingo Gala 2013
162	3:13.53	L	F	Suzani van der Merwe	16	BLSS FS	23/11/2013 Neptune Aquatics Open Gala
163	3:14.87	L	F	Robyn Du Toit	16	TUKS NT	24/08/2013 NTS Aug 2013 Age Group Level 2
164	3:16.02	L	F	Cassidy Forsythe	16	SODO CG	14/09/2013 CGA Level 1 gala No 1
165	3:16.09	L	F	Tiffany vd Merwe	16	TUKS NT	28/03/2014 SA Level 1 Regional Age Group Champs
166	3:17.49	L	F	Daniella da Costa	16	NWUC NW	14/02/2014 NW Schools Swimming Championships
167	3:17.92	L	F	Elzanie Pietersen	16	HBV LP	26/02/2014 Inter High School Gala 26 February
168	3:18.37	L	F	Shani Smit	16	UITE EP	11/01/2014 EP 5th A League Gala
169	3:20.90	L	F	Sarah Stone	16	SRAY BO	01/11/2013 Border November Age Group Gala 2013
170	3:21.77	L	F	Jessica Gouveia	16	PER CG	01/03/2014 CGA Level 1 LC Championships 2014
171	3:21.98	L	F	Anzell Fourie	16	KALA NC	06/12/2013 NOCASA Sprints 2013
172	3:22.63	L	P	Jacqueline Hall	16	PSC NT	09/07/2013 SPEEDO PRESTIGE 2013
173	3:23.42	L	F	Monique-Marzaney Hilbig	16	QUEST NT	24/08/2013 NTS Aug 2013 Age Group Level 2
174	3:23.95	L	F	Hannah Livingstone	16	USH NN	06/12/2013 N-KZN LONG COURSE
175	3:24.61	L	F	Rebecca Manners-Wood	16	STPS KZ	18/10/2013 KZN ACTION SWIM CHAMPIONSHIPS
176	3:25.59	L	F	Lusca Koch	16	VINE WP	26/10/2013 WP IM Gala
177	3:27.70	L	F	Veronique Kock	16	PAQU WP	14/09/2013 WP Second Skins Senior League 4
178	3:27.76	L	F	Ami Lawrence	16	UWCA WP	14/09/2013 WP Second Skins Senior League 4

Individual Top Times

Times since: 01-May-13

Times until: 30-Apr-14

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Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
179	3:27.81 L	F	Karin van der Westhuizen	16	CSC NT	12/10/2013	NTS Oct 2013 Agr Group Level 2
180	3:35.68 L	F	Lara Fourie	16	USH NN	10/01/2014	Ushaka Championship Gala
181	3:36.80 L	F	Sonja Bezuidenhout	16	PENG LP	09/11/2013	LP Age Group 2 9 November 2013
182	3:49.07 L	F	Nazreen Cornish	16	HURA WP	26/10/2013	WP IM Gala
183	4:09.23 L	F	Keletso Malebe	16	TUKS NT	29/11/2013	2013 The Tshwane Mayoral Gala
184	4:23.38 L	F	Wandile Nyathi	16	SOWE CG	01/03/2014	CGA Level 1 LC Championships 2014
185	7:08.34 L	F	Huda Abrahams	16	VINE WP	08/02/2014	WP Second Skins Senior League 7
Women 16 - 16 400 IM							
1	4:47.71 L	P	Marlies Ross	16	TUKS NT	26/08/2013	4th FINA World Junior Swimming
2	4:59.83 L	F	Megan Van Wyk	16	KZNA KZ	07/04/2014	Sa National Aquatic Championship 2014
3	5:05.24 L	F	Carmen Le Roux	16	ACSA KZ	10/12/2013	KZN PREMIER CHAMPS 2013
4	5:05.61 L	F	Roh-Anne Coetzee	16	CGA CG	07/04/2014	Sa National Aquatic Championship 2014
5	5:12.44 L	F	Demi Lopes	16	TUKS NT	13/03/2014	SA Level 3 National Age Group Champs
6	5:12.74 L	F	Emily Visagie	16	SEAL KZ	01/02/2014	KZN Age Group 8
7	5:14.72 L	F	Caila Davids	16	BARS CG	13/03/2014	SA Level 3 National Age Group Champs
8	5:16.97 L	F	Justine Jagga	16	CADO WP	13/03/2014	SA Level 3 National Age Group Champs
9	5:22.17 L	F	Kristin Bellingan	16	CYBE WP	26/10/2013	WP IM Gala
10	5:25.47 L	F	Mikal Botha	16	TUKS NT	13/03/2014	SA Level 3 National Age Group Champs
11	5:27.79 L	F	Lisa Fourie	16	TYGE WP	06/12/2013	WP Championships 2013
12	5:30.41 L	F	Monica Boje	16	TYGE WP	06/12/2013	WP Championships 2013
13	5:32.48 L S	F	Emma Beavon	16	WATR CG	10/12/2013	KZN PREMIER CHAMPS 2013
14	5:33.49 L	F	Shukrallah Honiball	16	TUKS LP	22/11/2013	Limpopo Champs 22-24 November 2013
15	5:33.99 L	F	Celesté Vermeulen	16	EAGA LP	22/11/2013	Limpopo Champs 22-24 November 2013
16	5:42.00 L	F	Siph'esihle Hadebe	16	TUKS NT	11/10/2013	NTS Oct 2013 Age Group Level 3+
17	5:45.87 L	F	Bathandwa Dyantyi	16	AQUA BO	24/01/2014	BO-January Age Group Gala 2014
18	5:46.04 L	F	Antache Reyneke	16	NWUC NW	09/11/2013	NWS Age Group 2
19	5:50.57 L	F	Caylin du Plessis	16	KDOR NW	06/12/2013	NWS Championships 2013/2014
20	6:02.68 L	F	Jessica Burgess	16	ESP ES	19/10/2013	EGA Summer 2_19Oct 2013
21	6:03.47 L	F	Nadia Blaauw	16	NWUC NW	09/11/2013	NWS Age Group 2
22	6:03.81 L	F	Ashleigh Fitzgerald	16	WATR CG	02/11/2013	CGA Level 2-3 gala No 3
23	6:03.89 L	F	Jacoba Fourie	16	NWUC NW	09/11/2013	NWS Age Group 2
24	6:13.37 L	F	Nienke Pretorius	16	BARS CG	19/10/2013	EGA Summer 2_19Oct 2013
25	6:13.47 L	F	Suezette Steenkamp	16	UPTS NC	08/01/2014	Nocasa Champs 2014
26	6:13.99 L	F	Leoné Koekemoer	16	KDOR NW	06/12/2013	NWS Championships 2013/2014
27	6:17.58 L	F	Esre van Zyl	16	RBOT NW	14/02/2014	NW Schools Swimming Championships
28	6:21.36 L	F	Lee-Ann Becker	16	MATI WP	08/02/2014	WP Second Skins Senior League 7
29	6:22.83 L	F	Leatitia Human	16	FAAC NC	17/01/2014	Nocasa Age Group 4 2014 Kimberley
30	6:24.00 L	F	Jodi Turner	16	ESP ES	24/06/2013	Sasol National Winter Championships
31	6:33.99 L	F	Cassidy Muller	16	LAD NN	06/12/2013	N-KZN LONG COURSE
32	6:40.43 L	F	Kirstene Grant	16	USH NN	10/01/2014	Ushaka Championship Gala
33	6:43.20 L	F	Marlene Reyneke	16	UPTS NC	23/11/2013	NOCASA Age Group 3 Upington 2013
34	6:55.28 L	F	Suzanne Engelbrecht	16	HARB NW	09/11/2013	NWS Age Group 2